







February 2023 - White Oaks at McHenry

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			<p>♥ 9:30 Therapy Dog: Jazzy, DRB</p> <p>🦿 10:00 Chair Exercise, DRB</p> <p>📺 10:30 What's in the News & Daily Chronicles, DRB</p> <p>📺 1:30 Three of A Kind, GR</p> <p>♥ 2:30 Therapy Dog: Charlie, GR</p> <p>🎭 6:00 Wednesday Night Musicals, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>♥ 10:30 White Oaks Bell Choir & Chorus, GR</p> <p>🎨 1:30 Art for Everyone! Heart Wreath, GR</p> <p>📺 2:30 Groundhog Day Facts & Trivia, GR</p> <p>🎭 6:00 Sitcom Classics, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 February IQ, DRB</p> <p>🎮 1:30 Friday Fun & Games: Pictionary, DR</p> <p>📺 2:30 Music Appreciation: Remembering Classic Love Songs, GR</p> <p>🎭 6:00 Friday Funnies, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>🎮 10:30 Craft Club, GR</p> <p>📺 1:30 Candy Heart Bingo, DR</p> <p>🎭 2:30 Saturday Matinee: Gone with the Wind, BTA</p> <p>🎭 6:00 Hallmark Movies, BTA</p>
5	6	7	8	9	10	11
<p>🦿 9:30 Catholic Mass on TV, FTA</p> <p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 On This Day: Reader's Digest, DRB</p> <p>📺 1:00 Alliance Bible Church Service, DR</p> <p>🎂 1:30 Happy Birthday Barb C. & Willafried Social!, DR</p> <p>📺 2:30 Armchair Travels: Paris, The City of Love, GR</p> <p>🎭 6:00 Sunday Night Movie, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 History of the Postal Service, DRB</p> <p>🎮 1:30 Candy Heart Bingo, DR</p> <p>📺 2:30 Can You See the Big Picture?, GR</p> <p>🎭 6:00 Monday Night Movie, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Brain Games! What Am I?, DRB</p> <p>🎭 1:00 Outing: Around the Clock for Pie, FF</p> <p>📺 3:30 Opposites: True or False?, GR</p> <p>🎭 6:00 Classic Movie Night, BTA</p>	<p>♥ 9:30 Therapy Dog: Jazzy, DRB</p> <p>🦿 10:00 Chair Exercise, DRB</p> <p>📺 10:30 Catholic Eucharist & Prayers, GR</p> <p>📺 10:30 What's in the News & Daily Chronicles, DRB</p> <p>📺 1:30 White Board Puzzles: Secret Pie Quote, DRB</p> <p>📺 2:30 Entertainer: Heather B. "That's Amore", DRB</p> <p>🎭 6:00 Wednesday Night Musicals, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>♥ 10:30 White Oaks Bell Choir & Chorus, GR</p> <p>🎨 1:30 Art for Everyone! Pom Pom Painted Hearts, GR</p> <p>📺 2:30 Spelling Bee Challenge, GR</p> <p>🎭 6:00 Sitcom Classics, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Brain Games! Funny Fabled Headlines, DRB</p> <p>🎂 1:30 Happy Birthday Laura & Willie Social!, DR</p> <p>📺 2:30 Music Appreciation: Name That Instrument, GR</p> <p>🎭 6:00 Friday Funnies, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>🎮 10:30 Craft Club, GR</p> <p>📺 1:30 Candy Heart Bingo, DR</p> <p>🎭 2:30 Saturday Matinee: Some Like It Hot, BTA</p> <p>🎭 6:00 Hallmark Movies, BTA</p>
12	13	14	15	16	17	18
<p>🦿 9:30 Catholic Mass on TV, FTA</p> <p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Romances to Remember, DRB</p> <p>🎂 1:30 Happy Birthday Eunice K. Social!, DR</p> <p>📺 2:30 Armchair Travels: Arizona, GR</p> <p>📺 5:30 Super Bowl LVII, FTA</p> <p>🎭 6:00 Sunday Night Movie, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Fun Facts: The History of Valentine's Day, DRB</p> <p>🎮 1:30 Candy Heart Bingo, DR</p> <p>📺 2:30 Name That Postal Love Song!, GR</p> <p>🎭 6:00 Monday Night Movie, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Love is in the Air Trivia, DRB</p> <p>📺 1:30 White Board Puzzles: Category Puzzle HEART, DRB</p> <p>📺 2:30 Entertainer: Bonnie of the Piano "Sing-A-Long Love Songs", DRB</p> <p>🎭 6:00 Classic Movie Night, BTA</p>	<p>♥ 9:30 Therapy Dog: Jazzy, DRB</p> <p>🦿 10:00 Chair Exercise, DRB</p> <p>📺 10:30 What's in the News & Daily Chronicles, DRB</p> <p>🎂 1:30 Happy Birthday Nancy M. Social!, DR</p> <p>♥ 2:30 