



If you would like an activity/service not reflected on the calendar, please see RSC/Administrator.
 Monthly wellness checks conducted by nursing the 1st thru the 10th.
 Activities are subject to change.

VALENTINE'S DAY

FEBRUARY 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

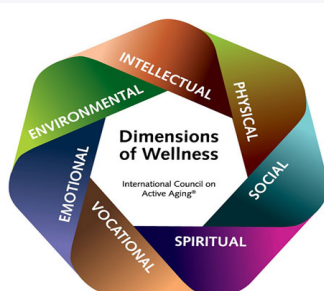
- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- AR** Activity Room
- ML** Main Lobby
- GS** General Store
- DR** Dining Room
- B** Bistro
- A** Your Apartment
- ECS** Elevator Common Space

Please sign up at the front desk for all outings on the bus, as there is limited space!!

Beauty Shop is open on Thursdays from 9-4. Schedule your appointment with the Reception Desk.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		01 10:00 Cardio Drumming AR 02:00 Shopping: Walmart ML	02 08:30 Dr Appointment Day ML 01:00 Card Games AR 03:00 General Store Open GS	03 10:00 Balloon Toss Exercise AR 01:00 Resident Council DR 02:00 Bingo Game DR 03:30 Gentleman's Coffee B	04 10:00 General Store Open GS 01:00 Ice Cream Shop B 03:00 Karaoke Hour B	05 10:00 Independent Exercise A 02:00 BINGO DR 03:30 General Store Open AR
06 09:00 Religious Service Listing A 01:00 Relaxation at Home A 03:00 Church Service with Pastor Gary and Jill Cave DR	07 10:30 Craft Class AR 02:00 Card Lotto Game DR 03:30 Ladies Tea B	08 10:00 Cardio Drumming AR 02:00 Shopping: Walmart ML	09 08:30 Dr Appointment Day ML 01:00 Card Games AR 03:00 General Store Open GS	10 10:00 Balloon Toss Exercise AR 02:00 Bingo Game DR 03:30 Gentleman's Coffee B	11 10:00 General Store Open GS 01:00 Ice Cream Shop B 03:00 Price is Right Game AR	12 10:00 Independent Exercise A 02:00 BINGO DR 03:30 General Store Open AR
13 09:00 Religious Service Listing A 10:00 Church Service with Miss Toni DR 01:00 Relaxation at Home A	Valentine's Day 14 10:30 Craft Class AR 01:30 Discovery Series with Therapy B 02:00 Card Lotto Game DR 03:30 Ladies Tea B	15 10:00 Cardio Drumming AR 02:00 Shopping: Walmart ML	16 08:30 Dr Appointment Day ML 01:00 Card Games AR 03:00 General Store Open GS	17 10:00 Balloon Toss Exercise AR 02:00 Bingo Game DR 03:30 Gentleman's Coffee B	18 10:00 General Store Open GS 01:00 Ice Cream Shop B 03:00 Karaoke Hour B	19 10:00 Independent Exercise A 02:00 BINGO DR 03:30 General Store Open AR
20 09:00 Religious Service Listing A 01:00 Relaxation at Home A 03:00 Church Service with Sister Jan Wray DR	Washington's Birthday 21 10:30 Craft Class AR 02:00 Card Lotto Game DR 03:30 Ladies Tea B	22 10:00 Cardio Drumming AR 02:00 Shopping: Walmart ML	23 08:30 Dr Appointment Day ML 01:00 Card Games AR 03:00 General Store Open GS	24 10:00 Balloon Toss Exercise AR 02:00 Bingo Game DR 03:30 Gentleman's Coffee B	25 10:00 General Store Open GS 01:00 Ice Cream Shop B 03:00 Hit It To Win It ECS	26 10:00 Independent Exercise A 02:00 BINGO DR 03:30 General Store Open AR
27 09:00 Religious Service Listing A 10:00 Church Service with Miss Toni DR 01:00 Relaxation at Home A 03:00 Church Service with Pastor Gary and Jill Cave DR	28 10:30 Craft Class AR 02:00 Card Lotto Game DR 03:30 Ladies Tea B					