



Valentine's

FEBRUARY 2024		SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<div>Dimensions of Wellness</div> <div><div><div></div>Physical</div><div><div></div>Emotional</div><div><div></div>Spiritual</div><div><div></div>Environmental</div><div><div></div>Vocational</div><div><div></div>Social</div><div><div></div>Intellectual</div></div> <div>Meeting Places</div> <div><div>AR</div>Activity Room-2nd FL</div> <div><div>DR</div>Dining Room</div> <div><div>LB</div>Lobby</div> <div><div>GS</div>General Store-2nd FL</div> <div><div>FP</div>Front Porch</div> <div><div>Ind</div>independent</div> <div><div>GP</div>Gathering Place-1st FL</div> <div><div>ML</div>Main Lobby</div> <div>A Few Main Events:</div> <div>02/13/2024</div> <div>Dinner Dance</div> <div>02/05/2024</div> <div>Heart Healthy Fair</div> <div>02/23/2024</div> <div>Coco and Crafts</div> <div>Activities are subjected to change.</div>						<div>01</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>10:00a <div></div> Coffee Chatter and Donuts <div>AR</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div> <div>3:00p <div></div> Lets Play Cards <div>AR</div></div>	<div>02</div> <div>9:30a <div></div> Chair Yoga <div>AR</div></div> <div>10:00a <div></div> Word Scramble Puzzles <div>AR</div></div> <div>2:00p <div></div> WII Bowling! <div>AR</div></div> <div>3:00p <div></div> General Store <div>GS</div></div> <div>4:00p <div></div> Monopoly Time <div>AR</div></div>	<div>03</div> <div>9:00a <div></div> Daily Bread <div>AR</div></div> <div>10:00a <div></div> Walking Club <div>FP</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div> <div>3:00p <div></div> Devotions <div>AR</div></div> <div>6:00p <div></div> Board Games <div>AR</div></div>							
		<div>04</div> <div>9:00a <div></div> Catholic Services-ABC <div>Ind</div></div> <div>9:00a <div></div> Daily Bread <div>AR</div></div> <div>10:00a <div></div> Walking Club <div>FP</div></div> <div>11:00a <div></div> Joel Osteen Serv ABC <div>Ind</div></div> <div>1:00p <div></div> Church Service <div>GP</div></div>	<div>05</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>10:00a <div></div> Crossword Puzzle <div>AR</div></div> <div>2:00p <div></div> February Birthday Celebration <div>AR</div></div> <div>3:00p <div></div> Let's Play Cards <div>AR</div></div>	<div>06</div> <div>9:30a <div></div> Chair Yoga <div>AR</div></div> <div>10:00a <div></div> Checkers and Chess <div>AR</div></div> <div>1:00p <div></div> Adult Coloring <div>AR</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div>	<div>07</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>10:00a <div></div> Metro Dinner Bus Trip <div>ML</div></div> <div>2:00p <div></div> Movie and Popcorn <div>AR</div></div> <div>3:00p <div></div> Monopoly Time <div>ML</div></div>	<div>08</div> <div>9:30a <div></div> Chair Yoga <div>AR</div></div> <div>10:00a <div></div> Healthy Nails <div>AR</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div>	<div>09</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>10:00a <div></div> Word Scramble Puzzles <div>AR</div></div> <div>2:00p <div></div> WII Bowling! <div>AR</div></div> <div>3:00p <div></div> General Store <div>GS</div></div>	<div>10</div> <div>9:00a <div></div> Daily Bread <div>AR</div></div> <div>10:00a <div></div> Walking Club <div>FP</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div> <div>3:00p <div></div> Devotions <div>AR</div></div> <div>6:00p <div></div> Board Games <div>AR</div></div>							
		<div>11</div> <div>9:00a <div></div> Catholic Services-ABC <div>Ind</div></div> <div>9:00a <div></div> Daily Bread <div>AR</div></div> <div>10:00a <div></div> Walking Club <div>FP</div></div> <div>11:00a <div></div> Joel Osteen Serv ABC <div>Ind</div></div> <div>6:30p <div></div> Super Bowl Party On CBS <div>AR</div></div>	<div>12</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>9:30a <div></div> Dollar Tree -Please sign-up <div>LB</div></div> <div>3:00p <div></div> Corn Hole <div>AR</div></div> <div>3:00p <div></div> General Store <div>GS</div></div>	<div>13</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>10:00a <div></div> Checkers and Chess <div>AR</div></div> <div>4:30p <div></div> Love is in the Air Dinner Dance <div>DR</div></div>	