Therapy Dog: Charlie, GR</p> <p>🎭 6:00 Wednesday Night Musicals, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>♥ 10:30 White Oaks Bell Choir & Chorus, GR</p> <p>🎨 1:30 Art for Everyone! Pine Cone Bird Feeders, GR</p> <p>📺 2:30 Logic It Out!, GR</p> <p>🎭 6:00 Sitcom Classics, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Brain Games! Delivering "Mail", DRB</p> <p>🎮 1:30 Friday Fun & Games: Category Puzzle, DR</p> <p>📺 2:30 Music Appreciation: Guess the Love Song, GR</p> <p>🎭 6:00 Friday Funnies, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>🎮 10:30 Craft Club, GR</p> <p>📺 1:30 Candy Heart Bingo, DR</p> <p>🎭 2:30 Saturday Matinee: You've Got Mail, BTA</p> <p>🎭 6:00 Hallmark Movies, BTA</p>
19	20	21	22	23	24	25
<p>🦿 9:30 Catholic Mass on TV, FTA</p> <p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Biography: Smokey Robinson, DRB</p> <p>🎂 1:30 Happy Birthday Florence Social!, DR</p> <p>📺 2:30 First Lady Trivia, GR</p> <p>🎭 6:00 Sunday Night Movie, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 Non-Denominational Service with Chaplain Bruce, DRB</p> <p>📺 10:30 What's in the News & Daily Chronicles, DRB</p> <p>🎮 1:30 Candy Heart Bingo, DR</p> <p>📺 2:30 Presidents' Day Guess-A-Letter, GR</p> <p>🎭 6:00 Monday Night Movie, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Mardi Gras: Let the Good Times Roll!, DRB</p> <p>🎭 1:30 Fat Tuesday Paczki Party!, DR</p> <p>📺 3:30 Common Sayings Challenge, GR</p> <p>🎭 6:00 Classic Movie Night, BTA</p>	<p>♥ 9:30 Therapy Dog: Jazzy, DRB</p> <p>🦿 10:00 Chair Exercise, DRB</p> <p>📺 10:30 Catholic Eucharist & Prayers, GR</p> <p>📺 10:30 What's in the News & Daily Chronicles, DRB</p> <p>📺 1:30 Journaling with Nadine, GR</p> <p>♥ 2:30 Therapy Dog: Charlie, GR</p> <p>🎭 6:00 Wednesday Night Musicals, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>♥ 10:30 White Oaks Bell Choir & Chorus, GR</p> <p>🎨 1:30 Art for Everyone! Geometric Canvas Painting, GR</p> <p>📺 2:30 Karaoke Sing-A-Long, GR</p> <p>🎭 6:00 Sitcom Classics, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Resident Council Meeting, DRB</p> <p>🎮 1:30 Friday Fun & Games: Signed, Sealed & Sent Where?, DR</p> <p>📺 2:30 Music Appreciation: Everly Brothers, GR</p> <p>🎭 6:00 Friday Funnies, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>🎮 10:30 Craft Club, GR</p> <p>📺 1:30 Candy Heart Bingo, DR</p> <p>🎭 2:30 Saturday Matinee: Funny Girl, BTA</p> <p>🎭 6:00 Hallmark Movies, BTA</p>
26	27	28	29	30	MEETING PLACES	DIMENSIONS OF WELLNESS
<p>🦿 9:30 Catholic Mass on TV, FTA</p> <p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Biography: Johnny Cash, DRB</p> <p>🎂 1:30 Happy Birthday Dorothy Hi. & Tony W. Social!, DR</p> <p>📺 2:30 Armchair Travels: Italy, GR</p> <p>🎭 6:00 Sunday Night Movie, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Poetry Corner: Henry Wadsworth Longfellow, DRB</p> <p>🎮 1:30 Candy Heart Bingo, DR</p> <p>📺 2:30 Family Feud!, GR</p> <p>🎭 6:00 Monday Night Movie, BTA</p>	<p>🦿 9:30 Chair Exercise, DRB</p> <p>📺 10:00 What's in the News & Daily Chronicles, DRB</p> <p>📺 10:30 Brain Games! Finish the Phrase, DRB</p> <p>🎭 1:00 Outing: Scenic Drive, FF</p> <p>📺 3:30 Total Recall Game, GR</p> <p>🎭 6:00 Classic Movie Night, BTA</p>			<p>DRB - Dining Room B</p> <p>GR - The Gathering Room</p> <p>BTA - Back TV Area</p> <p>DR - Dining Room</p> <p>FTA - Front TV Area</p> <p>FF - Front Fireplace</p> <p align="center"></p> <p>Wellness checks are conducted the 1st-5th of every month by nursing.</p>	<p>Physical</p> <p>Spiritual</p> <p>Vocational</p> <p>Intellectual</p> <p>Emotional</p> <p>Environmental</p> <p>Social</p> <p>Activities are subject to change. If you would like to see an activity/service on the calendar, please see Doris or Deb.</p>