


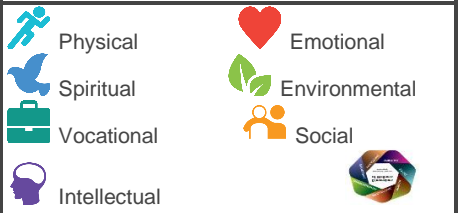


March 2023-White Oaks at McHenry

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEETING PLACES DRB - Dining Room B GR - The Gathering Room BTA - Back TV Area DR - Dining Room FTA - Front TV Area FF - Front Fireplace  Wellness checks are conducted the 1 st -5 th of every month by nursing.			1 ♥ 9:30 Therapy Dog: Jazzy, DRB 🦿 10:00 Chair Exercise, DRB 🗣️ 10:30 What's in the News & Daily Chronicles, DRB 🦿 1:30 Music & Motion, GR ♥ 2:30 Therapy Dog: Charlie, GR 🗣️ 6:00 Wednesday Night Musicals, BTA	2 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB ♥ 10:30 White Oaks Bell Choir & Chorus, GR 🗣️ 1:30 Happy Birthday Bob Social!, DR 🗣️ 2:30 50's and 60's Sing Along, GR 🗣️ 6:00 Sitcom Classics, BTA	3 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Brain Games! What Doesn't Belong?, DRB 🗣️ 1:30 Friday Fun & Games- "M" is for March, DR 🗣️ 2:30 Music Appreciation: Glen Miller and Big Bands!, GR 🗣️ 6:00 Friday Funnies, BTA	4 🦿 9:30 Saturday Sit and Stretch, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Chat and Color, GR 🗣️ 1:30 Lucky Leprechaun Bingo, DR 🗣️ 2:30 Saturday Matinee: The Sound of Music, BTA 🗣️ 6:00 Hallmark Movies, BTA
5 🦿 9:30 Catholic Mass on TV, FTA 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Biography: Rex Harrison, DRB 🗣️ 1:00 Alliance Bible Church Service, DR 🗣️ 1:30 Sunday Coffee Klatch, DR 🗣️ 2:30 Armchair Travels: Irish Chicago, GR 🗣️ 6:00 Sunday Night Movie, BTA	6 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Having Fun with Limericks, DRB 🗣️ 1:30 Lucky Leprechaun Bingo, DR 🗣️ 2:30 iN2L Games: Trivia, GR 🗣️ 6:00 Monday Night Movie, BTA	7 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 11:00 Outing: McDonald's for Lunch, FF 🦿 1:30 Chair Dancing Around The World, GR 🗣️ 2:30 Concentration, GR 🗣️ 6:00 Classic Movie Night, BTA	8 ♥ 9:30 Therapy Dog: Jazzy, DRB 🦿 10:00 Chair Exercise, DRB 🗣️ 10:30 Catholic Eucharist & Prayers, GR 🗣️ 10:30 What's in the News & Daily Chronicles, DRB 🗣️ 1:30 Truth or Blarney?, GR ♥ 2:30 Therapy Dog: Charlie, GR 🗣️ 6:00 Wednesday Night Musicals, BTA	9 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB ♥ 10:30 White Oaks Bell Choir & Chorus, GR 🗣️ 1:30 Art for Everyone! Chalk & Oil Pastel Drawing, GR 🗣️ 2:30 Karaoke Sing-A-Long, GR 🗣️ 6:00 Sitcom Classics, BTA	10 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Brain Games! Rhyme Time, DRB 🗣️ 1:30 Friday Fun & Games: Category Puzzle, DR 🗣️ 2:30 Music Appreciation: Remembering Lawrence Welk, GR 🗣️ 6:00 Friday Funnies, BTA	11 🦿 9:30 Saturday Sit and Stretch, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Chat and Color, GR 🗣️ 1:30 Lucky Leprechaun Bingo, DR 🗣️ 2:30 Saturday Matinee: I Love Lucy Marathon, BTA 🗣️ 6:00 Hallmark Movies, BTA
12 🦿 9:30 Catholic Mass on TV, FTA 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Fun Facts: The Oscars, DRB 🗣️ 1:30 Sunday Coffee Klatch, DR 🗣️ 2:30 Armchair Travels: Ireland, GR 🗣️ 6:00 Sunday Night Movie, BTA	13 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Biography: Neil Sedaka, DRB 🗣️ 1:30 Lucky Leprechaun Bingo, DR 🗣️ 2:30 Can You See the Big Picture?, GR 🗣️ 6:00 Monday Night Movie, BTA	14 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Brain Games! St. Patrick's Day Match, DRB 🗣️ 1:00 Outing: Scenic Drive and Shamrock Shakes, FF 🗣️ 3:30 We're All Irish on St. Patrick's Day!, GR 🗣️ 6:00 Classic Movie Night, BTA	15 ♥ 9:30 Therapy Dog: Jazzy, DRB 🦿 10:00 Chair Exercise, DRB 🗣️ 10:30 What's in the News & Daily Chronicles, DRB 🗣️ 1:30 White Board Puzzles: St. Patrick's Day Secret Quote, DR 🗣️ 2:30 Entertainer: Heather B. "Kiss Me, I'm Irish", DRB 🗣️ 6:00 Wednesday Night