



# HAPPY NEW YEAR



## JANUARY 2024

### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

#### Dimensions of Wellness

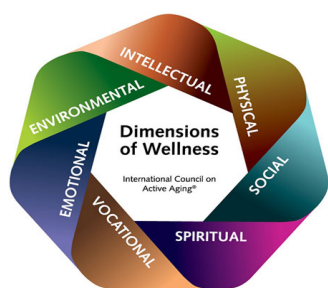
- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

#### Meeting Places

- ML** Main Lobby
- B** Bistro
- DR** Dining Room
- AR** Activity Room
- PL** Parking Lot
- GS** General Store
- ECS** Elevator Common Space
- DR** Dinning Room
- A** Your Apartment

The beauty shop is open on Monday's 10am -5pm and Thursday's 9am -1pm. Sign up at the front desk to make your appointment.

Please sign up at the front desk for all bus outings, as there is limited space.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Happy Birthday</b> Shirley S. 1/3 Patricia P. 1/13 Hazel B. 1/15 Betty D. 1/15 Jimmy F. 1/21 Carolyn J. 1/31 Lucy N. 1/31	<b>New Year's Day 01</b>  Happy New Year!	<b>02</b> 10:00 Shopping: Walmart ML 1:00 Pop in for Popcorn B 1:00 Shopping: Walmart PL 3:00 General Store Open GS 3:00 Noodle Ball AR	<b>03</b> 8:30 Dr Appointment Day ML 1:00 Crafts with Toni AR 1:15 Wednesday Walker Club! ECS	<b>04</b> 10:00 Chair Yoga AR 1:30 Resident Council DR 2:30 BINGO DR 3:30 Crafts with Jessica & Shirley AR	<b>05</b> 10:00 General Store Open GS 10:00 Noodle Ball AR 1:00 Ice Cream Shop with Birthday's B 1:30 Euchre! DR 3:00 Hit It To Win It ECS	<b>06</b> 10:00 Coloring Book Social! AR 2:00 BINGO DR 6:30 Assorted Game Time AR
<b>07</b> 9:00 Religious Service Listing A 1:00 Relaxation at Home A 3:00 Church Service with Pastor Gary and Jill Cave DR	<b>08</b> 8:00 Meal Outing: Sun Shine Café ML 2:00 Card Lotto Game DR 3:00 Cooking Social AR	<b>09</b> 10:00 Shopping: Walmart ML 1:00 Pop in for Popcorn B 1:00 Shopping: Dollar Tree PL 3:00 General Store Open GS 3:00 Noodle Ball AR	<b>10</b> 8:30 Dr Appointment Day ML 9:30 Discovery Series with Therapy B 1:00 Crafts with Toni AR 1:15 Wednesday Walker Club! ECS	<b>11</b> 10:00 Chair Yoga AR 2:00 BINGO DR 3:00 Crafts with Jessica & Shirley AR	<b>12</b> 10:00 General Store Open GS 10:00 Noodle Ball AR 1:00 Ice Cream Shop B 1:30 Euchre! DR 3:00 New Years Extravaganza B	<b>13</b> 2:00 BINGO DR 6:30 Assorted Game Time AR
<b>14</b> 9:00 Religious Service Listing A 1:00 Relaxation at Home A	<b>Birthday of Martin Luther King, Jr. 15</b> 10:30 Meal Outing: Montana Mikes ML 2:00 Card Lotto Game DR 3:00 Cooking Social AR	<b>16</b> 10:00 Shopping: Walmart ML 1:00 Pop in for Popcorn B 1:00 Shopping: Walmart PL 3:00 General Store Open GS 3:00 Noodle Ball AR	<b>17</b> 8:30 Dr Appointment Day ML 1:00 Crafts with Toni AR 1:15 Wednesday Walker Club! ECS	<b>18</b> 10:00 Chair Yoga AR 2:00 BINGO DR 3:00 Crafts with Jessica & Shirley AR	<b>19</b> 10:00 General Store Open GS 10:00 Noodle Ball AR 1:00 Ice Cream Shop B 1:30 Euchre! DR 3:00 National Popcorn Day Taste a variety of popcorn B	<b>20</b> 10:00 Coloring Book Social! AR 2:00 BINGO DR 6:30 Assorted Game Time AR
<b>21</b> 9:00 Religious Service Listing A 1:00 Relaxation at Home A 3:00 Church Service with Sister Jan Wray DR	<b>22</b> 8:00 Meal Outing: IHOP ML 2:00 Card Lotto Game DR 3:00 Cooking Social AR	<b>23</b> 10:00 Shopping: Walmart ML 1:00 Pop in for Popcorn B 1:00 Shopping: Dollar Tree PL 3:00 General Store Open GS 3:00 Noodle Ball AR	<b>24</b> 8:30 Dr Appointment Day ML 1:00 Crafts with Toni AR 1:15 Wednesday Walker Club! ECS	<b>25</b> 10:00 Chair Yoga AR 11:15 Book Mobile! PL 2:00 BINGO DR 3:00 Crafts with Jessica & Shirley AR	<b>26</b> 10:00 General Store Open GS 10:00 Noodle Ball AR 1:00 Ice Cream Shop B 1:30 Euchre! DR 3:00 Happy Hour W/ Music B	<b>27</b> 2:00 BINGO DR 6:30 Assorted Game Time AR
<b>28</b> 9:00 Religious Service Listing A 1:00 Relaxation at Home A 3:00 Church Service with Pastor Gary and Jill Cave DR	<b>29</b> 10:30 Meal Outing: Captain D's ML 2:00 Card Lotto Game DR 3:00 Cooking Social AR	<b>30</b> 10:00 Shopping: Walmart ML 1:00 Pop in for Popcorn B 1:00 Shopping: Walmart PL 3:00 General Store Open GS 3:00 Noodle Ball AR	<b>31</b> 8:30 Dr Appointment Day ML 1:00 Crafts with Toni AR 1:15 Wednesday Walker Club! ECS			