

January 2021

White Oaks of Williamsburg

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:00 Wellness Checks 9:30 Morning Group Exercise to music 10:00 Room Delivery Snack Cart 10:30 New Year Resolutions 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Bingo 3:30 Magazine Time 6:00 Room Delivery Snack Cart 	<p>2</p> <ul style="list-style-type: none"> 9:30 Newspaper Readings & Chronicles 10:00 Mobile Snack Cart 10:00 Room Delivery Snack Cart 10:30 Puzzles 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Magazine Time 3:30 Afternoon Group Coloring Pages 6:00 Room Delivery Snack Cart
<p>3</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings & Chronicles 9:30 Morning Spiritual Readings 10:00 Room Delivery Snack Cart 10:30 Fun with Construction Paper 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Puzzles & magazines 3:30 Afternoon Group Spiritual Trivia 6:00 Mobile Snack Cart 	<p>4</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercising to Music 10:00 Room Delivery Snack Cart 10:30 Trivia 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Star of the Month 3:30 Crafts 6:00 Room Delivery Snack Cart 	<p>5</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Tone it Up Exercises 10:00 Room Delivery Snack Cart 10:30 Water Painting 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Who Am I? 3:30 Balloon Volleyball 6:00 Room Delivery Snack Cart 	<p>6</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercising to Music 10:00 Room Delivery Snack Cart 10:30 Wheel of Fortune 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Spelling Bee 3:30 Outside Time 6:00 Room Delivery Snack Cart 	<p>7</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Tone it Up Exercises 10:00 Room Delivery Snack Cart 10:30 Rock Painting 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Puzzles 3:30 Addition & Subtraction 6:00 Room Delivery Snack Cart 	<p>8</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercise to music 10:00 Room Delivery Snack Cart 10:30 Reminiscing w/Elvis 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Room Activity-Puzzles 3:30 Friday Mocktail Cart 6:00 Room Delivery Snack Cart 	<p>9</p> <ul style="list-style-type: none"> 9:30 Newspaper Readings & Chronicles 10:00 Mobile Snack Cart 10:00 Room Delivery Snack Cart 10:30 Puzzles 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Magazine Time 3:30 Afternoon Group Coloring Pages 6:00 Room Delivery Snack Cart
<p>10</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings & Chronicles 9:30 Morning Spiritual Readings 10:00 Room Delivery Snack Cart 10:30 Fun with Construction Paper 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Puzzles & magazines 3:30 Afternoon Group Spiritual Trivia 6:00 Mobile Snack Cart 	<p>11</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercising to Music 10:00 Room Delivery Snack Cart 10:30 Poetry Time 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Magazine Time 3:30 Travelogue-Grand Canyon 6:00 Room Delivery Snack Cart 	<p>12</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Tone it Up Exercises 10:00 Room Delivery Snack Cart 10:30 The Price is Right 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Who Am I? 3:30 Charades 6:00 Room Delivery Snack Cart 	<p>13</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercising to Music 10:00 Room Delivery Snack Cart 10:30 Reminiscing w/Jonny Cash 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Outside Time 3:30 Coloring Pages & Puzzles 6:00 Room Delivery Snack Cart 	<p>14</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Tone it Up Exercises 10:00 Room Delivery Snack Cart 10:30 The Constitution 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 It's All about Me 3:30 Make Paper Kites 6:00 Room Delivery Snack Cart 	<p>15</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercise to music 10:00 Room Delivery Snack Cart 10:30 The History of MLK 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 History of the Pentagon 3:30 Strawberry Ice Cream Cart 6:00 Room Delivery Snack Cart 	<p>16</p> <ul style="list-style-type: none"> 9:30 Newspaper Readings & Chronicles 10:00 Mobile Snack Cart 10:00 Room Delivery Snack Cart 10:30 Puzzles 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Magazine Time 3:30 Afternoon Group Coloring Pages 6:00 Room Delivery Snack Cart
