



If you would like an activity or service that is not listed on the calendar, please see the RSC/ Administrator. Monthly wellness checks are conducted by nursing the 1st through the 10th. Activities are subject to change!



# Happy Thanksgiving



NOVEMBER 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

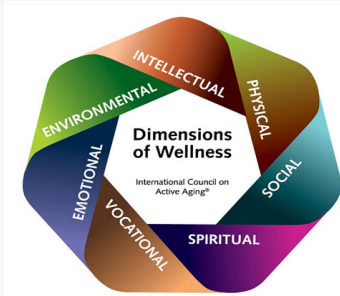
- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- Pat** Patio
- AR** Activity Room
- ML** Main Lobby
- ECS** Elevator Common Space
- GS** General Store
- DR** Dining Room
- B** Bistro
- A** Your Apartment
- PL** Parking Lot

**The Beauty Shop is open on Thursdays from 10am-4:00pm, sign up at the front desk to make your appointment!**

**Please sign up at the Front Desk for all outings on the bus, as there is limited space!**



NOVEMBER 2022	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>Birthdays!!</b> <ul style="list-style-type: none"> <li>• <b>Linda A 11/9</b></li> <li>• <b>Richard G 11/11</b></li> <li>• <b>Terrie J 11/11</b></li> <li>• <b>Roy H 11/12</b></li> <li>• <b>Sandra R 11/17</b></li> <li>• <b>Lanny K 11/25</b></li> <li>• <b>Annie N 11/29</b></li> </ul>	<b>01</b> 10:00   Walmart Trip <b>Pat</b> 10:00   Balloon Toss Exercise <b>AR</b> 02:00   Shopping: Walmart <b>ML</b>	<b>02</b> 08:30   Dr Appointment Day <b>ML</b> 08:45   Wednesday Walker Club! <b>ECS</b> 01:00   Card Games <b>AR</b> 03:00   General Store Open <b>GS</b>	<b>03</b> 10:00   Trip to Target <b>Pat</b> 01:00   Resident Council <b>DR</b> 02:00   Bingo Game <b>DR</b> 03:30   Gentleman's Social <b>B</b>	<b>04</b> 10:00   General Store Open <b>GS</b> 10:00   Noodle Ball <b>AR</b> 01:00   Ice Cream Shop <b>B</b> 03:00   Happy Hour with Cornhole and Music! <b>B</b> 06:00   Bible Study with Darlene <b>AR</b>	<b>05</b> 10:00   Independent Exercise <b>A</b> 02:00   BINGO <b>DR</b>
	<b>06</b> 09:00   Religious Service Listing <b>A</b> 01:00   Relaxation at Home <b>A</b> 03:00   Church Service with Pastor Gary and Jill Cave <b>DR</b>	<b>07</b> 10:00   Trip to Kroger <b>Pat</b> 02:00   Card Lotto Game <b>DR</b> 03:30   Ladies Tea <b>B</b>	<b>08</b> 10:00   Walmart Trip <b>Pat</b> 10:00   Balloon Toss Exercise <b>AR</b> 02:00   Shopping: Walmart <b>ML</b>	<b>09</b> 08:30   Dr Appointment Day <b>ML</b> 08:45   Wednesday Walker Club! <b>ECS</b> 09:30   Discovery Series with Therapy <b>B</b> 01:00   Card Games <b>AR</b> 03:00   General Store Open <b>GS</b>	<b>10</b> 10:00   Lunch at Grays Cafeteria <b>Pat</b> 02:00   Bingo Game <b>DR</b> 03:30   Gentleman's Social <b>B</b>	<b>Veterans Day 11</b> 09:00   Veterans Day Social with donuts <b>B</b> 10:00   General Store Open <b>GS</b> 10:00   Noodle Ball <b>AR</b> 01:00   Ice Cream Shop <b>B</b> 03:00   Hit It To Win It <b>ECS</b> 06:00   Bible Study with Darlene <b>AR</b>	<b>12</b> 10:00   Make a Fall wreath! <b>AR</b> 10:00   Independent Exercise <b>A</b> 02:00   BINGO <b>DR</b>
