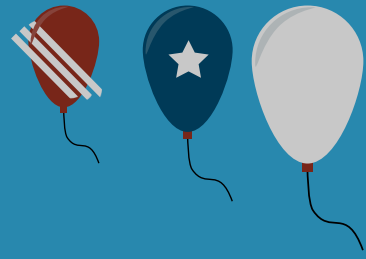


If you would like an activity/service not reflected on the calendar, please see RSC/Administrator.

Monthly wellness checks conducted by nursing the 1st thru the 10th.

Activities are subject to change.



HAPPY LABOR DAY



SEPTEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



NATIONAL ASSISTED LIVING WEEK
SEPTEMBER 12-18, 2021



Sunday, September 12th

01

10:00 Play Jenga
01:00 Euchre
02:00 Bible Discussion
03:00 Skip-Bo Game

AR
AR
GP
A

02

10:00 Chair Exercise
01:00 Resident Council
02:00 Bingo Game
03:30 Shopping Trip: Dollar Tree

AR
DR
DR
ML

03

10:00 General Store Open
02:00 Ice Cream Shop
03:30 Magnet Making
05:30 Happy Hour

GS
B
AR
B

04

10:00 Independent Exercise
01:00 Board Games
03:00 Play Cards

A
DR
DR

Dimensions of Wellness

- Physical
- Spiritual
- Social
- Intellectual
- Nutritional
- Purposeful

Meeting Places

- Gathering Place
- Main Lobby
- Activity Room
- Your Apartment
- Dining Room
- General Store
- Bistro
- Parking Lot
- Patio
- Elevator Common Space

Salon is open Fridays from 9-4. Schedule your appointments' with the front desk.

Please sign up at the front desk for all outings on the bus, as there is limited space!!

05

09:00 Religious Service Listing
01:00 Relaxation at Home: Meditation & Breathing
02:30 Play Cards

A
A
DR

Labor Day

06

10:00 Labor Day Packet
02:00 Card Lotto Game
03:00 Afternoon Movie: Going in Style

A
DR
GP

07

10:00 Chair Exercise
01:00 Shopping Trip: Walmart
03:00 Wreath Making with Kay

AR
ML
AR

08

10:00 Play Jenga
01:00 Euchre
02:00 Bible Discussion
03:00 Skip-Bo Game

AR
AR
GP
A

09

10:00 Chair Exercise
10:15 Bookmobile
01:00 Birthday Party
02:00 Bingo Game

AR
PL
DR
DR

10

10:00 General Store Open
10:45 Lunch at Texas Roadhouse
02:00 Ice Cream Shop
03:00 Karaoke

GS
ML
B
B

11

10:00 Independent Exercise
01:00 Board Games
03:00 Play Cards

A
DR
DR

12

09:00 Religious Service Listing
01:00 Relaxation at Home: Meditation & Breathing
02:30 Play Cards

A
A
DR

13

09:30 General Store Open
11:00 Lunch in the Park
02:00 Card Lotto Game
03:00 Planting Seeds
05:30 Movie Night: Queen Bees

GS
ML
DR
Pat
GP

14

10:00 Chair Exercise
10:30 Gardening with Management
01:00 Shopping Trip: Kroger
03:30 Price is Right Game

AR
Pat
ML
AR

15

10:00 Play Jenga
01:00 Euchre
02:00 Bible Discussion
03:00 Skip-Bo Game
05:00 Family Night

AR
AR
GP
A
PL

16

10:00 Chair Exercise
10:30 Hallway Games
02:00 Bingo Game
03:30 Shopping Trip: Big Lots

AR
ECS
DR
ML

17

10:00 General Store Open
02:00 Ice Cream Shop
03:30 Rock Painting
05:30 Happy Hour

GS
B
AR
B

18

10:00 Independent Exercise
01:00 Board Games
03:00 Play Cards

A
DR
DR

19

09:00 Religious Service Listing
01:00 Relaxation at Home: Meditation & Breathing
02:30 Play Cards

A
A
DR

20

09:30 General Store Open
10:45 Lunch at Chicago's Pizza
02:00 Bingo with Donna from Hospice
02:00 Card Lotto Game
05:30 Movie Night: The Hero

GS
ML
DR
DR
GP

21

10:00 Chair Exercise
01:00 Shopping Trip: Walmart
03:30 Hit It To Win It

AR
ML
ECS

22

10:00 Play Jenga
01:00 Euchre
02:00 Bible Discussion
03:00 Skip-Bo Game

AR
AR
GP
A

23

10:00 Chair Exercise
02:00 Bingo Game
03:30 Make Greeting Cards

AR
DR
AR

24

09:30 Let's Go Fishing!!
10:00 General Store Open
02:00 Ice Cream Shop
03:00 Karaoke

ML
GS
B
B

25

10:00 Independent Exercise
01:00 Board Games
03:00 Play Cards

A
DR
DR

26

09:00 Religious Service Listing
01:00 Relaxation at Home: Meditation & Breathing
02:30 Play Cards

A
A
DR

27

09:30 General Store Open
10:45 Lunch at Montana Mikes
02:00 Card Lotto Game
05:30 Movie Night: The Intern

GS
ML
DR
GP

28

10:00 Chair Exercise
01:00 Shopping Trip: Kroger
03:30 Diamond Art

AR
ML
AR

29

10:00 Play Jenga
01:00 Euchre
02:00 Bible Discussion
03:00 Skip-Bo Game

AR
AR
GP
A

30

10:00 Chair Exercise
02:00 Bingo Game
03:30 Shopping Trip: Target

AR
DR
ML

Open to the Public:
Join us for Ice Cream and get the scoop on ViVera!!
Friday, September 10th, 1-3pm