

APRIL 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- B** Bistro
- ML** Main Lobby
- ECS** Elevator Common Space
- AR** Activity Room
- GS** General Store
- DR** Dining Room
- DR** Dinning Room
- A** Your Apartment
- PL** Parking Lot

If you would like an activity or service that is not listed on the calendar, please see the RSC/ Administrator. Monthly wellness checks are conducted by nursing the 1st through the 10th. Activities are subject to change!

The Beauty Shop is open on Monday's 10am-5pm and Thursdays 9am-1pm, sign up at the front desk to make your appointment!

Please sign up at the Front Desk for all outings on the bus, as there is limited space!



	<p>01</p> <p>10:30 Lunch at Culvers ML 2:00 Hit It To Win It ECS 3:00 Cooking Social AR</p>	<p>02</p> <p>10:00 Shopping: Walmart ML 1:00 Shopping: Walmart ML 3:00 Pop in for Popcorn B 4:00 General Store Open GS 4:00 Noodle Ball AR</p>	<p>03</p> <p>8:30 Dr Appointment Day ML 10:30 Coffee and Conversation B 1:00 Crafts with Toni AR 1:15 Wednesday Walker Club! ECS</p>	<p>04</p> <p>8:30 Dr. Appointment ML 10:30 Cardio Drumming! AR 1:30 Resident Council DR 2:00 BINGO DR 3:00 Crafts with Jessica & Shirley AR</p>	<p>05</p> <p>10:00 General Store Open GS 10:00 Noodle Ball AR 1:00 Ice Cream Shop with Birthday's B 1:30 Euchre! DR 3:00 Happy Hour W/ Music B</p>	<p>06</p> <p>10:00 Coloring Book Social! AR 2:00 BINGO DR 6:30 Assorted Game Time AR</p>
<p>07</p> <p>9:00 Religious Service Listing A 1:00 Relaxation at Home A 1:30 The Columbus Bible Methodist Church service and live music DR</p>	<p>08</p> <p>2:00 Hit It To Win It ECS 2:30 Eclipse Solarbration PL</p>	<p>09</p> <p>10:00 Shopping: Walmart ML 1:00 Shopping: Walmart ML 2:00 Mill Race Center coming in for craft sign up only AR 3:00 Pop in for Popcorn B 4:00 General Store Open GS 4:00 Noodle Ball AR</p>	<p>10</p> <p>8:30 Dr Appointment Day ML 9:30 Discovery Series with Therapy B 10:30 Coffee and Conversation B 1:00 Crafts with Toni AR 1:15 Wednesday Walker Club! ECS</p>	<p>11</p> <p>8:30 Dr. Appointment ML 10:30 Cardio Drumming! AR 2:00 BINGO DR 3:00 Crafts with Jessica & Shirley AR</p>	<p>12</p> <p>10:00 General Store Open GS 10:00 Noodle Ball AR 1:00 Ice Cream Shop B 1:30 Euchre! DR 3:00 Happy Hour W/ Music B</p>	<p>13</p> <p>10:00 Coloring Book Social! AR 2:00 BINGO DR 6:30 Assorted Game Time AR</p>
<p>14</p> <p>9:00 Religious Service Listing A 1:00 Relaxation at Home A 3:00 Church Service with Pastor Gary and Jill Cave DR</p>	<p>15</p> <p>10:30 Lunch @ Rhodes Diner ML 2:00 Hit It To Win It ECS 3:00 Mike and Vicki Live music B</p>	<p>16</p> <p>10:00 Shopping: Walmart ML 1:00 Shopping: Walmart ML 3:00 Pop in for Popcorn B 4:00 General Store Open GS 4:00 Noodle Ball AR</p>	<p>17</p> <p>8:30 Dr Appointment Day ML 10:30 Coffee and Conversation B 1:00 Crafts with Toni AR 1:15 Wednesday Walker Club! ECS</p>	<p>18</p> <p>8:30 Dr. Appointment ML 10:15 Book Mobile PL 10:30 Cardio Drumming! AR 2:00 BINGO DR 3:00 Crafts with Jessica & Shirley AR</p>	<p>19</p> <p>10:00 General Store Open GS 10:00 Noodle Ball AR 1:00 Ice Cream Shop B 1:30 Euchre! DR 3:00 Happy Hour W/ Music B</p>	<p>20</p> <p>10:00 Coloring Book Social! AR 2:00 BINGO DR 6:30 Assorted Game Time AR</p>
<p>21</p> <p>9:00 Religious Service Listing A 1:00 Relaxation at Home A 3:00 Church Service with Sister Jan Wray DR</p>	<p>22</p> <p>10:30 Lunch @ El Nopal Mexican Restaurant ML 2:00 Hit It To Win It ECS 3:00 Cooking Social AR</p>	<p>23</p> <p>10:00 Shopping: Walmart ML 1:00 Shopping: Walmart ML 3:00 Pop in for Popcorn B 4:00 General Store Open GS 4:00 Noodle Ball AR</p>	<p>24</p> <p>8:30 Dr Appointment Day ML 10:30 Coffee and Conversation B 1:00 Crafts with Toni AR 1:15 Wednesday Walker Club! ECS</p>	<p>25</p> <p>8:30 Dr. Appointment ML 10:30 Cardio Drumming! AR 2:00 BINGO DR 3:00 Crafts with Jessica & Shirley AR</p>	<p>26</p> <p>10:00 General Store Open GS 10:00 Noodle Ball AR 1:00 Ice Cream Shop B 1:30 Euchre! DR 3:00 Happy Hour W/ Music B 7:00 Movie Night on the Big Screen DR</p>	<p>27</p> <p>10:00 Coloring Book Social! AR 2:00 BINGO DR 6:30 Assorted Game Time AR</p>
<p>28</p> <p>9:00 Religious Service Listing A 1:00 Relaxation at Home A 3:00 Church Service with Pastor Gary and Jill Cave DR</p>	<p>29</p> <p>10:30 Lunch @ AppleBee's ML 2:00 Hit It To Win It ECS 3:00 Cooking Social AR</p>	<p>30</p> <p>10:00 Shopping: Walmart ML 1:00 Shopping: Walmart ML 3:00 Pop in for Popcorn B 4:00 General Store Open GS 4:00 Noodle Ball AR</p>			<p>Michael W. 4/2 James T. 4/3 Dan M. 4/6 Larry W. 4/7 Steve W. 4/11 Billy B. 4/13 Shirley B. 4/13 Elizabeth N. 4/19</p>	<p>Candace C. 4/19 Margaret C. 4/20 Mary Jo B. 4/25 Mary B. 4/27 Edward L. 4/29</p>