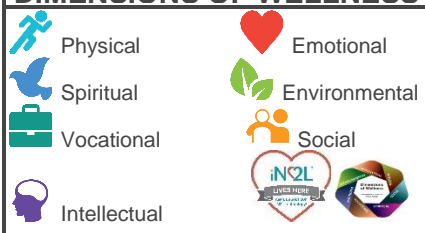





September 2023 - White Oaks at McHenry

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>DIMENSIONS OF WELLNESS</b>  Wellness checks are conducted the 1 <sup>st</sup> -5 <sup>th</sup> of every month by nursing.	<b>MEETING PLACES</b> DRB - Dining Room B GR - The Gathering Room CRT - Courtyard BTA - Back TV Area DR - Dining Room FTA - Front TV Area FF - Front Fireplace L - Lobby Activities are subject to change. If you would like to see an activity on the calendar, please see Doris or Deb.				<b>1</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Brain Games! What Am I?, <b>DRB</b> 1:30 Music Appreciation: Classical Music with Feeling, <b>GR</b> 2:30 Outside Trivia Time, <b>CRT</b> 6:00 Friday Funnies, <b>BTA</b>	<b>2</b> 9:30 Saturday Sit and Stretch, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Chat & Color, <b>GR</b> 1:30 Fruit Loop Bingo, <b>DR</b> 2:30 Saturday Matinee: The Way We Were, <b>BTA</b> 6:00 Hallmark Movies, <b>BTA</b>
<b>3</b> 9:30 Catholic Mass on TV, <b>FTA</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Fun Facts: Afternoon Tea, <b>DRB</b> 1:30 Afternoon Tea Sunday Social, <b>DR</b> 2:30 Armchair Travels: Italy, <b>GR</b> 6:00 Sunday Night Movie, <b>BTA</b>	<b>4</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Guess the Occupation!, <b>DRB</b> 1:30 Labor Day Trivia, <b>GR</b> 2:30 Music & Sunshine, <b>CRT</b> 6:00 Monday Night Movie, <b>BTA</b>	<b>5</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 Alliance Bible Church Service, <b>GR</b> 10:30 What's in the News & Daily Chronicles, <b>DRB</b> 1:00 Outing: Hickory Grove Forest Preserve, <b>FF</b> 3:30 Music & Motion, <b>GR</b> 6:00 Classic Movie Night, <b>BTA</b>	<b>6</b> 9:30 Therapy Dog: Archer, <b>DRB</b> 10:00 Chair Exercise, <b>DRB</b> 10:30 Catholic Eucharist & Prayers, <b>GR</b> 10:30 What's in the News & Daily Chronicles, <b>DRB</b> 1:30 Art for Everyone! Squeegie Painting, <b>GR</b> 2:30 Therapy Dog: Charlie, <b>GR</b> 6:00 Wednesday Night Musicals, <b>BTA</b>	<b>7</b> 9:30 What's in the News & Daily Chronicles, <b>DRB</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 Non-Denominational Service with Chaplain Philip, <b>DRB</b> 10:30 White Oaks Bell Choir & Chorus, <b>GR</b> 1:30 Happy Birthday Peggy Social!, <b>DR</b> 2:30 Entertainer: Jane Allyson Sings Broadway, <b>DRB</b> 6:00 Sitcom Classics, <b>BTA</b>	<b>8</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Just for Laughs: Funny Fashions, <b>DRB</b> 1:30 Happy Birthday Roxy Social!, <b>DR</b> 2:30 Music Appreciation: Michael Buble, <b>GR</b> 6:00 Friday Funnies, <b>BTA</b>	<b>9</b> 9:30 Saturday Sit and Stretch, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Chat & Color, <b>GR</b> 1:30 Fruit Loop Bingo, <b>DR</b> 2:30 Saturday Matinee: The Carol Burnett Show, <b>BTA</b> 6:00 Hallmark Movies, <b>BTA</b>
<b>10</b> 9:30 Catholic Mass on TV, <b>FTA</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Reminiscing: Grandparents, A Special Bond, <b>DRB</b> 1:30 Happy Birthday Julie Social!, <b>DR</b> 2:30 NFL Trivia, <b>GR</b> 3:30 Bears vs. Packers, <b>FTA</b> 6:00 Sunday Night Movie, <b>BTA</b>	<b>11</b> 9:30 Chair Exercise, <b>DRB</b> 10:30 On This Day: 9/11 Remembrance, <b>DRB</b> 10:30 What's in the News & Daily Chronicles, <b>DRB</b> 1:30 Reminiscing: Fall Fashion, <b>GR</b> 2:30 Music & Sunshine, <b>CRT</b> 6:00 Monday Night Movie, <b>BTA</b>	<b>12</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Reminiscing: Favorite Fall Foods, <b>DRB</b> 1:00 Outing: Apple Cider Donuts, <b>FF</b> 3:30 Name 10 Things: Fall Outdoor Activities, <b>GR</b> 6:00 Classic Movie Night, <b>BTA</b>	<b>13</b> 9:30 Therapy Dog: Archer, <b>DRB</b> 10:00 Chair Exercise, <b>DRB</b> 10:30 What's in the News & Daily Chronicles, <b>DRB</b> 1:30 Family Open House Carmel Apple Floats, <b>DR</b> 2:30 Entertainer: Heather B., <b>DRB</b> 6:00 Wednesday Night Musicals, <b>BTA</b>	<b>14</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 White Oaks Bell Choir & Chorus, <b>GR</b> 1:30 Art for Everyone! Autumn Paint & Sip, <b>GR</b> 2:30 Reminiscing: School Days, <b>GR</b> 6:00 Sitcom Classics, <b>BTA</b>	<b>15</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 ABC's of Autumn Game, <b>DRB</b> 1:30 Music Appreciation: Reminiscing, Autumn Songs, <b>GR</b> 2:30 Outside Trivia Time, <b>CRT</b> 6:00 Friday Funnies, <b>BTA</b>	<b>16</b> 9:30 Saturday Sit and Stretch, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Chat & Color, <b>GR</b> 1:30 Autumn Prize Bingo, <b>DR</b> 2:30 Saturday Matinee: Beach Blanket Bingo, <b>BTA</b> 6:00 Hallmark Movies, <b>BTA</b>