Musicals, BTA	16 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB ♥ 10:30 White Oaks Bell Choir & Chorus, GR 🗣️ 1:30 Art for Everyone! Shamrock Art, GR 🗣️ 2:30 Toss-A-Tune, GR 🗣️ 6:00 Sitcom Classics, BTA	17 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 When Irish Eyes Are Smiling Fun Facts, DRB 🗣️ 1:30 St. Patrick's Day Social, DR 🗣️ 2:30 Music Appreciation: Irish Music and Dance, GR 🗣️ 6:00 Friday Funnies, BTA	18 🦿 9:30 Saturday Sit and Stretch, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Chat and Color, GR 🗣️ 1:30 Lucky Leprechaun Bingo, DR 🗣️ 2:30 Saturday Matinee: The Parent Trap, BTA 🗣️ 6:00 Hallmark Movies, BTA
19 🦿 9:30 Catholic Mass on TV, FTA 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 1:30 Sunday Matinee: Darby O'Gill & the Little People, BTA 🗣️ 6:00 Sunday Night Movie, BTA	20 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 Non-Denominational Service with Chaplain Bruce, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 1:30 Lucky Leprechaun Bingo, DR 🗣️ 2:30 Random Trivia, GR 🗣️ 6:00 Monday Night Movie, BTA	21 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Brain Games! Good News, DRB 🗣️ 1:00 Outing: Culvers For Ice Cream, FF 🗣️ 3:30 iN2L Games: Trivia, GR 🗣️ 6:00 Classic Movie Night, BTA	22 ♥ 9:30 Therapy Dog: Jazzy, DRB 🦿 10:00 Chair Exercise, DRB 🗣️ 10:30 Catholic Eucharist & Prayers, GR 🗣️ 10:30 What's in the News & Daily Chronicles, DRB 🗣️ 1:30 Happy Birthday Susan D. Social!, DR ♥ 2:30 Therapy Dog: Charlie, GR 🗣️ 6:00 Wednesday Night Musicals, BTA	23 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB ♥ 10:30 White Oaks Bell Choir & Chorus, GR 🗣️ 1:30 Art for Everyone! Make a Mr. Grasshead!, GR 🗣️ 2:30 Karaoke Sing-A-Long, GR 🗣️ 6:00 Sitcom Classics, BTA	24 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Brain Games! Riddle Me this, DRB 🗣️ 1:30 Friday Fun & Games: Mixed Up Cocktails Puzzle, DR 🗣️ 2:30 Music Appreciation: Nat King Cole- Unforgettable., GR 🗣️ 6:00 Friday Funnies, BTA	25 🦿 9:30 Saturday Sit and Stretch, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Chat and Color, GR 🗣️ 1:30 Lucky Leprechaun Bingo, DR 🗣️ 2:30 Saturday Matinee: Mama Mia, BTA 🗣️ 6:00 Hallmark Movies, BTA
26 🦿 9:30 Catholic Mass on TV, FTA 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Biography: Diana Ross, DRB 🗣️ 1:30 Sunday Coffee Klatch, DR 🗣️ 2:30 Armchair Travels: Spain, GR 🗣️ 6:00 Sunday Night Movie, BTA	27 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Fun Facts: Singing In the Rain, DRB 🗣️ 1:30 Happy 101st Birthday Jeannie Social!, DR 🗣️ 2:30 Lucky Leprechaun Bingo, DR 🗣️ 6:00 Monday Night Movie, BTA	28 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 March IQ, DRB 🗣️ 1:00 Outing: Looking For Signs Of Spring Scenic Drive!, FF 🗣️ 3:30 iN2L Games: Trivia, GR 🗣️ 6:00 Classic Movie Night, BTA	29 ♥ 9:30 Therapy Dog: Jazzy, DRB 🦿 10:00 Chair Exercise, DRB 🗣️ 10:30 What's in the News & Daily Chronicles, DRB 🗣️ 1:30 Songs from the Heart, GR ♥ 2:30 Therapy Dog: Charlie, GR 🗣️ 6:00 Wednesday Night Musicals, BTA	30 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB ♥ 10:30 White Oaks Bell Choir & Chorus, GR 🗣️ 1:30 White Board Puzzles: A Pint of "Ale", DR 🗣️ 2:30 Entertainer: Jane Allyson Sings Broadway, DRB 🗣️ 6:00 Sitcom Classics, BTA	31 🦿 9:30 Chair Exercise, DRB 🗣️ 10:00 What's in the News & Daily Chronicles, DRB 🗣️ 10:30 Resident Council Meeting, DRB 🗣️ 1:30 Friday Fun & Games: Spring Flower Spelling Bee, DR 🗣️ 2:30 Music Appreciation: Happy Birthday Celine Dion, GR 🗣️ 6:00 Friday Funnies, BTA	DIMENSIONS OF WELLNESS  Activities are subject to change. If you would like to see an activity/service on the calendar, please see Doris or Deb.