<div>14</div> <div>Valentine's Day</div> <div>9:30a <div></div> Chair Yoga <div>AR</div></div> <div>10:00a <div></div> Heart shape Coloring <div>AR</div></div> <div>2:00p <div></div> Valentine Movie and Popcorn <div>AR</div></div>	<div>15</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>10:00a <div></div> Black History Month Trivia <div>AR</div></div> <div>1:30p <div></div> Heart Healthy Senior Fair <div>DR</div></div> <div>3:00p <div></div> Lets Play Card <div>AR</div></div>	<div>16</div> <div>9:30a <div></div> Chair Yoga <div>AR</div></div> <div>10:00a <div></div> IHOP Bus Trip <div>AR</div></div> <div>10:00a <div></div> Word Scramble Puzzles <div>AR</div></div> <div>2:00p <div></div> WII Bowling! <div>AR</div></div> <div>3:00p <div></div> General Store <div>GS</div></div> <div>4:00p <div></div> Monopoly Time <div>AR</div></div>	<div>17</div> <div>9:00a <div></div> Daily Bread <div>AR</div></div> <div>10:00a <div></div> Walking Club <div>FP</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div> <div>2:00p <div></div> The "Men" Social Group <div>GP</div></div> <div>3:00p <div></div> Devotions <div>AR</div></div> <div>6:00p <div></div> Board Games <div>AR</div></div>							
		<div>18</div> <div>9:00a <div></div> Catholic Services-ABC <div>Ind</div></div> <div>9:00a <div></div> Daily Bread <div>AR</div></div> <div>10:00a <div></div> Walking Club <div>FP</div></div> <div>11:00a <div></div> Joel Osteen Serv ABC <div>Ind</div></div> <div>1:00p <div></div> Church Service <div>GP</div></div>	<div>19</div> <div>President's Day</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>11:00a <div></div> Movie Theater Outing <div>ML</div></div> <div>3:00p <div></div> Balloon Toss <div>AR</div></div> <div>3:00p <div></div> General Store <div>GS</div></div>	<div>20</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>10:00a <div></div> Checkers and Chess <div>AR</div></div> <div>1:00p <div></div> Resident Council Meeting <div>DR</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div>	<div>21</div> <div>9:00a <div></div> Chair Yoga <div>AR</div></div> <div>9:30a <div></div> Casino Bus Trip <div>LB</div></div> <div>2:00p <div></div> Putt Putt Golf <div>AR</div></div>	<div>22</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>10:00a <div></div> Beads Craft <div>AR</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div>	<div>23</div> <div>9:30a <div></div> Chair Yoga <div>AR</div></div> <div>1:30p <div></div> Coco and Crafts <div>GP</div></div> <div>3:00p <div></div> General Store <div>GS</div></div> <div>4:00p <div></div> Monopoly Time <div>AR</div></div>	<div>24</div> <div>9:00a <div></div> Daily Bread <div>AR</div></div> <div>10:00a <div></div> Walking Club <div>FP</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div> <div>3:00p <div></div> Devotions <div>AR</div></div> <div>6:00p <div></div> Board Games <div>AR</div></div>							
		<div>25</div> <div>9:00a <div></div> Catholic Services-ABC <div>Ind</div></div> <div>9:00a <div></div> Daily Bread <div>AR</div></div> <div>10:00a <div></div> Walking Club <div>FP</div></div> <div>11:00a <div></div> Joel Osteen Serv ABC <div>Ind</div></div> <div>1:00p <div></div> Church Service <div>GP</div></div>	<div>26</div> <div>9:30a <div></div> Chair Yoga <div>AR</div></div> <div>10:00a <div></div> Crossword Puzzle <div>AR</div></div> <div>10:00a <div></div> Sea Food Restaurant <div>ML</div></div> <div>3:00p <div></div> Bowling <div>AR</div></div> <div>3:00p <div></div> General Store <div>GS</div></div>	<div>27</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>10:00a <div></div> Checkers and Snacks <div>AR</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div>	<div>28</div> <div>9:30a <div></div> Chair Yoga <div>AR</div></div> <div>10:00a <div></div> Adult Coloring <div>AR</div></div> <div>10:00a <div></div> Walmart Bus Trip! <div>ML</div></div> <div>2:00p <div></div> Movie and Popcorn <div>AR</div></div>	<div>29</div> <div>9:30a <div></div> Chair Exercise <div>AR</div></div> <div>10:00a <div></div> What's Baking? <div>AR</div></div> <div>2:00p <div></div> Bingo! <div>DR</div></div>									

A Few Main Events:

02/13/2024

Dinner Dance

02/05/2024

Heart Healthy Fair

02/23/2024

Coco and Crafts

Activities are subjected to change.