

White Oaks of the Older Adult of



W/Lidia & Ísaia

1:30 Exercise & Walking Club

2:30 Movie Afternoon with

Popcorn! 6:00 Open Activities W/CNA's

1:00 | Let's Chat!!

2:00 | Manicures!

1:30 National Geographic program

1:30 Exercise & Walking Club

3:30 Word search's & Coloring

6:00 Open Activities W/CNA's

2:30 Music & Hydration

MARCH 2024 SUNDAY MONDAY TUESDAY WEDNESDAY FRIDAY SATURDAY THURSDAY 02 Mar 31 01 goodbye 9:00 Chronicles & Horoscope 9:00 Chronicles & Horoscope 9:00 Fun Noodles **Dimensions of Wellness** 9:30 Stretch & Move 9:30 Chronicles & Horoscope 9:30 Exercise 10:00 Worship Hymn Sing Along W/Lidia & Isaia 🎢 Physical 10:00 Easter Reminiscing 10:00 Coffee Clutch & Chat! 1:00 Let's Chat!! 1:30 National Geographic program Emotional 1:30 Exercise & Walking Club 1:00 Let's Chat!! 1:30 Exercise & Walking Club 1:30 Exercise & Walking Club **Spiritual** 2:00 | Easter craft! 2:30 Music & Hydration 2:00 | Enjoy Peanut Butter Cookies & 3:30 Word search's & Coloring 3:00 Who am I? Environmental 6:00 Open Activities 6:00 Open Activities W/CNA's **Vocational** . W/CNA's 3:00 | Movie Afternoon with Popcorn! 🖰 Social 07 04 05 06 80 03 09 lntellectual 9:00 Chronicles & Horoscope 9:30 | Therapy Dog Visit! (Julia) 9:30 Stretch & Move 9:30 Fun Noodles 9:30 Exercise 9:30 Fun Noodles 9:30 Fun Yoga Video's 9:30 Exercise 10:00 Coffee Clutch & Chat! 10:00 | Sing Along! 10:00 | Morning Scenic Drive 10:00 Basketball Game! 10:00 | Book Club! 10:00 Fruit Time! 10:00 Worship Hymn Sing Along 1:30 National Geographic program 11:00 | Who am I? 11:00 Fun Trivia! 1:00 Let's Chat!! 10:30 Headbandz Game! W/Lidia & Ísaia 1:30 Exercise & Walking Club 11:00 Name the 10 1:00 | Let's Chat!! 1:00 Let's Chat!! 1:00 Lidia & Isaia Hymn Sing Along 1:30 Exercise & Walking Club 1:00 Let's Chat!! 1:00 Let's Chat!! 2:30 Music & Hydration If you would like an 1:30 Exercise & Walking Club 2:00 Exercise & Walking Club 3:30 Word search's & Coloring :30 Exercise & Walking Club 2:00 Blast From The Past W/Root 1:30 Exercise & Walking Club 1:30 Exercise & Walking Club 2:00 Reading Skills Puzzles 2:00 Volleyball! 2:30 Balloon Toss Beer Floats! 2:00 Tabletop Games 2:00 Manicures! 6:00 Open Activities W/CNA's activity/service not 3:00 Magazine's Time! 3:00 BINGO! 3:00 The Price is Right! 3:00 Kickball! 3:00 BINGO! 2:30 Movie Afternoon with 6:00 Open Activities 6:00 Open Activities W/CNA's 6:00 Open Activities W/CNA's 6:00 Open Activities W/CNA's 6:00 Open Activities W/CNA's Popcorn! reflected on the 6:00 Open Activities W/CNA's W/CNA's calendar, please see 10 11 12 13 15 16 14 the 9:00 Chronicles & Horoscope 9:00 | Therapy Dog Visit! (Hairy & 9:30 Stretch & Move 9:30 Fun Noodles 9:30 Exercise 9:30 Fun Noodles 9:30 Fun Yoga Video's 9:30 Exercise Dolan) RSC/Administrator. 10:00 National Butterfly Craft 10:00 Target Shooting Game 10:00 Worship Hymn Sing Along 10:00 Coffee Clutch & Chat! 10:00 Guess the Tune! 10:00 | Morning Scenic Drive 10:00 | Puzzles & Pondering 1:00 Let's Chat!! 1:00 Lidia & Isaia Hymn Sing Along 1:00 | Let's Chat!! 1:00 Let's Chat!! 1:00 | Let's Chat!! W/Lidia & Ísaia 1:30 National Geographic program 1:30 Exercise & Walking Club 2:00 Hands on Hickory Knolls 1:30 Exercise & Walking Club 1:30 Exercise & Walking Club 1:30 Exercise & Walking Club 1:00 Let's Chat!! 1:30 Exercise & Walking Club 1:30 Exercise & Walking Club 2:00 Parachute Game 3:00 BINGO! 