Activities Subject To Change.

FEBRUARY 2023

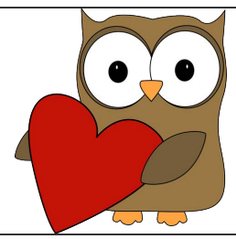
Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

CR	Community Room
FIT	Fitness Center
ML	Main Lobby
PDR	Private Dining Room
CS	Country Store
GR	Game Room
DR	Dining Room
THR	Theater

The Smart Bucks drawing is at Resident Council each month. For more information on how to earn Smart Bucks please ask Emily!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February is the border between winter and spring. -Terri Gullimets			**01** 08:30 Morning Mingle ML 10:00 Chair Aerobics CR 12:30 Communion PDR 02:00 General Store CS 03:00 Paint by Number CR	**02** 08:30 Morning Mingle ML 10:00 Bible Study CR 02:00 Resident Council Meeting CR 03:00 Pretty Nails CR	**03** 08:30 Morning Mingle ML 10:00 General Store CS 02:00 Card Club GR 03:00 Story Starters ML	**04** All Day Weekend Activity Packets 08:30 Coffee Social/Meet & Greet DR 06:00 Movie Night THR
05 All Day Weekend Activity Packets 08:30 Coffee Social/Meet & Greet DR	**06** 08:30 Morning Mingle ML 10:00 General Store CS 02:00 Jeopardy CR 03:30 Chair Yoga CR	**07** 08:30 Morning Mingle ML 10:00 Chair Aerobics CR 02:00 Bingo CR 03:30 Mindful Coloring CR	**08** 08:30 Morning Mingle ML 10:00 Making Valentines CR 12:30 Communion PDR 02:00 General Store CS 03:00 Walking Club FIT	**09** 08:30 Morning Mingle ML 10:00 Bible Study CR 02:00 Wii in the Theater THR 03:30 Card Club GR	**10** 08:30 Morning Mingle ML 10:00 General Store CS 02:00 Board Game Time GR 03:00 SWAT Team CR	**11** All Day Weekend Activity Packets 08:30 Coffee Social/Meet & Greet DR 06:00 Movie Night THR
12 All Day Weekend Activity Packets 08:30 Coffee Social/Meet & Greet DR	**13** 08:30 Morning Mingle ML 10:00 General Store CS 02:00 Kiss Me Cherry Cookies CR 03:00 Chair Yoga CR	**Valentine's Day 14** 08:30 Morning Mingle ML 10:00 Be My Valentine CR 02:00 Bingo CR 03:30 Walking Club FIT	**15** 08:30 Morning Mingle ML 10:00 Chair Aerobics CR 12:30 Communion PDR 02:00 General Store CS 03:00 Story Starters ML	**16** 08:30 Morning Mingle ML 10:00 Bible Study CR 02:00 Wii in the Theater THR 03:30 Pretty Nails CR	**17** 08:30 Morning Mingle ML 10:00 General Store CS 02:00 Card Club GR 03:00 Gratitude Hour: Journaling CR	**18** All Day Weekend Activity Packets 08:30 Coffee Social/Meet & Greet DR 06:00 Movie Night THR
19 All Day Weekend Activity Packets 08:30 Coffee Social/Meet & Greet DR	**Washington's Birthday 20** 08:30 Morning Mingle ML 10:00 General Store CS 02:00 Deal or No Deal CR 03:00 Chair Yoga CR	**21** 08:30 Morning Mingle ML 10:00 Mardi Gras Mask CR 02:00 Bingo CR 03:00 Fat Tuesday Trivia CR	**22** 08:30 Morning Mingle ML 10:00 Wheel of Fortune CR 12:30 Communion PDR 02:00 General Store CS 03:00 Walking Club FIT	**23** 08:30 Morning Mingle ML 10:00 Bible Study CR 02:00 Wii in the Theater THR 03:30 Card Club GR	**24** 08:30 Morning Mingle ML 10:00 General Store CS 02:00 Monthly Birthday Party CR 03:00 Meet & Greet ML	**25** All Day Weekend Activity Packets 08:30 Coffee Social/Meet & Greet DR 06:00 Movie Night THR
26 All Day Weekend Activity Packets 08:30 Coffee Social/Meet & Greet DR	**27** 08:30 Morning Mingle ML 10:00 General Store CS 02:00 Movie and Popcorn THR 03:00 Chair Yoga CR	**28** 08:30 Morning Mingle ML 10:00 Pizza Pan Memo Board CR 02:00 Bingo CR 03:30 Walking Club FIT		**February Birthdays** **William M.- 2/03** **Judith B.- 2/11** **Shirley T. - 2/12** **Ann L.- 2/21**		Sweet Galilee®