

All activities are subjected to change, for questions or to add an activity please contact the Activity Department at extension 1007. Thank you

VALENTINE'S DAY

FEBRUARY 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



All small group activities must be signed up for, call reception to be put on the list.

Dimensions of Wellness

- Physical
- Spiritual
- Social
- Intellectual
- Nutritional
- Purposeful

Meeting Places

- A** Your Apartment
- GP** Gathering Place
- TR** Theater Room
- ML** Main Lobby
- DR** Dinning Room
- HC** Hall Cart
- AR** Activity Room
- GS** General Store
- B** Bistro

Please Speak with Activities or Reception to help set up family visits. You must be off quarantine.

When out of your room, please wear a mask and wash your hands

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01	02	03	04	05	06
	09:00a Ground Hog Day Vote DR 09:00a Independent Chair Exercise A 03:00p Small Group Bingo DR	10:00a Word Play: Word/Letter Puzzle Packets A 02:00p Snack Cart HC 05:00p Movie Night: Ground Hog Day TR	09:00a Small Group Chair Exercise GP 11:00a Small Group/TOGO Craft: Valentine Day Cards AR 02:00p Snack to Your Door HC	09:00a Indoor Family Visits: MUST SIGN UP ML 09:00a Library cart HC 03:00p My Life Story: Biography Project A	10:00a General Store Open GS 02:00p Indoor Family Visits: MUST SIGN UP ML 03:00p Weekend Packet-Passed Out A	08:00a Work on Weekend Packet A 09:00a Independent Chair Exercise A 02:00p Quarantine Pen Pals A
07	08	09	10	11	12	13
07:00a Religious Service Listing A 10:00a Coloring Collection A 11:30a Super Bowl Grab Bag ML 06:30p Super Bowl Begins A	09:00a Independent Chair Exercise A 11:30a Independent Card Games A 01:00p Building Yahtzee: Round 1&2 A	09:30a Word Play: Word/Letter Puzzle Packets A 10:00a General Store Open GS 11:00a Dice Games at Home A 03:00p General Store ToGo HC	09:00a Small Group Chair Exercise GP 10:00a Independent Card Games A 01:00p Small Group Craft: Heart Door Decor DR 02:00p Resident Council DR	09:30a Chinese New Year: History Hand out A 01:00p Activity Cart: Origami Paper Art HC 03:30p Fun with Mad-Libs A	10:00a Heart BINGO-Small Group DR 01:00p Valentine's Day Photo Booth GP 02:00p Cupid Cupcake Party- ToGo DR 03:00p Weekend Packet-Passed Out A	09:00a Family Weekend Visits ML 09:00a Independent Chair Exercise A 02:00p Quarantine Pen Pals A
14	15	16	17	18	19	20
Valentine's Day	Washington's Birthday					
07:00a Religious Service Listing A 11:00a Relaxation at Home: Meditation & Breathing A 11:30a Coloring Collection A	09:00a Independent Chair Exercise A 10:00a Presidents Day Trivia GP 11:30a Independent Card Games A 01:00p Presidents Day Coloring Pages A	10:00a Word Play: Word/Letter Puzzle Packets A 12:00p Mardi Gras Themed Lunch and Photo Booth GP 01:00p Activity Cart: Pick Your Project HC 03:00p Fat Tuesday- King B	09:00a Small Group Chair Exercise TR 10:30a Building Yahtzee: Round 3&4 A 03:00p Independent Card Games A	10:30a My Life Story: Biography Project A 01:00p Poetry Pass outs A 04:30p Sentimental Serenity: Scenes Across the Land GP	10:00a General Store Open GS 10:30a Building Yahtzee: Round 5&6 A 03:00p Weekend Packet-Passed Out A	08:00a Work on Weekend Packet A 09:00a Independent Chair Exercise A 02:00p Quarantine Pen Pals A
21	22	23	24	25	26	27
07:00a Religious Service Listing A 11:00a Relaxation at Home: Meditation & Breathing A 11:30a Coloring Collection A	09:00a Independent Chair Exercise A 11:30a Independent Card Games A 02:00p Building Yahtzee: Round 7&8 A	10:00a General Store Open GS 10:00a Word Play: Word/Letter Puzzle Packets A 01:00p Dice Games at Home A 03:00p General Store ToGo HC	09:00a Small Group Chair Exercise GP 10:00a Independent Card Games A 11:00a Indoor Family Visits: MUST SIGN UP ML 02:00p Small Group Bingo DR	09:30a Chinese New year: History and Readings A 02:00p Building Yahtzee: Round 9&10 A 03:30p Fun with Mad-Libs A	10:00a Book Mobile ML 01:00p Indoor Family Visits: MUST SIGN UP ML 03:00p Weekend Packet-Passed Out A	08:00a Work on Weekend Packet A 09:00a Independent Chair Exercise A 02:00p Quarantine Pen Pals A
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07:00a Religious Service Listing A 11:00a Relaxation at Home: Meditation & Breathing A 11:30a Coloring Collection A	Check Columbus Saturday paper for more religious service listings and times	<u>Religious Service listings:</u> First Christian Church: Online on FCCOC.org or on the Radio 91.1 FM 11:30-12pm North Christian Church: Follow on Facebook and Youtube for online services.		Please schedule a daily walk with Peyton in activities or Donna at the front desk. Lets get out and explore		Resident Council is for everyone to participate. A survey will be shared with everyone who is unable to attend because they are finishing their quarantine.