





May 2023 - White Oaks at McHenry

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>1</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Fun Facts: May Day Around the World, DRB 1:30 Fruit Loop Bingo, DR 2:30 iN2L Games: You Pick!, GR 6:00 Monday Night Movie, BTA</p>	<p>2</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Brain Games! May IQ, DRB 1:00 Outing: El Tepeyac Mexican Bakery, FF 3:30 Balloon Burst Puzzle, GR 6:00 Classic Movie Night, BTA</p>	<p>3</p> <p>9:30 Therapy Dog: Archer, DRB 10:00 Chair Exercise, DRB 10:30 Catholic Eucharist & Prayers, GR 10:30 What's in the News & Daily Chronicles, DRB 1:30 Horse Sense Game: Yay or Neigh, GR 2:30 Therapy Dog: Charlie, GR 6:00 Wednesday Night Musicals, BTA</p>	<p>4</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 White Oaks Bell Choir & Chorus, GR 2:00 White Oaks Derby Races & Social, DR 3:00 Just for Laughs: Talk Derby to Me, DR 6:00 Sitcom Classics, BTA</p>	<p>5</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Garden Club, DRB 1:30 Happy Birthday Kim & Carolyn Social!, DR 2:30 History of Clydesdale Horses, GR 6:00 Friday Funnies, BTA</p>	<p>6</p> <p>9:00 Morning with Mom Open House, GR 9:30 Saturday Sit and Stretch, DRB 10:00 What's in the News & Daily Chronicles, DRB 1:30 Fruit Loop Bingo, DR 2:30 Saturday Matinee: My Fair Lady, BTA 6:00 Hallmark Movies, BTA</p>	
	<p>7</p> <p>9:30 Catholic Mass on TV, FTA 9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 History of Mariachi, DRB 1:00 Alliance Bible Church Service, DR 1:30 Sunday Coffee Klatch, DR 2:30 Armchair Travels: Mexico, GR 6:00 Sunday Night Movie, BTA</p>	<p>8</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 On This Day: V-E Day, DRB 1:30 Fruit Loop Bingo, DR 2:30 iN2L Games: May Trivia, GR 6:00 Monday Night Movie, BTA</p>	<p>9</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Brain Games! What Am I?, DRB 1:00 Outing: Richardson Farms Tulip Festival, FF 3:30 Match Game Challenge, GR 6:00 Classic Movie Night, BTA</p>	<p>10</p> <p>9:30 Therapy Dog: Archer, DRB 10:00 Chair Exercise, DRB 10:30 What's in the News & Daily Chronicles, DRB 1:30 White Board Puzzles: Finding Opposites Scrabble, DRB 2:30 Entertainer: Heather B. "Rosemary Clooney", DRB 6:00 Wednesday Night Musicals, BTA</p>	<p>11</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 White Oaks Bell Choir & Chorus, GR 1:30 Art for Everyone! Sponge Paint Flower Pots, GR 2:30 Karaoke Sing-A-Long, GR 6:00 Sitcom Classics, BTA</p>	<p>12</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Garden Club, DRB 1:30 Happy Birthday Inger Social!, DR 2:30 Music Appreciation: Remembering Songs About Moms, GR 6:00 Friday Funnies, BTA</p>	<p>13</p> <p>9:30 Saturday Sit and Stretch, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Chat & Color, GR 1:30 Fruit Loop Bingo, DR 2:30 Saturday Matinee: I Remember Mama, BTA 6:00 Hallmark Movies, BTA</p>
<p>14</p> <p>9:30 Catholic Mass on TV, FTA 9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Make Me Laugh: Mother of All Humor, DRB 1:30 Mother's Day Social, DR 2:30 Sunday Matinee: Mama Mia, BTA 6:00 Sunday Night Movie, BTA</p>	<p>15</p> <p>9:30 Chair Exercise, DRB 10:00 Non-Denominational Service with Pastor Laura, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Biography: Bobby Darin, DRB 1:30 Fruit Loop Bingo, DR 2:30 Mother's Day Trivia, GR 6:00 Monday Night Movie, BTA</p>	<p>16</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Brain Games! A Horses "Neigh", DRB 1:00 Outing: Scenic Drive, FF 3:30 Zany Zoom Ins!, GR 6:00 Classic Movie Night, BTA</p>	<p>17</p> <p>9:30 Therapy Dog: Archer, DRB 10:00 Chair Exercise, DRB 10:30 Catholic Eucharist & Prayers, GR 10:30 What's in the News & Daily Chronicles, DRB 1:30 Afternoon Exercise: City Streets to Mountain Peaks, GR 2:30 Therapy Dog: Charlie, GR 6:00 Wednesday Night Musicals, BTA</p>	<p>18</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 White Oaks Bell Choir & Chorus, GR 1:30 Art for Everyone! Watercolor Florals, GR 2:30 Karaoke Sing-A-Long, GR 6:00 Sitcom Classics, BTA</p>	<p>19</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Garden Club, DRB 1:30 Friday Fun & Games: Category Puzzle, DR 2:30 Music Appreciation: Finish the Song Lyric, GR 6:00 Friday Funnies, BTA</p>	<p>20</p> <p>9:30 Saturday Sit and Stretch, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Chat & Color, GR 1:30 Fruit Loop Bingo, DR 2:30 Saturday Matinee: The Trouble with Angels, BTA 6:00 Hallmark Movies, BTA</p>	
<p>21</p> <p>9:30 Catholic Mass on TV, FTA 9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 On This Day: The Red Cross, DRB 1:30 Sunday Coffee Klatch, DR 2:30 Armchair Travels: Nevada, GR 6:00 Sunday Night Movie, BTA</p>	<p>22</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Biography: Cher, DRB 1:30 Fruit Loop Bingo, DR 2:30 Family Feud!, GR 6:00 Monday Night Movie, BTA</p>	<p>23</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Brain Games! Who Am I?, DRB 1:00 Outing: Shopping for Flowers, FF 3:30 iN2L Games: Trivia, GR 6:00 Classic Movie Night, BTA</p>	<p>24</p> <p>9:30 Therapy Dog: Archer, DRB 10:00 Chair Exercise, DRB 10:30 What's in the News & Daily Chronicles, DRB 1:30 Remembering Favorite TV Shows, GR 2:30 Therapy Dog: Charlie, GR 6:00 Wednesday Night Musicals, BTA</p>	<p>25</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 White Oaks Bell Choir & Chorus, GR 1:30 White Board Puzzles: Which Is The Correct Spelling?, DRB 2:30 Entertainers: Riva & Rich, DRB 6:00 Sitcom Classics, BTA</p>	<p>26</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Garden Club, DRB 10:30 Resident Council Meeting, DRB 1:30 Friday Fun & Games: Mixed Up Book Titles, DR 2:30 Music Appreciation: Toss A Tune, GR 6:00 Friday Funnies, BTA</p>	<p>27</p> <p>9:30 Saturday Sit and Stretch, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Chat & Color, GR 1:30 Fruit Loop Bingo, DR 2:30 Saturday Matinee: West Point Story, BTA 6:00 Hallmark Movies, BTA</p>	
<p>28</p> <p>9:30 Catholic Mass on TV, FTA 9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Fun Facts: Indianapolis 500, DRB 1:30 Sunday Coffee Klatch, DR 2:30 Armchair Travels: You Pick!, GR 6:00 Sunday Night Movie, BTA</p>	<p>29</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 Remembering Memorial Day, DRB 1:30 Fruit Loop Bingo, DR 2:30 Memorial Day Trivia, GR 6:00 Monday Night Movie, BTA</p>	<p>30</p> <p>9:30 Chair Exercise, DRB 10:00 What's in the News & Daily Chronicles, DRB 10:30 You Be The Judge, DRB 11:00 Outing: Hot Dog Picnic in the Park, FF 3:30 Balloon Burst Puzzle, GR 6:00 Classic Movie Night, BTA</p>	<p>31</p> <p>9:30 Therapy Dog: Archer, DRB 10:00 Chair Exercise, DRB 10:30 Catholic Eucharist & Prayers, GR 10:30 What's in the News & Daily Chronicles, DRB 1:30 Happy Birthday Frank Social!, DR 2:30 Therapy Dog: Charlie, GR 6:00 Wednesday Night Musicals, BTA</p>			<p>MEETING PLACES</p> <p>DRB - Dining Room B DR - Dining Room GR - The Gathering Room BTA - Back TV Area FF - Front Fireplace FTA - Front TV Area</p>  <p>Wellness checks are conducted the 1st-5th of every month by nursing.</p>	<p>DIMENSIONS OF WELLNESS</p> <p>Physical Spiritual Vocational Intellectual</p> <p>Emotional Environmental Social</p>  <p>Activities are subject to change. If you would like to see an activity on the calendar, please see Doris or Deb.</p>