

FEBRUARY 2024		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Dimensions of Wellness</div> <div><div><div></div>Physical</div><div><div></div>Emotional</div><div><div></div>Spiritual</div><div><div></div>Environmental</div><div><div></div>Vocational</div><div><div></div>Social</div><div><div></div>Intellectual</div></div>	 <div>February is BLACK HISTORY MONTH</div>			 <div>PACZKI DAY</div>	<div>01</div> <div>10:00–10:30a Coffee Klatch AR</div> <div>10:00–11:00a Dollar Tree Lob</div> <div>10:30–11:00a Winter Shopping & Cooking Game AR</div> <div>2:00–3:00p Easy Listening Music AR</div> <div>3:00–4:00p Country Store RA</div>	<div>02</div> <div>9:30–10:00a Morning Meditation AR</div> <div>10:15–11:00a Fun Facts AR</div> <div>1:30–2:00p Reflections AR</div> <div>2:00–4:00p Back in the Day Happy Hour DR</div>	<div>03</div> <div>1:30–2:30p Independent Games!!! AR</div> <div>2:00–3:00p Women's Club MPR</div> <div>6:00–7:00p Playing Card Games with Cleveland MPR</div>	
	<div>Meeting Places</div> <div>AR activity room</div> <div>DR Dining Room</div> <div>Lob Lobby</div> <div>RA Resident Apartment</div> <div>MPR Multipurpose Room</div> <div>CS Country Store</div>	<div>04</div> <div>11:30–12:30p Indep-Church Services on Ch 7 MPR</div> <div>1:30–2:30p Church Services on 3rd Fl RA</div>	<div>05</div> <div>9:30–10:00a Chair Exercises AR</div> <div>10:30–11:00a Monthly Gazette AR</div> <div>2:00–3:00p Bingo/ Popcorn DR</div> <div>3:00–4:00p Karaoke DR</div>	<div>06</div> <div>9:30–10:00a In The News AR</div> <div>10:00–11:00a Walmart Lob</div> <div>1:30–2:30p Preventive Services AR</div> <div>2:00–3:00p Puzzle Day AR</div> <div>3:00–4:00p Country Store CS</div>	<div>07</div> <div>9:30–10:00a Zuma AR</div> <div>10:00–11:00a Communion Service MPR</div> <div>10:30–11:00a Sorting and Folding AR</div> <div>2:00–3:00p Bingo/ Popcorn DR</div>	<div>08</div> <div>9:30–9:45a Tube Exercise AR</div> <div>10:00–11:00a Bank Lob</div> <div>2:00–3:00p Cooking Healthy with Ke-Ke AR</div> <div>3:00–4:00p Country Store RA</div>	<div>09</div> <div>9:30–10:00a Morning Streches AR</div> <div>10:30–11:00a Trivia and Spelling AR</div> <div>1:00–2:00p Bean Bag Toss AR</div> <div>2:00–4:00p Blast From T=the Past Happy Hour DR</div>	<div>10</div> <div>1:30–2:30p Independent Games!!! AR</div> <div>2:00–3:00p Women's Club MPR</div> <div>3:00–4:00p Men's Club MPR</div>
	<div>Open to the Public:</div> <div>13th -Mardi Gras/ Paczki Social 2pm-3pm</div> <div>14th - Valentine's Day Celebration with David Roldan with King and Queen Contest 2pm-4pm</div> <div>23th- Resident's Monthly Birthday Social 2pm-4pm</div> <div>Calendar/ Events Subject to Change</div>	<div>11</div> <div>11:30–12:30p Indep-Church Services on Ch 7 MPR</div> <div>1:30–2:30p Church Services on 3rd Fl RA</div>	<div>12</div> <div>9:30–10:00a Morning Meditation AR</div> <div>10:15–11:00a Reflections AR</div> <div>2:00–3:00p Bingo/ Popcorn DR</div> <div>3:15–4:00p Mardi Gras/ Paczki Trivia AR</div>	<div>13</div> <div>9:30–9:45a Daily Chronicles AR</div> <div>10:00–11:00a Walmart Lob</div> <div>1:00–1:45p Scents that