

If you would like to request an activity/service not reflected on the calendar, please notify the RSC or Administrator. Activities Subject to Change



MAY 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- AR** Activity Room
- DR** Dining Room
- CS** Country Store
- RR** Residents Room
- OT** Outing
- CTY** Courtyard

Please practice social distancing & wear your mask when outside your apartments

Monthly wellness check conducted the 1st thru 5th

Please call ext.1009 request an activity/service not reflected on the calendar

	01	02	03	04	05	06	
	<p>10:00-11:00a   Chair Fitness &amp; Name That Tune <b>AR</b></p> <p>1:00-2:00p   What's Cooking In May? Cinco de Mayo Guacamole <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>10:00-11:00a   RTA Free Senior Ride Sign Up <b>AR</b></p> <p>1:00-2:00p   Crazy Sunglasses Day Selfies <b>AR</b></p> <p>3:30-4:30p   Men Club <b>AR</b></p>	<p>10:00-11:00a   Ambulatory Fitness Day <b>AR</b></p> <p>1:00-3:00p   New Release Wednesday <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>10:00-11:00a   Cinco de Mayo Candy Dice Game <b>AR</b></p> <p>1:00-2:00p   Spa Day <b>AR</b></p> <p>3:30-4:30p   Ladies Club <b>AR</b></p>	<p>10:00-11:00a   Let's Get Fit Friday <b>AR</b></p> <p>11:00-1:00p   Cinco de Mayo Celebration <b>DR</b></p> <p>1:00-2:00p   Cinco De Mayo Bingo <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>9:00-11:00a   Independent Activities of Your Choice <b>RR</b></p> <p>1:00-2:00p   Bingo <b>AR</b></p> <p>2:00-3:00p   iN2L Mobile Activity Cart <b>AR</b></p>	
	<p>9:00-11:00a   Independent Activities of Your Choice <b>RR</b></p> <p>12:00-2:00p   Open House Event: Mother's Day Brunch <b>DR</b></p> <p>1:00-3:00p   iN2L Mobile Activity Cart <b>AR</b></p>	<p>10:00-11:00a   Chair Fitness &amp; Name That Tune <b>AR</b></p> <p>1:00-2:00p   What's Cooking In May? "Strawberries &amp; Cream Delight" <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>10:00-11:00a   Crafty Corner: Qtip Bottle Painting Rainbow Dot Flowers <b>AR</b></p> <p>1:00-2:00p   Pokeeno <b>AR</b></p> <p>3:30-4:30p   Men Club <b>AR</b></p>	<p>10:00-11:00a   Ambulatory Fitness Day <b>AR</b></p> <p>1:00-3:00p   New Release Wednesday <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>10:00-12:00p   Outing: Shopping Day <b>OT</b></p> <p>1:00-2:00p   Mother's Day Maincure &amp; Make-up Spa Day <b>AR</b></p> <p>3:30-4:30p   Ladies Club <b>AR</b></p>	<p>10:00-11:00a   Let's Get Fit Friday <b>AR</b></p> <p>1:00-2:00p   Spring Bingo <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>9:00-11:00a   Independent Activities of Your Choice <b>RR</b></p> <p>1:00-2:00p   Mother's Day Bingo <b>AR</b></p> <p>2:00-3:00p   iN2L Mobile Activity Cart <b>AR</b></p>