<p>17</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings & Chronicles 9:30 Morning Spiritual Readings 10:00 Room Delivery Snack Cart 10:30 Fun with Construction Paper 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Puzzles & magazines 3:30 Afternoon Group Spiritual Trivia 6:00 Mobile Snack Cart 	<p>18</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercising to Music 10:00 Room Delivery Snack Cart 10:30 Crafts 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Magazine Time 3:30 Story Time 6:00 Room Delivery Snack Cart 	<p>19</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Tone it Up Exercises 10:00 Room Delivery Snack Cart 10:30 Reminiscing w/Dolly Parton 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Where Am I? 3:30 Funny Bloopers w/Lucy Ball 6:00 Room Delivery Snack Cart 	<p>20</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercising to Music 10:00 Room Delivery Snack Cart 10:30 Charades 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Cheesy Photos 3:30 Outside Time 6:00 Room Delivery Snack Cart 	<p>21</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Tone it Up Exercises 10:00 Room Delivery Snack Cart 10:30 40's Flashback 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Puzzles 3:30 ABC Game 6:00 Room Delivery Snack Cart 	<p>22</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercise to music 10:00 Room Delivery Snack Cart 10:30 Bingo 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Cut out pictures 3:30 Friday Mocktails 6:00 Room Delivery Snack Cart 	<p>23</p> <ul style="list-style-type: none"> 9:30 Newspaper Readings & Chronicles 10:00 Mobile Snack Cart 10:00 Room Delivery Snack Cart 10:30 Puzzles 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Magazine Time 3:30 Afternoon Group Coloring Pages 6:00 Room Delivery Snack Cart
<p>24</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings & Chronicles 9:30 Morning Spiritual Readings 10:00 Room Delivery Snack Cart 10:30 Fun with Construction Paper 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Puzzles & magazines 3:30 Afternoon Group Spiritual Trivia 6:00 Mobile Snack Cart 	<p>25</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercising to Music 10:00 Room Delivery Snack Cart 10:30 What's the Opposite 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Fun w/Marshmallows 3:30 Story Time 6:00 Room Delivery Snack Cart 	<p>26</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Tone it Up Exercises 10:00 Room Delivery Snack Cart 10:30 States & Capitals 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Balloon Volleyball 3:30 Travelogue to Chicago 6:00 Room Delivery Snack Cart 	<p>27</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercising to Music 10:00 Room Delivery Snack Cart 10:30 Coloring Pages 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Water Painting 3:30 Outside Time 6:00 Room Delivery Snack Cart 	<p>28</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Tone it Up Exercises 10:00 Room Delivery Snack Cart 10:30 Trivia 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Puzzles 3:30 Spelling Bee 6:00 Room Delivery Snack Cart 	<p>29</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings 9:30 Morning Group Exercise to music 10:00 Room Delivery Snack Cart 10:30 Fabulous 40's 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Travel to Kansas 3:30 Friday Mocktails 6:00 Room Delivery Snack Cart 	<p>30</p> <ul style="list-style-type: none"> 9:30 Newspaper Readings & Chronicles 10:00 Mobile Snack Cart 10:00 Room Delivery Snack Cart 10:30 Puzzles 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Magazine Time 3:30 Afternoon Group Coloring Pages 6:00 Room Delivery Snack Cart
<p>31</p> <ul style="list-style-type: none"> 9:00 Newspaper Readings & Chronicles 9:30 Morning Spiritual Readings 10:00 Room Delivery Snack Cart 10:30 Fun with Construction Paper 11:30 1:1 Handwashing 1:00 Relaxing Time/One-on-One 2:00 Room Delivery Snack Cart 2:30 Puzzles & magazines 3:30 Afternoon Group Spiritual Trivia 6:00 Mobile Snack Cart 						<p>DIMENSIONS OF WELLNESS</p> <ul style="list-style-type: none"> Physical Spiritual Vocational Intellectual Purposeful Emotional Environmental Social Nutritional

If you would like to request an activity/service not reflected on the calendar, please notify the RSC or Administrator. Activities are subject to change.