Water Your Mouth AR</div> <div>2:00–3:00p Mardi Gras/Paczki Social DR</div> <div>3:00–4:00p Country Store CS</div>	<div>Valentine's Day 14</div> <div>9:30–10:00a Exercise AR</div> <div>10:00–11:00a Communion Service MPR</div> <div>10:15–11:00a Remember When ? AR</div> <div>2:00–3:00p Valentine with David Roldan DR</div> <div>3:00–4:00p Valentine's Day Social/ King & Queen Contest DR</div>	<div>15</div> <div>9:30–10:00a Exercise AR</div> <div>10:00–11:00a Dollar Tree Lob</div> <div>1:30–2:00p Travel Time AR</div> <div>2:00–3:00p Fortune Sticks AR</div> <div>3:00–4:00p Country Store RA</div>	<div>16</div> <div>9:30–10:00a Chair Exercise AR</div> <div>10:15–11:00a In the News AR</div> <div>1:00–1:45p Wild Adventures AR</div> <div>2:00–4:00p Let's Do the Twist Happy Hour DR</div>	<div>17</div> <div>1:30–2:30p Independent Games!!! AR</div> <div>2:00–3:00p Women's Club MPR</div> <div>6:00–7:00p Card Games with Cleveland MPR</div>
		<div>18</div> <div>11:30–12:30p Indep-Church Services on Ch 7 MPR</div> <div>1:30–2:30p Church Services on 3rd Fl RA</div>	<div>President's Day 19</div> <div>9:30–10:00a Relaxing Exercises AR</div> <div>10:15–11:00a Adult Coloring AR</div> <div>2:00–3:00p Bingo/ Popcorn DR</div> <div>3:00–4:00p Verses/ Karaoke DR</div>	<div>20</div> <div>9:30–10:00a Daily Chronicles AR</div> <div>10:00–11:00a Walmart Lob</div> <div>1:30–2:00p Resident Council DR</div> <div>3:00–4:00p Country Store CS</div>	<div>21</div> <div>9:30–10:00a Exercise AR</div> <div>10:00–11:00a Communion Service MPR</div> <div>10:15–11:00a Cut and Paste Pictures AR</div> <div>2:00–3:00p Bingo/ Popcorn DR</div> <div>3:00–4:00p Sing A Song DR</div>	<div>22</div> <div>9:30–10:00a Exercise AR</div> <div>10:00–11:00a Bank Lob</div> <div>1:00–1:45p Listen to Ted AR</div> <div>2:00–3:00p Easy Listening Music AR</div> <div>3:00–4:00p Country Store RA</div>	<div>23</div> <div>Noodle Exercises AR</div> <div>10:00–10:45a Our Work History AR</div> <div>1:00–1:45p Puzzles and More AR</div> <div>2:00–4:00p Monthly Birthday Celebration DR</div>	<div>24</div> <div>1:30–2:30p Independent Games!!! AR</div> <div>2:00–3:00p Women's Club MPR</div> <div>3:00–4:00p Men's Club MPR</div>
		<div>25</div> <div>11:30–12:30p Indep-Church Services on Ch 7 MPR</div> <div>1:30–2:30p Church Services on 3rd Fl RA</div>	<div>26</div> <div>9:30–10:00a Exercise(Yoga) AR</div> <div>2:00–3:00p Bingo/ Popcorn DR</div> <div>3:15–4:00p Velvet Art Work AR</div> <div>6:30–8:00p Let's go to the Movies AR</div>	<div>27</div> <div>12:00–12:00a Art Expresions AR</div> <div>9:30–10:00a Body Stretches AR</div> <div>10:00–11:00a Walmart Lob</div> <div>2:00–3:00p Cake Baking with Ann AR</div> <div>3:00–4:00p Country Store CS</div>	<div>28</div> <div>9:30–10:30a Exercise DR</div> <div>10:00–11:00a Communion Service MPR</div> <div>2:00–3:00p Bingo/ Popcorn DR</div> <div>2:00–3:00p Making Cookies with Ann AR</div>	<div>29</div> <div>9:30–10:30a Exercise RA</div> <div>10:00–11:00a Dollar Tree Lob</div> <div>1:00–2:00p Uno AR</div> <div>2:00–2:45p How The West Was Won AR</div> <div>3:00–4:00p Country Store RA</div>		