<b>17</b> 9:30 Catholic Mass on TV, <b>FTA</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Biography: Hank Williams, <b>DRB</b> 12:00 Bears vs. Tampa Bay, <b>FTA</b> 1:30 Sunday Social, <b>DR</b> 2:30 Armchair Travels: Fall Foliage America, <b>GR</b> 6:00 Sunday Night Movie, <b>BTA</b>	<b>18</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 Non-Denominational Service with Chaplain Brenda, <b>DRB</b> 10:30 What's in the News & Daily Chronicles, <b>DRB</b> 1:30 iN2L Games: You Pick Trivia, <b>GR</b> 2:30 Music & Sunshine, <b>CRT</b> 6:00 Monday Night Movie, <b>BTA</b>	<b>19</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 Sunny the Therapy Horse, <b>CRT</b> 10:30 What's in the News & Daily Chronicles, <b>DRB</b> 1:00 Outing: Scenic Drive, Woodstock Square, <b>FF</b> 3:30 Balloon Burst Puzzle, <b>GR</b> 6:00 Classic Movie Night, <b>BTA</b>	<b>20</b> 9:30 Therapy Dog: Archer, <b>DRB</b> 10:00 Chair Exercise, <b>DRB</b> 10:30 Catholic Eucharist & Prayers, <b>GR</b> 10:30 What's in the News & Daily Chronicles, <b>DRB</b> 1:30 "Fall" Dancercise for Balance & Strength, <b>GR</b> 2:30 Therapy Dog: Charlie, <b>GR</b> 6:00 Wednesday Night Musicals, <b>BTA</b>	<b>21</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 White Oaks Bell Choir & Chorus, <b>GR</b> 1:30 Art for Everyone! Apple Tree Art, <b>GR</b> 2:30 In Concert: Andrea Bocelli, <b>GR</b> 6:00 Sitcom Classics, <b>BTA</b>	<b>22</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Brain Games! Acing the Exam, <b>DRB</b> 1:30 Music Appreciation: Olivia Newton John, <b>GR</b> 1:30 Happy Birthday James Social!, <b>DR</b> 6:00 Friday Funnies, <b>BTA</b>	<b>23</b> 9:30 Saturday Sit and Stretch, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Chat & Color, <b>GR</b> 1:30 Fruit Loop Bingo, <b>DR</b> 2:30 Saturday Matinee: Grease, <b>BTA</b> 6:00 Hallmark Movies, <b>BTA</b>
<b>24</b> 9:30 Catholic Mass on TV, <b>FTA</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Fun Facts: National Dog Week, <b>DRB</b> 1:30 Happy Birthday Elisa Social!, <b>DR</b> 2:30 Dog Show Highlights, <b>GR</b> 3:30 Bears vs. Kansas City, <b>FTA</b> 6:00 Sunday Night Movie, <b>BTA</b>	<b>25</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Dog Trivia, <b>DRB</b> 1:30 Bake Dog Treats, <b>DR</b> 2:30 Music & Sunshine, <b>CRT</b> 6:00 Monday Night Movie, <b>BTA</b>	<b>26</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Brain Games! Name Ten Things, Dog Breeds, <b>DRB</b> 1:00 Outing: Scenic Drive, Fall Foliage, <b>FF</b> 3:30 Zany Zoom Ins!, <b>GR</b> 6:00 Classic Movie Night, <b>BTA</b>	<b>27</b> 9:00 Flu Shot Clinic, <b>GR</b> 9:30 Therapy Dog: Archer, <b>DRB</b> 10:00 Chair Exercise, <b>DRB</b> 10:30 What's in the News & Daily Chronicles, <b>DRB</b> 1:30 Cooking with Chef Alex, <b>DR</b> 2:30 Therapy Dog: Charlie, <b>GR</b> 6:00 Wednesday Night Musicals, <b>BTA</b>	<b>28</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 White Oaks Bell Choir & Chorus, <b>GR</b> 1:30 Art for Everyone! Decorate Dog Treat Bags, <b>GR</b> 2:30 Just for Laughs: Funny Dog Videos, <b>GR</b> 6:00 Sitcom Classics, <b>BTA</b>	<b>29</b> 9:30 Chair Exercise, <b>DRB</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Resident Council Meeting, <b>DRB</b> 1:30 Music Appreciation: Ed Sullivan Show, <b>GR</b> 2:30 Outside Trivia Time, <b>CRT</b> 6:00 Friday Funnies, <b>BTA</b>	<b>30</b> 9:30 Saturday Sit and Stretch, <b>DRB</b> 10:00 Dog Adoption Event, <b>L</b> 10:00 What's in the News & Daily Chronicles, <b>DRB</b> 10:30 Chat & Color, <b>GR</b> 1:30 Fruit Loop Bingo, <b>DR</b> 2:30 Saturday Matinee: An American in Paris, <b>BTA</b> 6:00 Hallmark Movies, <b>BTA</b>