<b>Mother's Day</b>	<p>9:00-11:00a   Independent Activities of Your Choice <b>RR</b></p> <p>10:00-11:00a   iN2L Worship Services Broadcast <b>AR</b></p> <p>1:00-3:00p   iN2L Mobile Activity Cart <b>AR</b></p>	<p>10:00-11:00a   Chair Fitness &amp; Name That Tune <b>AR</b></p> <p>1:00-2:00p   Health -N- Wellness Presentation <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>10:00-11:00a   Crafty Corner: Floral Butterfly Frames <b>AR</b></p> <p>1:00-2:00p   Pokeeno <b>AR</b></p> <p>3:30-4:30p   Men Club <b>AR</b></p>	<p>10:00-11:00a   Ambulatory Fitness Day <b>AR</b></p> <p>1:00-3:00p   New Release Wednesday <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>11:00-1:00p   Outing to Golden Corral <b>OT</b></p> <p>1:00-2:00p   Resident Council/Food Committee Meeting <b>AR</b></p> <p>3:30-4:30p   Ladies Club <b>AR</b></p>	<p>10:00-11:00a   Let's Get Fit Friday <b>AR</b></p> <p>1:00-2:00p   Spring Bingo <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>9:00-11:00a   Independent Activities of Your Choice <b>RR</b></p> <p>1:00-2:00p   Armed Force Bingo <b>AR</b></p> <p>2:00-3:00p   iN2L Mobile Activity Cart <b>AR</b></p>
	<p>9:00-11:00a   Independent Activities of Your Choice <b>RR</b></p> <p>10:00-11:00a   iN2L Worship Services Broadcast <b>AR</b></p> <p>1:00-3:00p   iN2L Mobile Activity Cart <b>AR</b></p>	<p>10:00-11:00a   Chair Fitness &amp; Name That Tune <b>AR</b></p> <p>1:00-2:00p   Backyard Games Party <b>CTY</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>10:00-11:00a   Crafty Corner: Sip-N-Paint <b>AR</b></p> <p>1:00-2:00p   Pokeeno <b>AR</b></p> <p>3:30-4:30p   Men Club <b>AR</b></p>	<p>10:00-11:00a   Ambulatory Fitness Day <b>AR</b></p> <p>1:00-3:00p   New Release Wednesday <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>10:00-12:00p   Outing: Shopping Day <b>OT</b></p> <p>1:00-2:00p   Spa Day <b>AR</b></p> <p>3:30-4:30p   Ladies Club <b>AR</b></p>	<p>10:00-11:00a   Let's Get Fit Friday <b>AR</b></p> <p>1:00-3:00p   Open House Event: Memorial Day Blues/Jazz Night <b>CTY</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>9:00-11:00a   Independent Activities of Your Choice <b>RR</b></p> <p>1:00-2:00p   Bingo <b>AR</b></p> <p>2:00-3:00p   iN2L Mobile Activity Cart <b>AR</b></p>
<b>Memorial Day</b>	<p>9:00-11:00a   Independent Activities of Your Choice <b>RR</b></p> <p>10:00-11:00a   iN2L Worship Services Broadcast <b>AR</b></p> <p>1:00-3:00p   iN2L Mobile Activity Cart <b>AR</b></p>	<p>10:00-11:00a   Chair Fitness &amp; Name That Tune <b>AR</b></p> <p>1:00-2:00p   Memorial Day Bingo <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>10:00-11:00a   Crafty Corner: Petite Paper Purse <b>AR</b></p> <p>1:00-2:00p   May Monthly Birthday Party <b>AR</b></p> <p>3:30-4:30p   Men Club <b>AR</b></p>	<p>10:00-11:00a   Ambulatory Fitness Day <b>AR</b></p> <p>1:00-3:00p   New Release Wednesday <b>AR</b></p> <p>2:00-3:00p   Country Store <b>CS</b></p>	<p>Happy Birthday</p> <p>5/4-Antonio B    5/16-Roberta D</p> <p>5/5-John S        5/17-Jack D</p> <p>5/13-Sabino C    5/19-Robert D</p> <p>5/14- Roy H        5/25-Ruben C</p>	<p>Happy Birthday</p> <p>5/25-Brenda E</p> <p>5/25-Allen W</p> <p>5/26-Jame M</p>	<p>Open House Events:</p> <p>5/7-12:00pm-Mother's Day Brunch (D/R)</p> <p>5/26-1:00pm-Memorial Day Blues/Jazz Night (CTY)</p>