



If you would like an activity/service not reflected on the calendar, please see RSC/Administrator.
 Monthly wellness checks conducted by nursing the 1st thru the 10th.
 Activities are subject to change.

HAPPY HALLOWEEN



OCTOBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- Dimensions of Wellness**
- Physical
 - Spiritual
 - Social
 - Intellectual
 - Nutritional
 - Purposeful

- Meeting Places**
- GP** Gathering Place
 - ML** Main Lobby
 - DR** Dining Room
 - GS** General Store
 - B** Bistro
 - A** Your Apartment
 - AR** Activity Room
 - PL** Parking Lot
 - Pat** Patio

Salon is open Fridays from 9-4. Schedule your appointments' with the front desk.

Please sign up at the front desk for all outings on the bus, as there is limited space!!



| Dimensions of Wellness | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------------|---|---|--|--|--|---|--|
| | Halloween Oct 31 09:00 Religious Service Listing A 01:00 Relaxation at Home: Meditation & Breathing A 02:30 Play Cards DR | | | | Open to the Public Join us for our first ever trunk or treat in the parking lot!! Bring all of the littles!! Friday, October 29th 5-7pm | 01 10:00 General Store Open GS 01:00 Ice Cream Shop B 03:00 Karaoke Hour B 05:30 Happy Hour B | 02 10:00 Independent Exercise A 01:00 Board Games AR 02:00 BINGO DR 03:00 Play Cards AR |
| | 03 09:00 Religious Service Listing A 01:00 Relaxation at Home: Meditation & Breathing A 02:30 Play Cards DR 03:00 Church Service with Pastor Gary and Jill Cave DR | 04 09:30 General Store Open GS 10:45 Lunch at Max & Erma's and Appleworks ML 02:00 Card Lotto Game DR | 05 10:00 Chair Exercise AR 10:30 Fall Craft Class AR 02:00 Shopping Trip: Walmart ML | 06 08:30 Dr Appointment Day ML 10:00 Morning Movie: The Hero GP 01:00 Card Games AR 02:00 Bible Discussion GP | 07 09:30 Shopping Trip: Rural King ML 10:15 Bookmobile PL 01:00 Resident Council DR 02:00 Bingo Game DR 03:30 Chair Exercise AR | 08 10:00 General Store Open GS 01:00 Ice Cream Shop B 02:30 Price is Right AR | 09 10:00 Independent Exercise A 01:00 Board Games AR 02:00 BINGO DR 03:00 Play Cards AR |
| | 10 09:00 Religious Service Listing A 01:00 Relaxation at Home: Meditation & Breathing A 02:30 Play Cards DR | Columbus Day 11 09:30 General Store Open GS 02:00 Card Lotto Game DR | 12 10:00 Chair Exercise AR 10:30 Cooking with Kelly AR 02:00 Shopping Trip: Walmart ML | 13 08:30 Dr Appointment Day ML 10:00 Morning Movie: Going in Style GP 01:00 Card Games AR 02:00 Bible Discussion GP | 14 02:00 Bingo Game DR 03:30 Chair Exercise AR | 15 10:00 General Store Open GS 01:00 Ice Cream Shop B 03:00 Karaoke Hour B | 16 10:00 Independent Exercise A 01:00 Board Games AR 02:00 BINGO DR 03:00 Play Cards AR |
| | 17 09:00 Religious Service Listing A 01:00 Relaxation at Home: Meditation & Breathing A 02:30 Play Cards DR 03:00 Church Service with Sister Jan Wray DR | 18 09:30 General Store Open GS 10:30 Lunch at Hard Truth Hills and Brown County Drive ML 02:00 Bingo with Donna from Hospice DR 03:00 Card Lotto Game DR | 19 10:00 Chair Exercise AR 10:30 Fall Craft Class AR 02:00 Shopping Trip: Walmart ML | 20 08:30 Dr Appointment Day ML 10:00 Morning Movie: The Age of Adaline GP 01:00 Card Games AR 02:00 Bible Discussion GP | 21 09:30 Shopping Trip: Hobby Lobby ML 01:00 Birthday Party DR 02:00 Bingo Game DR 03:30 Chair Exercise AR | 22 10:00 General Store Open GS 01:00 Ice Cream Shop B 02:30 Hit it to Win it AR 05:30 Happy Hour B | 23 10:00 Independent Exercise A 01:00 Board Games AR 02:00 BINGO DR 03:00 Play Cards AR |
| | 24 09:00 Religious Service Listing A 01:00 Relaxation at Home: Meditation & Breathing A 02:30 Play Cards DR 03:00 Church Service with Pastor Gary and Jill Cave DR | 25 09:30 General Store Open GS 10:00 Brunch at the Hangar ML 02:00 Card Lotto Game DR | 26 10:00 Chair Exercise AR 10:30 Cooking with Kelly AR 02:00 Shopping Trip: Walmart ML | 27 08:30 Dr Appointment Day ML 10:00 Morning Movie: The War with Grandpa GP 01:00 Card Games AR 02:00 Bible Discussion GP | 28 09:30 Shopping Trip: Dollar Tree ML 02:00 Bingo Game DR 03:30 Chair Exercise AR | 29 10:00 General Store Open GS 01:00 Ice Cream Shop B 03:00 Fall Painting with Jennifer AR 05:00 Trunk or Treat PL | 30 10:00 Independent Exercise A 01:00 Board Games AR 02:00 BINGO DR 03:00 Play Cards AR |