


















































































































































































































December 2023 - White Oaks McHenry

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Brain Games! December IQ, DRB  1:30 Music Appreciation: An Andy Williams Christmas, GR  2:30 Name that Holiday Tune, GR  6:00 Friday Funnies, BTA	 9:30 Saturday Sit and Stretch, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Santa's Workshop, GR  1:30 Holiday Prize Bingo, DR  2:30 Saturday Matinee: The Singing Nun, BTA  6:00 Hallmark Holiday Movies
3	4	5	6	7	8	9
 9:30 Catholic Mass on TV, FTA  9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Biography: Andy Williams, DRB  1:30 Happy Birthday Eunice F. Social!, DR  2:30 Andy Williams Christmas Show, GR  6:00 Sunday Night Movie, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 History's Mysteries: The Mary Celeste, DRB  1:30 Open Art Time, GR  2:30 Zany Zoom Ins!, GR  6:00 Monday Night Movie, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Brain Games! Fun with Idioms, DRB  1:30 Egg Nog Social, DR  2:30 St. Nickolas Traditions, GR  6:00 Classic Movie Night, BTA	 9:30 Therapy Dog: Archer, DRB  10:00 Chair Exercise, DRB  10:30 What's in the News & Daily Chronicles, DRB  1:30 Art for Everyone! Cupcake Liner Ornaments, GR  2:30 Therapy Dog: Charlie, GR  6:00 Wednesday Night Musicals, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 White Oaks Holiday Choir, GR  2:00 White Board Puzzles: Secret Holiday Quote, DRB  2:30 Entertainer: Jane Allyson Sings Holiday Favorites, DRB  6:00 Sitcom Classics, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 10 Tips About Hanukkah, DRB  1:30 Music Appreciation: New York Nostalgia, GR  2:30 Frank Sinatra - Concert For America, GR  6:00 Friday Funnies, BTA	 9:30 Saturday Sit and Stretch, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Santa's Workshop, GR  1:30 Fruit Loop Bingo, DR  2:30 Saturday Matinee: Andre Rieu Christmas Around the World, BTA
10	11	12	13	14	15	16
 9:30 Catholic Mass on TV, FTA  9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Biography: Connie Francis, DRB  12:00 Bears vs. Detroit, FTA  1:30 Happy Birthday Randee Social!, DR  2:30 Armchair Travels: We Built This City, New York!, GR  6:00 Sunday Night Movie, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Biography: Brenda Lee, DRB  1:30 Happy Birthday Sandra L. Social!, DR  2:30 Open Art Time, GR  6:00 Monday Night Movie, BTA	 9:30 Chair Exercise, DRB  10:00 Alliance Bible Church Service, GR  10:30 What's in the News & Daily Chronicles, DRB  1:00 Tuesday Matinee: Elf, BTA  6:00 Classic Movie Night, BTA	 9:30 Therapy Dog: Archer, DRB  10:00 Chair Exercise, DRB  10:30 Catholic Eucharist & Prayers, GR  10:30 What's in the News & Daily Chronicles, DRB  1:30 Art for Everyone! Fabric Christmas Trees, GR  2:30 Therapy Dog: Charlie, GR  6:00 Wednesday Night Musicals, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 White Oaks Holiday Choir, GR  1:30 Holiday Tea, DR  2:30 Holiday Sing-A-Long, GR  6:00 Sitcom Classics, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Brain Games! Who Are We?, DRB  1:30 Happy Birthday Janice Social!, DR  2:30 Music Appreciation: A Gene Autry Christmas, GR  6:00 Friday Funnies, BTA	 9:30 Saturday Sit and Stretch, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Finish the Phrase!, DRB  1:30 Family Holiday Social!, GR  2:30 Entertainer: Sing A Long Holiday Classics with Bonnie, BTA  6:00 Hallmark Holiday Movies
17	18	19	20	21	22	23
