

If you would like to request an activity/service not reflected on the calendar, please notify the RSC or Administrator. Activities Subject to Change

AUGUST 2023

SUNDAY

MONDAY

TUESDAY








WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

Meeting Places

- CTY** Courtyard
- AR** Activity Room
- CS** Country Store
- OT** Outing
- RR** Residents Room
- DR** Dining Room

Please practice social distancing & wear your mask when outside your apartments

Monthly wellness check conducted the 1st thru 5th

Please call ext.1009 request an activity/service not reflected on the calendar

																																
01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
10:00-11:00a Wii Bowling AR 1:00-2:00p Pokeeno AR 3:00-4:00p Men's Club AR	10:00-11:00a Ambulatory Fitness Day AR 1:00-3:00p New Release Wednesday AR 2:00-3:00p Country Store CS	10:00-12:00p Outing: Shopping Day OT 1:00-2:00p Spa Day AR 3:30-4:30p Ladies Club AR	10:00-11:00a Let's Get Fit Friday AR 1:00-2:00p Summer Bingo AR 2:00-3:00p Country Store CS	9:00-11:00a Independent Activities of Your Choice RR 1:00-2:00p Bingo AR 2:00-3:00p iN2L Mobile Activity Cart AR	9:00-11:00a Independent Activities of Your Choice RR 10:00-11:00a iN2L Worship Services Broadcast AR 1:00-3:00p iN2L Mobile Activity Cart AR	10:00-11:00a Chair Fitness & Name That Tune AR 1:00-2:00p Health -N- Wellness Presentation AR 2:00-3:00p Country Store CS	10:00-11:00a Wii Bowling AR 1:00-2:00p Pokeeno AR 3:00-4:00p Men's Club AR	10:00-11:00a Ambulatory Fitness Day AR 1:00-3:00p New Release Wednesday AR 2:00-3:00p Country Store CS 6:00-8:00p Open House: C.A.P.S Meeting AR	10:30-12:30p Outing: Harvest Restaurant OT 1:00-2:00p Spa Day AR 3:30-4:30p Ladies Club AR	10:00-11:00a Let's Get Fit Friday AR 1:00-2:00p Summer Bingo AR 2:00-3:00p Country Store CS	9:00-11:00a Independent Activities of Your Choice RR 1:00-2:00p Bingo AR 2:00-3:00p iN2L Mobile Activity Cart AR	9:00-11:00a Independent Activities of Your Choice RR 10:00-11:00a iN2L Worship Services Broadcast AR 1:00-3:00p iN2L Mobile Activity Cart AR	10:00-11:00a Chair Fitness & Name That Tune AR 1:00-2:00p A&W Rootbeer Float Making AR 2:00-3:00p Country Store CS	10:00-11:00a Wii Bowling AR 1:00-2:00p Pokeeno AR 3:00-4:00p Men's Club AR	10:00-11:00a Ambulatory Fitness Day AR 1:00-3:00p New Release Wednesday AR 2:00-3:00p Country Store CS	10:00-12:00p Outing: Shopping Day OT 1:00-2:00p Spa Day AR 3:30-4:30p Ladies Club AR	10:00-11:00a Let's Get Fit Friday AR 1:00-2:00p Summer Bingo AR 2:00-3:00p Country Store CS	9:00-11:00a Independent Activities of Your Choice RR 1:00-2:00p Bingo AR 2:00-3:00p iN2L Mobile Activity Cart AR	9:00-11:00a Independent Activities of Your Choice RR 10:00-11:00a iN2L Worship Services Broadcast AR 1:00-3:00p iN2L Mobile Activity Cart AR	10:00-11:00a Chair Fitness & Name That Tune AR 1:00-2:00p National Senior Citizens Day Pizza Party AR 2:00-3:00p Country Store CS	10:00-11:00a Wii Bowling AR 1:00-2:00p Pokeeno AR 3:00-4:00p Men's Club AR	10:00-11:00a Ambulatory Fitness Day AR 1:00-3:00p New Release Wednesday AR 2:00-3:00p Country Store CS	10:00-11:00a Resident Council/Food Committee Meeting AR 1:00-2:00p Spa Day AR 3:30-4:30p Ladies Club AR	10:00-11:00a Let's Get Fit Friday AR 12:00-1:00p Open House: End of The Summer & Residents, Family & Friends Picnic CTY 2:00-3:00p Country Store CS	9:00-11:00a Independent Activities of Your Choice RR 1:00-2:00p Bingo AR 2:00-3:00p iN2L Mobile Activity Cart AR	9:00-11:00a Independent Activities of Your Choice RR 10:00-11:00a iN2L Worship Services Broadcast AR 1:00-3:00p iN2L Mobile Activity Cart AR	10:00-11:00a Chair Fitness & Name That Tune AR 1:00-2:00p Monthly Birthday Party AR 2:00-3:00p Country Store CS	10:00-11:00a Wii Bowling AR 1:00-3:00p Open House: Senior Casino Night DR	10:00-11:00a Ambulatory Fitness Day AR 1:00-3:00p New Release Wednesday AR 2:00-3:00p Country Store CS	10:00-12:00p Outing: Shopping Day OT 1:00-2:00p Smart Buck Day AR 3:30-4:30p Ladies Club AR	Open House Events: 8/25-12:00pm-End of The Summer Residents, Family & Friends (CTY) 8/29-1:00pm-Senior Casino Night (A/R)	Happy Birthday 8/1-Debra W 8/23-Rosetta C 8/4-Carl C 8/26-Shirley N 8/13-James B 8/14-JT Gosa