VIVERA senior living COLUMBUS

HAPPY NEW YEAR

If you would like an activity or service that is not listed on the calendar, please see the RSC/ Administrator. Monthly wellness checks are conducted by nursing the 1st through the 10th. Activities are subject to change!

JANUARY 2023

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

Pat	Patio
AR	Activity Room
A	Your Apartment
B	Bistro
ECS	Elevator Common Space
ML	Main Lobby
GS	General Store
GP	Gathering Place
DR	Dining Room

The Beauty Shop is open on Thursdays from 10am-4:00pm, sign up at the front desk to make your appointment!

Please sign up at the Front Desk for all outings on the bus, as there is limited space!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
New Year's Day **01** 09:00 Religious Service Listing A 01:00 Relaxation at Home A 03:00 Church Service with Pastor Gary and Jill Cave DR	**02** 10:45 Lunch at Culvers Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	**03** 10:00 Horseshoes! ECS 01:00 Come Get Popcorn! B 02:00 Shopping: Walmart ML	**04** 08:30 Dr Appointment Day ML 01:00 Crafts with Toni AR 01:15 Wednesday Walker Club! ECS 03:00 General Store Open GS	**05** 10:00 Cup Pong! AR 01:00 Resident Council DR 02:00 Bingo Game DR 03:30 Bubble Painting! AR	**06** 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Hit It To Win It ECS 06:00 Bible Study with Darlene AR	**07** 10:00 Bible Study with Cynthia GP 02:00 BINGO DR
08 09:00 Religious Service Listing A 10:00 Church Service with Miss Toni DR 01:00 Relaxation at Home A	**09** 10:45 Lunch at Bob Evans Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	**10** 10:00 Horseshoes! ECS 01:00 Come Get Popcorn! B 02:00 Shopping: Walmart ML	**11** 08:30 Dr Appointment Day ML 09:30 Discovery Series with Therapy B 01:00 Crafts with Toni AR 01:15 Wednesday Walker Club! ECS 03:00 General Store Open GS	**12** 10:00 Cup Pong! AR 02:00 Bingo Game DR 03:30 Technology Lessons! AR	**13** 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Happy Hour and Cornhole! B 06:00 Bible Study with Darlene AR	**14** 10:00 Bible Study with Cynthia GP 02:00 BINGO DR
15 09:00 Religious Service Listing A 01:00 Relaxation at Home A 03:00 Church Service with Sister Jan Wray DR	Birthday of Martin Luther King, Jr. **16** 10:45 Lunch at Panda Express Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	**17** 10:00 Horseshoes! ECS 01:00 Come Get Popcorn! B 02:00 Shopping: Walmart ML	**18** 08:30 Dr Appointment Day ML 01:00 Crafts with Toni AR 01:15 Wednesday Walker Club! ECS 03:00 General Store Open GS	**19** 10:00 Cup Pong! AR 02:00 Bingo Game DR 03:30 Make a Snow Globe! AR	**20** 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Bowling at Columbus Bowling Center Pat 01:00 Ice Cream Shop B 06:00 Bible Study with Darlene AR	**21** 10:00 Bible Study with Cynthia GP 02:00 BINGO DR 06:30 Winter Wonderland Dance DR
22 09:00 Religious Service Listing A 10:00 Church Service with Miss Toni DR 01:00 Relaxation at Home A 03:00 Church Service with Pastor Gary and Jill Cave DR	**23** 10:45 Lunch at Mancinos! Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	**24** 10:00 Horseshoes! ECS 01:00 Come Get Popcorn! B 02:00 Shopping: Walmart ML	**25** 08:30 Dr Appointment Day ML 01:00 Crafts with Toni AR 01:15 Wednesday Walker Club! ECS 03:00 General Store Open GS	**26** 10:00 Cup Pong! AR 02:00 Bingo Game DR 03:30 Gentleman's Social B	**27** 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Name that Tune! B 06:00 Bible Study with Darlene AR	**28** 10:00 Bible Study with Cynthia GP 02:00 BINGO DR
29 09:00 Religious Service Listing A 01:00 Relaxation at Home A	**30** 10:45 Lunch at Chicago's Pizza Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	**31** 10:00 Horseshoes! ECS 01:00 Come Get Popcorn! B 02:00 Shopping: Walmart ML		**Birthdays!** **Shirley S. 1/3** **Patricia G. 1/13** **Hazel B. 1/15** **Deloris S. 1/15** **Lucy N. 1/31** **Carolyn J. 1/31**		