	<b>13</b> 09:00   Religious Service Listing <b>A</b> 10:00   Church Service with Miss Toni <b>DR</b> 01:00   Relaxation at Home <b>A</b>	<b>14</b> 10:00   Lunch at Hibachi grill and Supreme Buffet <b>Pat</b> 02:00   Card Lotto Game <b>DR</b> 03:30   Ladies Tea <b>B</b>	<b>15</b> 10:00   Walmart Trip <b>Pat</b> 10:00   Balloon Toss Exercise <b>AR</b> 02:00   Shopping: Walmart <b>ML</b>	<b>16</b> 08:30   Dr Appointment Day <b>ML</b> 08:45   Wednesday Walker Club! <b>ECS</b> 01:00   Card Games <b>AR</b> 03:00   General Store Open <b>GS</b>	<b>17</b> 10:00   Trip to Dollar Tree <b>Pat</b> 10:15   Book Mobile <b>PL</b> 02:00   Bingo Game <b>DR</b> 03:30   Gentleman's Social <b>B</b>	<b>18</b> 10:00   General Store Open <b>GS</b> 10:00   Noodle Ball <b>AR</b> 01:00   Ice Cream Shop <b>B</b> 03:00   Name that Tune! <b>ECS</b> 06:00   Bible Study with Darlene <b>AR</b>	<b>19</b> 10:00   Fall Painting! <b>AR</b> 10:00   Independent Exercise <b>A</b> 02:00   BINGO <b>DR</b>
	<b>20</b> 09:00   Religious Service Listing <b>A</b> 01:00   Relaxation at Home <b>A</b> 03:00   Church Service with Sister Jan Wray <b>DR</b>	<b>21</b> 08:00   Breakfast at Bob Evans <b>Pat</b> 02:00   Card Lotto Game <b>DR</b> 03:30   Ladies Tea <b>B</b>	<b>22</b> 10:00   Walmart Trip <b>Pat</b> 10:00   Balloon Toss Exercise <b>AR</b> 02:00   Shopping: Walmart <b>ML</b>	<b>23</b> 08:30   Dr Appointment Day <b>ML</b> 08:45   Wednesday Walker Club! <b>ECS</b> 01:00   Card Games <b>AR</b> 03:00   General Store Open <b>GS</b>	<b>Thanksgiving Day 24</b> 09:00   Watch Macy's Thanksgiving Day Parade <b>ML</b> 10:00   Thanksgiving Coloring Contest!! <b>AR</b> 02:00   Bingo Game <b>DR</b> 03:30   Gentleman's Social <b>B</b>	<b>25</b> 10:00   General Store Open <b>GS</b> 10:00   Noodle Ball <b>AR</b> 01:00   Ice Cream Shop <b>B</b> 03:00   Hit It To Win It <b>ECS</b> 06:00   Bible Study with Darlene <b>AR</b>	<b>26</b> 10:00   Make a Christmas Wreath! <b>AR</b> 10:00   Independent Exercise <b>A</b> 02:00   BINGO <b>DR</b>
	<b>27</b> 09:00   Religious Service Listing <b>A</b> 10:00   Church Service with Miss Toni <b>DR</b> 01:00   Relaxation at Home <b>A</b> 03:00   Church Service with Pastor Gary and Jill Cave <b>DR</b>	<b>28</b> 10:30   Lunch at Azul Tequila <b>Pat</b> 02:00   Card Lotto Game <b>DR</b> 03:30   Ladies Tea <b>B</b>	<b>29</b> 10:00   Walmart Trip <b>Pat</b> 10:00   Balloon Toss Exercise <b>AR</b> 02:00   Shopping: Walmart <b>ML</b>	<b>30</b> 08:30   Dr Appointment Day <b>ML</b> 08:45   Wednesday Walker Club! <b>ECS</b> 01:00   Card Games <b>AR</b> 03:00   General Store Open <b>GS</b>			