




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><b>1</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:00 Wellness Checks</li> <li>9:30 Trim the Tree/Christmas Music</li> <li>10:00 Room Delivery Snack Cart</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Monthly Gazette</li> <li>3:30 Progressive Bingo</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Morning Group Exercising to Music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Crafts-Make Christmas Cards</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Reminiscing w/Christmas Music</li> <li>3:30 Outside Time</li> <li>6:00 Hallmark Movies Channel</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Star of the Month</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Christmas Crafts</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 My Christmas Wish</li> <li>3:30 Travel to Illinois</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercise to music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Door Decorating</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 What Am I?</li> <li>3:30 Room Delivery Mocktails</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>9:30 Newspaper Readings &amp; Chronicles</li> <li>10:00 Mobile Snack Cart</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Puzzles</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Magazine Time</li> <li>3:30 Afternoon Group Coloring Pages</li> <li>6:00 Mobile Snack Cart</li> </ul>
<p><b>6</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings &amp; Chronicles</li> <li>9:30 Morning Spiritual Readings</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Fun with Construction Paper</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Puzzles &amp; magazines</li> <li>3:30 Afternoon Group Spiritual Trivia</li> <li>6:00 Mobile Snack Cart</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercising to Music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Decorate Stockings</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Reminiscing Pearl Harbor</li> <li>3:30 Traveling to Delaware</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercises</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Painting</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Reminiscing with the Beatles</li> <li>3:30 Story Time</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercising to Music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Wreath Decorating</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Match the Snow Globes</li> <li>3:30 Outside Time</li> <li>6:00 Hallmark Movie Channel</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Inside Walk</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Crafts-With Candy Canes</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Christmas Finish the Lyrics</li> <li>3:30 Christmas Coloring Pages</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercise to music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Trivia</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Room Activity-Puzzles</li> <li>3:30 Christmas Stories</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>12</b></p> <ul style="list-style-type: none"> <li>9:30 Newspaper Readings &amp; Chronicles</li> <li>10:00 Mobile Snack Cart</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Puzzles</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Magazine Time</li> <li>3:30 Afternoon Group Coloring Pages</li> <li>6:00 Room Delivery Snack Cart</li> </ul>
<p><b>13</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings &amp; Chronicles</li> <li>9:30 Morning Spiritual Readings</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Fun with Construction Paper</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Puzzles &amp; magazines</li> <li>3:30 Afternoon Group Spiritual Trivia</li> <li>6:00 Mobile Snack Cart</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercising to Music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Reminiscing Marvin Gaye</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Crazy Head Gear Contest</li> <li>3:30 Travel to Alabama</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>2:00 Room Delivery Snack Cart</li> <li>9:00 Newspaper Readings</li> <li>9:30 Exercises</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Celebrating Carol Burnett</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Character Day Contest</li> <li>3:30 Cat Corner</li> <li>6:00 Hallmark Movie Channel</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercising to Music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Christmas Sing Along</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Ugly Family Photos</li> <li>3:30 Outside Time</li> <li>6:00 Hallmark Movie Channel</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Inside Walk</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Gingerbread Doorknob Craft</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Christmas Explosion</li> <li>3:30 Cupcake Decorating</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercise to music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Believe it or Not</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Ugly Sweater Contest</li> <li>3:30 Candy Cane Craft</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>9:30 Newspaper Readings &amp; Chronicles</li> <li>10:00 Mobile Snack Cart</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Puzzles</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Magazine Time</li> <li>3:30 Afternoon Group Coloring Pages</li> <li>6:00 Room Delivery Snack Cart</li> </ul>
<p><b>20</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings &amp; Chronicles</li> <li>9:30 Morning Spiritual Readings</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Fun with Construction Paper</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Puzzles &amp; magazines</li> <li>3:30 Afternoon Group Spiritual Trivia</li> <li>6:00 Mobile Snack Cart</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercising to Music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Let's Make a Deal</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Crafts-Make A Snowman</li> <li>2:30 Room Magazine Time</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercises</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Cookie Decorating</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Residents Christmas Party</li> <li>3:30 Coloring Pages</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Group Exercising to Music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Make Christmas Trees</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 What Am I?</li> <li>3:30 Outside Time</li> <li>6:00 Hallmark Movie Channel</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Inside Walk</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Christmas Eve Bingo</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Puzzles</li> <li>3:30 Twas' the Night Before Christmas</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>9:00 Christmas Parade</li> <li>9:30 Residents Gift Room Delivery</li> <li>10:00 Christmas Caroling</li> <li>10:00 Room Delivery Snack Cart</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Room Activity-Puzzles</li> <li>3:30 Room Delivery-Hot Chocolate &amp; Gingerbread</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>9:30 Newspaper Readings &amp; Chronicles</li> <li>10:00 Mobile Snack Cart</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Puzzles</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Magazine Time</li> <li>3:30 Afternoon Group Coloring Pages</li> <li>6:00 Room Delivery Snack Cart</li> </ul>
<p><b>27</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings &amp; Chronicles</li> <li>9:30 Morning Spiritual Readings</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Fun with Construction Paper</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Puzzles &amp; magazines</li> <li>3:30 Afternoon Group Spiritual Trivia</li> <li>6:00 Mobile Snack Cart</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercising to Music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 New Year's Coloring Pages</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Room Magazine Time</li> <li>3:30 Balloon Volleyball</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercises</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 Crafts-Snowflakes</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Name 10</li> <li>3:30 What Am I?</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Exercising to Music</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 New Year's Crafts</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Room Activity-Match the Pictures</li> <li>3:30 Outside Time</li> <li>6:00 Hallmark Movie Channel</li> </ul>	<p><b>31</b></p> <ul style="list-style-type: none"> <li>9:00 Newspaper Readings</li> <li>9:30 Inside Walk</li> <li>10:00 Room Delivery Snack Cart</li> <li>10:30 New Year's Resolutions</li> <li>11:30 1:1 Handwashing</li> <li>1:00 Relaxing Time/One-on-One</li> <li>2:00 Room Delivery Snack Cart</li> <li>2:30 Virtual Entertainment w/Byran</li> <li>3:30 A Toast to the New Year</li> <li>6:00 Room Delivery Snack Cart</li> </ul>	<p><b>DIMENSIONS OF WELLNESS</b></p>  <ul style="list-style-type: none"> <li>Physical</li> <li>Spiritual</li> <li>Vocational</li> <li>Intellectual</li> <li>Purposeful</li> <li>Emotional</li> <li>Environmental</li> <li>Social</li> <li>Nutritional</li> </ul>	

\*If you would like to request an activity/service not reflected on the calendar, please notify the RSC or Administrator." Activities are subject to change.