

VALENTINE'S DAY

FEBRUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- B** Bistro
- DR** Dining Room
- AR** Activity Room
- GS** General Store
- ECS** Elevator Common Space
- DR** Dinning Room
- A** Your Apartment
- ML** Main Lobby

If you would like an activity or service that is not listed on the calendar, please see the RSC/ Administrator. Monthly wellness checks are conducted by nursing the 1st through the 10th. Activities are subject to change!

The Beauty Shop is open on Monday's 10am-5pm and Thursdays 9am-1pm, sign up at the front desk to make your appointment!

Please sign up at the Front Desk for all outings on the bus, as there is limited space!



<p>04</p> <p>9:00 Religious Service Listing A</p> <p>1:00 Relaxation at Home A</p> <p>1:30 The Columbus Bible Methodist Church service and live music DR</p>	<p>05</p> <p>10:30 meal outing: Montana Mikes ML</p> <p>2:00 Card Lotto Game DR</p> <p>3:00 Cooking Social AR</p>	<p>06</p> <p>10:00 Shopping: Walmart ML</p> <p>1:00 Pop in for Popcorn B</p> <p>1:00 Shopping: Walmart ML</p> <p>3:00 General Store Open GS</p> <p>3:00 Noodle Ball AR</p>	<p>07</p> <p>8:30 Dr Appointment Day ML</p> <p>1:00 Crafts with Toni AR</p> <p>1:15 Wednesday Walker Club! ECS</p>	<p>01</p> <p>10:30 Cardio Drumming! AR</p> <p>1:30 Resident Council DR</p> <p>2:30 BINGO DR</p> <p>3:30 Crafts with Jessica & Shirley AR</p>	<p>02</p> <p>10:00 General Store Open GS</p> <p>10:00 Noodle Ball AR</p> <p>1:00 Ice Cream Shop with Birthday's B</p> <p>1:30 Euchre! DR</p> <p>3:00 Hit It To Win It ECS</p>	<p>03</p> <p>10:00 Coloring Book Social! AR</p> <p>2:00 BINGO DR</p> <p>6:30 Assorted Game Time AR</p>	
<p>11</p> <p>9:00 Religious Service Listing A</p> <p>1:00 Relaxation at Home A</p> <p>3:00 Church Service with Pastor Gary and Jill Cave DR</p>	<p>12</p> <p>8:00 Meal Outing: Rhodes Family Diner ML</p> <p>2:00 Card Lotto Game DR</p> <p>3:00 Cooking Social AR</p>	<p>13</p> <p>10:00 Shopping: Walmart ML</p> <p>1:00 Pop in for Popcorn B</p> <p>1:00 Shopping: Walmart ML</p> <p>3:00 General Store Open GS</p> <p>3:00 Noodle Ball AR</p>	<p>Valentine's Day</p>	<p>14</p> <p>8:30 Dr Appointment Day ML</p> <p>9:30 Discovery Series with Therapy B</p> <p>1:00 Crafts with Toni AR</p> <p>1:15 Wednesday Walker Club! ECS</p> <p>2:00 Sweet Heart Dance DR</p>	<p>15</p> <p>10:30 Cardio Drumming! AR</p> <p>2:00 BINGO DR</p> <p>3:00 Crafts with Jessica & Shirley AR</p>	<p>16</p> <p>10:00 General Store Open GS</p> <p>10:00 Noodle Ball AR</p> <p>1:00 Ice Cream Shop B</p> <p>1:30 Euchre! DR</p> <p>3:00 Hit It To Win It ECS</p>	<p>17</p> <p>10:00 Coloring Book Social! AR</p> <p>2:00 BINGO DR</p> <p>6:30 Assorted Game Time AR</p>
<p>18</p> <p>9:00 Religious Service Listing A</p> <p>1:00 Relaxation at Home A</p> <p>3:00 Church Service with Sister Jan Wray DR</p>	<p>President's Day</p>	<p>19</p> <p>10:30 Meal outing: Edinburgh Diner ML</p> <p>2:00 Card Lotto Game DR</p> <p>3:00 Cooking Social AR</p>	<p>20</p> <p>10:00 Shopping: Walmart ML</p> <p>1:00 Pop in for Popcorn B</p> <p>1:00 Shopping: Walmart ML</p> <p>3:00 General Store Open GS</p> <p>3:00 Noodle Ball AR</p>	<p>21</p> <p>8:30 Dr Appointment Day ML</p> <p>1:00 Crafts with Toni AR</p> <p>1:15 Wednesday Walker Club! ECS</p>	<p>22</p> <p>10:30 Cardio Drumming! AR</p> <p>2:00 BINGO DR</p> <p>3:00 Crafts with Jessica & Shirley AR</p>	<p>23</p> <p>10:00 General Store Open GS</p> <p>10:00 Noodle Ball AR</p> <p>1:00 Ice Cream Shop B</p> <p>1:30 Euchre! DR</p> <p>3:00 Happy Hour W/ Music B</p>	<p>24</p> <p>2:00 BINGO DR</p> <p>6:30 Assorted Game Time AR</p>
<p>25</p> <p>9:00 Religious Service Listing A</p> <p>1:00 Relaxation at Home A</p> <p>3:00 Church Service with Pastor Gary and Jill Cave DR</p>	<p>26</p> <p>8:00 Meal Outing: The Hanger ML</p> <p>2:00 Card Lotto Game DR</p> <p>3:00 Cooking Social AR</p>	<p>27</p> <p>10:00 Shopping: Walmart ML</p> <p>1:00 Pop in for Popcorn B</p> <p>1:00 Shopping: Walmart ML</p> <p>3:00 General Store Open GS</p> <p>3:00 Noodle Ball AR</p>	<p>28</p> <p>8:30 Dr Appointment Day ML</p> <p>1:00 Crafts with Toni AR</p> <p>1:15 Wednesday Walker Club! ECS</p>	<p>29</p> <p>10:30 Cardio Drumming! AR</p> <p>2:00 BINGO DR</p> <p>3:00 Crafts with Jessica & Shirley AR</p>	<p><i>Happy Valentine's Day</i></p>		