

If you would like an activity or service that is not listed on the calendar, please see the RSC/ Administrator. Monthly wellness checks are conducted by nursing the 1st through the 10th. Activities are subject to change!

AUGUST 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- DR** Dining Room
- Pat** Patio
- B** Bistro
- AR** Activity Room
- GP** Gathering Place
- ML** Main Lobby
- GS** General Store
- A** Your Apartment
- ECS** Elevator Common Space
- DR** Dining Room

The Beauty Shop is open on Thursdays from 10am-4:00pm, sign up at the front desk to make your appointment!

Please sign up at the Front Desk for all outings on the bus, as there is limited space!

	01	02	03	04	05	06
10:45 Lunch at Taku 02:00 Card Lotto Game 03:30 Ladies Tea	10:00 Balloon Toss Exercise 10:30 Splatter Paint Craft 01:30 Bible Study with Cynthia 02:00 Shopping: Walmart	08:30 Dr Appointment Day 01:00 Card Games 03:00 General Store Open	10:00 Wii Bowling 01:00 Resident Council 02:00 Bingo Game 03:30 Gentleman's Social	10:00 General Store Open 10:00 Noodle Ball 01:00 Ice Cream Shop 03:00 Happy Hour! 06:00 Bible Study with Darlene	Night of Tisha B'Av 10:00 Independent Exercise 02:00 BINGO	
07	08	09	10	11	12	13
09:00 Religious Service Listing 01:00 Relaxation at Home 03:00 Church Service with Pastor Gary and Jill Cave	10:15 Lunch at Smoky Bones 02:00 Card Lotto Game 03:30 Ladies Tea	10:00 Water Balloon Toss 01:30 Bible Study with Cynthia 02:00 Shopping: Walmart	08:30 Dr Appointment Day 01:00 Card Games 01:30 Discovery Series with Therapy 03:00 General Store Open	10:00 Wii Bowling 02:00 Bingo Game 03:30 Gentleman's Social	10:00 General Store Open 10:00 Noodle Ball 01:00 Ice Cream Shop 03:00 Price is Right Game 06:00 Bible Study with Darlene	10:00 Independent Exercise 02:00 BINGO
14	15	16	17	18	19	20
09:00 Religious Service Listing 10:00 Church Service with Miss Toni 01:00 Relaxation at Home	10:00 Lunch at Crossroads Family Restaurant 02:00 Card Lotto Game 03:30 Ladies Tea	10:00 Balloon Toss Exercise 10:30 Get to Know you Beach Ball 01:30 Bible Study with Cynthia 02:00 Shopping: Walmart	08:30 Dr Appointment Day 01:00 Card Games 03:00 General Store Open	10:00 Wii Bowling 02:00 Bingo Game 03:30 Gentleman's Social	10:00 General Store Open 10:00 Noodle Ball 01:00 Ice Cream Shop 03:00 Happy Hour! 06:00 Bible Study with Darlene <i>Wear your hair bows!</i>	10:00 Independent Exercise 02:00 BINGO
21	22	23	24	25	26	27
09:00 Religious Service Listing 01:00 Relaxation at Home 03:00 Church Service with Pastor Gary and Jill Cave 03:00 Church Service with Sister Jan Wray	10:45 Lunch at Upland 02:00 Card Lotto Game 03:30 Ladies Tea	10:00 Balloon Toss Exercise 01:30 Bible Study with Cynthia 02:00 Shopping: Walmart	08:30 Dr Appointment Day 01:00 Card Games 03:00 General Store Open	10:00 Wii Bowling 02:00 Bingo Game 03:30 Gentleman's Social	10:00 General Store Open 10:00 Noodle Ball 01:00 Ice Cream Shop 03:00 Karaoke Hour 06:00 Bible Study with Darlene	10:00 Independent Exercise 02:00 BINGO
28	29	30	31	Birthdays!!		
09:00 Religious Service Listing 10:00 Church Service with Miss Toni 01:00 Relaxation at Home	08:00 Breakfast at Cracker Barrel 02:00 Card Lotto Game 03:30 Ladies Tea	10:00 Balloon Toss Exercise 01:30 Bible Study with Cynthia 02:00 Shopping: Walmart 06:30 SOCK HOP <i>Sock Hop open to the Public</i>	08:30 Dr Appointment Day 01:00 Card Games 03:00 General Store Open	Rosa F. 8/2 Mike H. 8/2 Cathy O 8/2 Kay H. 8/10 John M. 8/11 Randy M. 8/14		Rebecca C. 8/15 Connie H. 8/19 Cynthia R. 8/20 Pam D. 8/22 Jimmy B. 8/22 Beulah S. 8/23 Steven S. 8/23 Patricia S. 8/25 Willette F. 8/31

