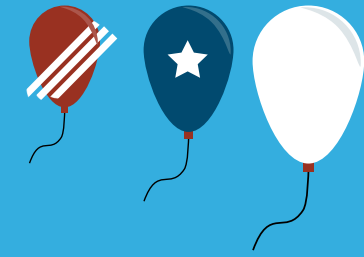




If you would like an activity or service that is not listed on the calendar, please see the RSC/ Administrator.
 Monthly wellness checks are conducted by nursing the 1st through the 10th. Activities are subject to change!

HAPPY LABOR DAY



SEPTEMBER 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- B** Bistro
- AR** Activity Room
- GP** Gathering Place
- Pat** Patio
- DR** Dining Room
- GS** General Store
- A** Your Apartment
- ML** Main Lobby
- ECS** Elevator Common Space
- PL** Parking Lot

The Beauty Shop is open on Thursdays from 10am-4:00pm, sign up at the front desk to make your appointment!

Please sign up at the Front Desk for all outings on the bus, as there is limited space!



SEPTEMBER 2022	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Birthdays! Roberta H. 9/6 Lydia M. 9/10 William H. 9/11 Norma Jean H. 9/23 Ellen W. 9/23 Cynthia N. 9/26 Davis S. 9/26 Bobby G. 9/27			We will be starting Walmart two times on Tuesday's please sign up for which one works better for you! Keep in mind there is limited seating!	01 10:00 Chair Yoga AR 01:00 Resident Council DR 02:00 Bingo Game DR 03:30 Gentleman's Social B	02 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Hit it to Win it! AR 06:00 Bible Study with Darlene AR	03 10:00 Independent Exercise A 02:00 BINGO DR
	04 09:00 Religious Service Listing A 01:00 Relaxation at Home A 03:00 Church Service with Pastor Gary and Jill Cave DR	Labor Day 05 10:00 Lunch at Cheddars Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	06 10:00 Walmart Trip Pat 10:00 Balloon Toss Exercise AR 01:30 Bible Study with Cynthia GP 02:00 Shopping: Walmart ML	07 08:30 Dr Appointment Day ML 08:45 Wednesday Walker Club! ECS 01:00 Card Games AR 03:00 General Store Open GS	08 10:00 Morning Stretching! AR 02:00 Bingo Game DR 03:30 Gentleman's Social B	09 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Name that Tune! B 06:00 Bible Study with Darlene AR	10 10:00 Coloring Contest! A 10:00 Independent Exercise A 02:00 BINGO DR
	11 09:00 Religious Service Listing A 10:00 Church Service with Miss Toni DR 01:00 Grandparents Day Ice Cream Social! B	12 10:30 Lunch at Pops Diner Pat 01:30 Candy Bar! B 02:00 Card Lotto Game DR 03:30 Ladies Tea B	13 10:00 Walmart Trip Pat 10:00 Balloon Toss Exercise AR 01:00 Carnival!! PL 01:30 Bible Study with Cynthia GP 02:00 Shopping: Walmart ML Carnival 1p-5p	14 08:30 Dr Appointment Day ML 08:45 Wednesday Walker Club! ECS 09:30 Discovery Series with Therapy B 01:00 Card Games AR 03:00 General Store Open GS	15 10:00 Balloon Darts AR 02:00 Bingo Game DR 03:30 Word Scramble B	16 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Happy Hour and Cornhole! B 06:00 Bible Study with Darlene AR	17 10:00 Independent Exercise A 02:00 BINGO DR
	18 09:00 Religious Service Listing A 01:00 Relaxation at Home A 03:00 Church Service with Sister Jan Wray DR	19 10:15 Lunch at Olive Garden Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	20 10:00 Walmart Trip Pat 10:00 Balloon Toss Exercise AR 01:30 Bible Study with Cynthia GP 02:00 Shopping: Walmart ML	21 08:30 Dr Appointment Day ML 08:45 Wednesday Walker Club! ECS 01:00 Card Games AR 03:00 General Store Open GS	22 10:00 Wii Bowling GP 02:00 Bingo Game DR 03:30 Fishing Game! ECS First day of Fall!	23 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 02:30 Fishing at Ceraland Pat 06:00 Bible Study with Darlene AR	24 10:00 Independent Exercise A 02:00 BINGO DR
	Night of Rosh Hashanah 25 09:00 Religious Service Listing A 10:00 Church Service with Miss Toni DR 01:00 Relaxation at Home A 03:00 Church Service with Pastor Gary and Jill Cave DR	Rosh Hashanah 26 08:00 Breakfast at Sunshine Cafe Pat 02:00 Card Lotto Game DR 03:30 Ladies Tea B	Rosh Hashanah 27 10:00 Walmart Trip Pat 10:00 Balloon Toss Exercise AR 01:30 Bible Study with Cynthia GP 02:00 Shopping: Walmart ML	28 08:30 Dr Appointment Day ML 08:45 Wednesday Walker Club! ECS 01:00 Card Games AR 03:00 General Store Open GS	29 10:00 Chair Yoga GP 02:00 Bingo Game DR 03:30 Gentleman's Social B	30 10:00 General Store Open GS 10:00 Noodle Ball AR 01:00 Ice Cream Shop B 03:00 Hit It To Win It ECS 06:00 Bible Study with Darlene AR	