



If you would like an activity or service that is not listed on the calendar, please see the RSC/ Administrator. Monthly wellness checks are conducted by nursing the 1st through the 10th. Activities are subject to change!

OCTOBER 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

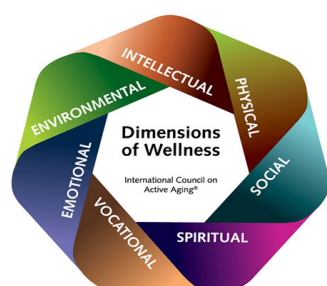
- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- ECS** Elevator Common Space
- Pat** Patio
- AR** Activity Room
- A** Your Apartment
- DR** Dining Room
- B** Bistro
- GP** Gathering Place
- ML** Main Lobby
- GS** General Store
- DR** Dining Room
- PL** Parking Lot

**The Beauty Shop is open on Thursdays from 10am-4:00pm, sign up at the front desk to make your appointment!**

**Please sign up at the Front Desk for all outings on the bus, as there is limited space!**



Oct 30	Oct 31						Oct 01
<b>Oct 30</b> 09:00 Religious Service Listing A 01:00 Relaxation at Home A	<b>Halloween Oct 31</b> 10:45 Lunch at Mancino's Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	<b>There will be 15 spots available for pumpkin carving! Please sign up with Donna!</b>	Lewis T. 10/04 Diane W. 10/07 Connie K. 10/11 Evelyn J. 10/21 Bonnie O. 10/22 Harry H. 10/23 Rachel M. 10/24 Vicki G. 10/24 Etta S. 10/25 Roberta H. 10/31			10:00 Independent Exercise A 01:00 Corn Hole! ECS 02:00 BINGO DR	<b>Oct 01</b> 10:00 Independent Exercise A 01:00 Corn Hole! ECS 02:00 BINGO DR
<b>Oct 02</b> 09:00 Religious Service Listing A 01:00 Relaxation at Home A 03:00 Church Service with Pastor Gary and Jill Cave DR	<b>Oct 03</b> 10:30 Lunch at Pizzalicious Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	<b>Oct 04</b> 10:00 Walmart Trip Pat 10:00 Balloon Toss Exercise AR 01:30 Bible Study with Cynthia GP 02:00 Shopping: Walmart ML	<b>Oct 05</b> 08:30 Dr Appointment Day ML 08:45 Wednesday Walker Club! ECS 01:00 Card Games AR 03:00 General Store Open GS	<b>Oct 06</b> 10:00 Wii Bowling GP 01:00 Resident Council DR 02:00 Bingo Game DR 03:30 Gentleman's Social B	<b>Oct 07</b> 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Happy Hour and Cornhole! B 06:00 Bible Study with Darlene AR	<b>Oct 08</b> 10:00 Independent Exercise A 02:00 BINGO DR	<b>Oct 08</b> 10:00 Independent Exercise A 02:00 BINGO DR
<b>Oct 09</b> 09:00 Religious Service Listing A 10:00 Church Service with Miss Toni DR 01:00 Relaxation at Home A	<b>Oct 10</b> 10:00 Lunch at Golden Corral Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	<b>Oct 11</b> 10:00 Walmart Trip Pat 10:00 Balloon Toss Exercise AR 01:30 Bible Study with Cynthia GP 02:00 Shopping: Walmart ML	<b>Oct 12</b> 08:30 Dr Appointment Day ML 08:45 Wednesday Walker Club! ECS 09:30 Discovery Series with Therapy B 01:00 Card Games AR 03:00 General Store Open GS	<b>Oct 13</b> 10:00 Cornhole ECS 02:00 Bingo Game DR 03:30 Gentleman's Social B	<b>Oct 14</b> 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Hit It To Win It ECS 06:00 Bible Study with Darlene AR	<b>Oct 15</b> 10:00 Independent Exercise A 01:00 Cornhole! ECS 02:00 BINGO DR	<b>Oct 15</b> 10:00 Independent Exercise A 01:00 Cornhole! ECS 02:00 BINGO DR
<b>Oct 16</b> 09:00 Religious Service Listing A 01:00 Relaxation at Home A 03:00 Church Service with Sister Jan Wray DR	<b>Oct 17</b> 10:15 Lunch at Crossroads Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	<b>Oct 18</b> 10:00 Walmart Trip Pat 10:00 Balloon Toss Exercise AR 01:30 Bible Study with Cynthia GP 02:00 Shopping: Walmart ML	<b>Oct 19</b> 08:30 Dr Appointment Day ML 08:45 Wednesday Walker Club! ECS 01:00 Card Games AR 03:00 General Store Open GS	<b>Oct 20</b> 10:00 Trip to the Indianapolis Zoo Pat 02:00 Bingo Game DR 03:30 Gentleman's Social B	<b>Oct 21</b> 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Pumpkin Craft! AR 06:00 Bible Study with Darlene AR	<b>Oct 22</b> 10:00 Independent Exercise A 02:00 BINGO DR	<b>Oct 22</b> 10:00 Independent Exercise A 02:00 BINGO DR
<b>Oct 23</b> 09:00 Religious Service Listing A 10:00 Church Service with Miss Toni DR 01:00 Relaxation at Home A 03:00 Church Service with Pastor Gary and Jill Cave DR	<b>Oct 24</b> 08:00 Breakfast at Sunshine Cafe Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	<b>Oct 25</b> 10:00 Walmart Trip Pat 10:00 Balloon Toss Exercise AR 01:30 Bible Study with Cynthia GP 02:00 Shopping: Walmart ML 06:00 Murder Mystery Dinner DR	<b>Oct 26</b> 08:30 Dr Appointment Day ML 08:45 Wednesday Walker Club! ECS 01:00 Card Games AR 03:00 General Store Open GS	<b>Oct 27</b> 10:00 Pumpkin Carving! AR 02:00 Bingo Game DR 03:30 Gentleman's Social B	<b>Oct 28</b> 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Hit It To Win It ECS 06:00 Bible Study with Darlene AR 06:00 Trunk or Treat! PL	<b>Oct 29</b> 10:00 Independent Exercise A 02:00 BINGO DR 02:00 Fall Ball DR	<b>Oct 29</b> 10:00 Independent Exercise A 02:00 BINGO DR 02:00 Fall Ball DR