2:00 St. Patrick's Party 2:00 | Magazine Scrap-booking 2:00 Popcorn Lover's Time! 2:30 Music & Hydration 6:00 Open Activities W/CNA's 3:00 Kickball! 3:00 Junk Drawer Detective 3:00 | Hangman! 3:00 BINGO! 2:00 | Manicures! 3:30 Word search's & Coloring 6:00 Open Activities W/CNA's 6:00 Open Activities 2:30 | Movie Afternoon with 6:00 Open Activities W/CNA's 6:00 Open Activities 6:00 Open Activities W/CNA's Activities are subject . W/CNA's . W/CNA's Popcorn! PARTY 6:00 Open Activities W/CNA's to change. 18 19 20 21 22 23 9:00 Chronicles & Horoscope 9:00 Fun Noodles 9:30 Fun Noodles 9:30 Chronicles & Horoscope 9:30 Stretch & Move 9:30 Fun Noodles 9:30 Exercise 9:30 Fun Yoga Video's 9:30 Exercise 10:00 I got it (Card Game) 10:00 Worship Hymn Sing Along 10:00 Brain Teasers & Spelling Bee 10:00 | Spelling Bee 10:00 | Morning Scenic Drive 10:00 Poquino 10:00 Coffee Clutch & Chat! 1:30 National Geographic program 1:00 Let's Chat!! 1:00 Lidia & Isaia Hymn Sing Along 1:00 Let's Chat!! 1:00 Let's Chat!! 1:00 Let's Chat!! W/Lidia & Isaia Monthly wellness 2:00 Exercise & Walking Club 1:30 Exercise & Walking Club 1:30 Hickory Knolls Program 1:30 Exercise & Walking Club 1:30 Exercise & Walking Club 1:00 Let's Chat!! 1:30 Exercise & Walking Club 1:30 | Exercise & Walking Club 2:00 Words in Words 2:30 What am I? 2:30 Crafting Time W/Streamwood 2:00 Volleyball! 2:00 Volleyball Toss 2:30 Music & Hydration checks with nursing: 3:00 Iunk Drawer Detective 3:00 BINGO! Student's 3:00 | Words To Live Bv... 3:00 BINGO! 2:00 Manicures! 3:30 Word search's & Coloring 6:00 Open Activities W/CNA's 6:00 Open Activities W/CNA's 6:00 Open Activities W/CNA's 6:00 Open Activities W/CNA's 2:30 Movie Afternoon with 6:00 Open Activities W/CNA's 5:00 Open Activities W/CNA's The 1st week of the Popcorn! 6:00 Open Activities W/CNA's month. 26 24 **27** 28 29 **30** 9:00 Chronicles & Horoscope 9:00 | Chronicles & Horoscope 9:00 Fun Noodles 9:00 Chronicles & Horoscope 9:00 Chronicles & Horoscope 9:00 Chronicles & Horoscope 9:00 Chronicles & Horoscope 9:30 Exercise 9:30 Stretch & Move 9:30 Fun Noodles 9:30 Exercise 9:30 Fun Noodles 9:30 Fun Yoga Video's 9:30 Chronicles & Horoscope 10:00 | Sing Along! 10:00 | Morning Scenic Drive 10:00 Guess the Logo! 10:00 Watercolor Painting 10:00 Breaking Grounds! 10:00 Worship Hymn Sing Along 10:00 Coffee Clutch & Chat!

1:00 Let's Chat!!

3:00 Name the 10

6:00 Open Activities

W/CNA's

1:30 Exercise & Walking Club

2:00 | Easter Celebration!

1:00 Let's Chat!!

3:00 BINGO!

Happy

ASTER

1:30 Exercise & Walking Club

6:00 Open Activities W/CNA's

2:00 Headbandz Game

Resident Council: 2nd Wednesday of the month.

1:00 Let's Chat!!

1:30 Exercise & Walking Club

3:00 Reminiscing Easter Fun!

6:00 Open Activities W/CNA's

2:00 | The Price is Right!

1:00 Lidia & Isaia Hymn Sing Along

6:00 Open Activities W/CNA's

2:00 Volleyball Toss

3:00 | BINGO!

1:00 Let's Chat!!

3:00 | Guess the Word

2:00 Bowling!

1:30 Exercise & Walking Club

6:00 Open Activities W/CNA's