 9:30 Catholic Mass on TV, FTA  9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Name That Holiday Tune!, DRB  12:00 Bears vs. Cleveland, FTA  1:30 Sunday Social, DR  2:30 The Wright Stuff: Orville & Wilbur Wright, GR  6:00 Sunday Night Movie, BTA	 9:30 Chair Exercise, DRB  10:00 Non-Denominational Service with Chaplain Brenda, DRB  10:30 What's in the News & Daily Chronicles, DRB  1:30 Open Art Time, GR  2:30 Armchair Travels: Christmas Markets of Europe, GR  6:00 Monday Night Movie, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Brain Games! December Trivia, DRB  1:30 Peppermint Ice Cream Social, DR  2:00 Drive-In Movie: White Christmas, GR  6:00 Classic Movie Night, BTA	 9:30 Therapy Dog: Archer, DRB  10:00 Chair Exercise, DRB  10:30 What's in the News & Daily Chronicles, DRB  2:00 White Board Puzzles, DRB  2:30 Entertainer: Heather B. "Home for the Holidays", DRB  6:00 Wednesday Night Musicals, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 White Oaks Holiday Choir, GR  1:30 Art for Everyone! Snowman Luminaria, GR  2:30 Fun Facts: First Day of Winter, GR  6:00 Sitcom Classics, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Brain Games! What Am I?, DRB  1:30 Music Appreciation: Remember Christmas Eve, GR  2:30 Holiday Chair Dance Party, GR  6:00 Friday Funnies, BTA	 9:30 Saturday Sit and Stretch, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Santa's Workshop, GR  1:30 Fruit Loop Bingo, DR  2:30 Saturday Matinee: A Christmas Story, BTA  6:00 Hallmark Holiday Movies
24	25	26	27	28	29	30
 9:30 Catholic Mass on TV, FTA  9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  1:00 Christmas Eve Matinee: A Christmas Carol, BTA  3:00 Bears vs. Arizona, FTA  6:00 Sunday Night Movie, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Christmas Day Traditions, DRB  1:00 Christmas Day Matinee: The Santa Clause Series, BTA  6:00 Monday Night Movie, BTA	 9:30 Chair Exercise, DRB  10:00 Alliance Bible Church Service, GR  10:30 What's in the News & Daily Chronicles, DRB  1:30 Happy Birthday Mary Lou Social!, DR  2:30 What is Boxing Day?, GR  6:00 Classic Movie Night, BTA	 9:30 Therapy Dog: Archer, DRB  10:00 Chair Exercise, DRB  10:30 Catholic Eucharist & Prayers, GR  10:30 What's in the News & Daily Chronicles, DRB  1:30 Art for Everyone! Winter Wonderland Watercolors, GR  2:30 Therapy Dog: Charlie, GR  6:00 Wednesday Night Musicals, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 White Oaks Holiday Choir, GR  1:30 Happy Birthday Dorothy Ho. Social!, DR  2:30 Brain Games: Where Am I?, GR  6:00 Sitcom Classics, BTA	 9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Resident Council Meeting, DRB  1:30 Music Appreciation: Remembering Jimmy Buffet, GR  2:30 Funny Holiday Videos, GR  6:00 Friday Funnies, BTA	 9:30 Saturday Sit and Stretch, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Chat & Color, GR  1:30 Fruit Loop Bingo, DR  2:30 Saturday Matinee: Kiss Me Kate, BTA  6:00 Hallmark Holiday Movies
31					MEETING PLACES	DIMENSIONS OF WELLNESS
 9:30 Catholic Mass on TV, FTA  9:30 Chair Exercise, DRB  10:00 What's in the News & Daily Chronicles, DRB  10:30 Funny New Year's Resolutions, DRB  12:00 Bears vs. Atlanta, FTA  1:30 Happy New Year Social!, DR  6:00 Sunday Night Movie, BTA				  	<p>DRB - Dining Room B GR - The Gathering Room BTA - Back TV Area DR - Dining Room FTA - Front TV Area</p> <p>Activities are subject to change. If you would like to see an activity on the calendar, please see Doris or Deb</p>	<p> Physical  Spiritual  Vocational  Intellectual</p> <p> Emotional  Environmental  Social</p> <p>Wellness checks are conducted the 1st-5th of every month by nursing.</p>