

# 4TH OF JULY

If you would like an activity or service that is not listed on the calendar, please see the RSC/ Administrator. Monthly wellness checks are conducted by nursing the 1st through the 10th. Activities are subject to **change!**

## INDEPENDENCE DAY

JULY 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	SUNDAY <b>Jul 31</b>	MONDAY <b>Birthdays!!!</b>	TUESDAY 	WEDNESDAY  <i>Happy 4th July</i>	THURSDAY <b>Depending on the heat index Walmart trips may be moved to 10am!</b>	FRIDAY <b>01</b>	SATURDAY <b>02</b>
<b>Dimensions of Wellness</b> Physical Emotional Spiritual Environmental Vocational Social Intellectual	09:00   Religious Service Listing <b>A</b> 01:00   Relaxation at Home <b>A</b>	<ul style="list-style-type: none"> <li>Beverly E. 7/1</li> <li>Merle W. 7/1</li> <li>George O. 7/5</li> <li>Garry J. 7/7</li> <li>Richard O. 7/11</li> <li>Jodi C. 7/11</li> <li>Carmen R. 7/15</li> <li>Henry S. 7/18</li> <li>Shirley B. 7/31</li> </ul>				10:00   General Store Open <b>GS</b> 10:00   Noodle Ball <b>AR</b> 01:00   Ice Cream Shop <b>B</b> 07:00   4th of July Party <b>Pat</b>	10:00   Independent Exercise <b>A</b> 02:00   BINGO <b>DR</b>
<b>Meeting Places</b> <b>B</b> Bistro <b>GS</b> General Store <b>AR</b> Activity Room <b>Pat</b> Patio <b>A</b> Your Apartment <b>DR</b> Dinning Room <b>ML</b> Main Lobby <b>GP</b> Gathering Place <b>ECS</b> Elevator Common Space <b>DR</b> Dining Room <b>PL</b> Parking Lot	<b>03</b> 09:00   Religious Service Listing <b>A</b> 01:00   Relaxation at Home <b>A</b> 03:00   Church Service with Pastor Gary and Jill Cave <b>DR</b>	<b>Independence Day 04</b> 10:00   Patriotic Craft! <b>AR</b> 02:00   Card Lotto Game <b>DR</b> 03:30   Ladies Tea <b>B</b>	<b>05</b> 10:00   Balloon Toss Exercise <b>AR</b> 01:00   Graham Crackers and Dip! <b>B</b> 02:00   Shopping: Walmart <b>ML</b> <b>Wear your Hawaiian attire! Its National Hawaii Day!</b>	<b>06</b> 08:30   Dr Appointment Day <b>ML</b> 01:00   Card Games <b>AR</b> 03:00   General Store Open <b>GS</b>	<b>07</b> 10:00   Wii Bowling <b>GP</b> 01:00   Resident Council <b>DR</b> 02:00   Bingo Game <b>DR</b> 03:30   Get your Strawberry Sundae's <b>B</b>	<b>08</b> 10:00   General Store Open <b>GS</b> 10:00   Noodle Ball <b>AR</b> 01:00   Ice Cream Shop <b>B</b> 03:00   Happy Hour and Popsicles! <b>B</b>	<b>09</b> 10:00   Independent Exercise <b>A</b> 02:00   BINGO <b>DR</b>
<b>The Beauty Shop is open on Thursdays from 10am-4:00pm, sign up at the front desk to make your appointment! Please sign up at the Front Desk for all outings on the bus, as there is limited space!</b>	<b>10</b> 09:00   Religious Service Listing <b>A</b> 10:00   Church Service with Miss Toni <b>DR</b> 01:00   Relaxation at Home <b>A</b>	<b>11</b> 10:45   Lunch at Taku <b>Pat</b> 02:00   Card Lotto Game <b>DR</b> 03:30   Ladies Tea <b>B</b>	<b>12</b> 10:00   Balloon Toss Exercise <b>AR</b> 10:30   Come get Jell-O <b>AR</b> 02:00   Shopping: Walmart <b>ML</b>	<b>13</b> 08:30   Dr Appointment Day <b>ML</b> 01:00   Card Games <b>AR</b> 01:30   Discovery Series with Therapy <b>B</b> 03:00   General Store Open <b>GS</b>	<b>14</b> 10:00   Wii Bowling <b>GP</b> 02:00   Bingo Game <b>DR</b> 03:30   Gentleman's Social <b>B</b>	<b>15</b> 10:00   General Store Open <b>GS</b> 10:00   Noodle Ball <b>AR</b> 10:30   Come get Tapioca Pudding and Gummy Worms! <b>AR</b> 01:00   Ice Cream Shop <b>B</b>	<b>16</b> 10:00   Independent Exercise <b>A</b> 02:00   BINGO <b>DR</b>
	<b>17</b> 09:00   Religious Service Listing <b>A</b> 01:00   Relaxation at Home <b>A</b> 03:00   Church Service with Sister Jan Wray <b>DR</b>	<b>18</b> 10:30   Lunch at Azul Tequila <b>Pat</b> 02:00   Card Lotto Game <b>DR</b> 03:30   Brews and Tattoos <b>B</b>	<b>19</b> 10:00   Balloon Toss Exercise <b>AR</b> 01:00   Daquiri's and writing letters to your friends! <b>B</b> 02:00   Shopping: Walmart <b>ML</b>	<b>20</b> 08:30   Dr Appointment Day <b>ML</b> 09:30   Wednesday Walker Club! <b>ECS</b> 01:00   Card Games <b>AR</b> 03:00   General Store Open <b>GS</b>	<b>21</b> 10:00   Wii Bowling <b>GP</b> 02:00   Bingo Game <b>DR</b> 03:30   Gentleman's Social <b>B</b>	<b>22</b> 10:00   General Store Open <b>GS</b> 10:00   Noodle Ball <b>AR</b> 01:00   Ice Cream Shop <b>B</b> 02:30   Karaoke Hour <b>B</b>	<b>23</b> 10:00   Independent Exercise <b>A</b> 02:00   BINGO <b>DR</b>
	<b>24</b> 09:00   Religious Service Listing <b>A</b> 10:00   Church Service with Miss Toni <b>DR</b> 01:00   Relaxation at Home <b>A</b> 03:00   Church Service with Pastor Gary and Jill Cave <b>DR</b>	<b>25</b> 08:00   Breakfast at Sunshine Cafe <b>Pat</b> 02:00   Card Lotto Game <b>DR</b> 03:30   Wine and Cheese <b>B</b>	<b>26</b> 10:00   Balloon Toss Exercise <b>AR</b> 01:00   Music with the Walker Trio <b>DR</b> 02:00   Shopping: Walmart <b>ML</b> 05:00   CAR SHOW!! <b>PL</b> <b>Car show open to the Public!</b>	<b>27</b> 08:30   Dr Appointment Day <b>ML</b> 09:30   Wednesday Walker Club! <b>ECS</b> 01:00   Card Games <b>AR</b> 03:00   General Store Open <b>GS</b>	<b>28</b> 10:00   Wii Bowling <b>GP</b> 02:00   Bingo Game <b>DR</b> 03:30   Gentleman's Social <b>B</b>	<b>29</b> 10:00   General Store Open <b>GS</b> 10:00   Noodle Ball <b>AR</b> 01:00   Ice Cream Shop <b>B</b> 03:00   Hit it to Win it! <b>ECS</b>	<b>30</b> 10:00   Independent Exercise <b>A</b> 02:00   BINGO <b>DR</b>

