If you would like to request an activity/service not reflected on the calendar, please notify the RSC or Administrator. Activities Subject to Change

The Montclare Supportive Living Community Lawndale
773-277-0288 · 4339 W. 18th Place · Chicago, Illinois 60623
Managed by Gardant Management Solutions · www.montclare-sf.com

HAPPY Easter

APRIL 2023

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

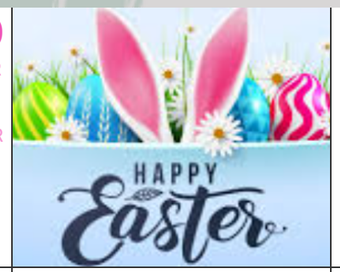
Meeting Places

AR	Activity Room
DR	Dining Room
RR	Residents Room
CS	Country Store
LOB	Lobby
OT	Outing

Please practice social distancing & wear your mask when outside your apartments

Monthly wellness check conducted the 1st thru 5th

Please call ext.1009 request an activity/service not reflected on the calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Apr 30 9:00 – 11:00a Independent Activities of Your Choice RR 10:00 – 11:00a iN2L Worship Services Broadcast RR 1:00 – 3:00p Mobile Activity Cart AR			Open House Event 4/7-1:00pm-Easter Egg Hunt & Photo w/ Easter Bunny (LOB) 4/20-1:00pm-Spring Tea Party (DR)	Happy Birthday 4/4-Michael M 4/4-Michael M 4/7-Wilma W 4/7-Kaydo L	Happy Birthday 4/22-Virginia I 4/25-Cardell H 4/28-Ida J	**01** 9:00 – 11:00a Independent Activities of Your Choice RR 1:00 – 2:00p Bingo AR 2:00 – 3:00p iN2L Mobile Activity Cart AR
02 9:00 – 11:00a Independent Activities of Your Choice RR 10:00 – 11:00a iN2L Worship Services Broadcast RR 1:00 – 3:00p Mobile Activity Cart AR	**03** 10:00 – 11:00a Chair Fitness & Name That Tune AR 1:00 – 2:00p Pokeeno AR 2:00 – 3:00p Country Store CS	**04** 10:00 – 11:00a Crafty Corner: Easter Baskets Making AR 1:00 – 2:00p Dance & Weather Trivia AR 3:30 – 4:30p Men Club AR	**05** 10:00 – 11:00a Ambulatory Fitness Day AR 1:00 – 3:00p New Release Wednesday AR 2:00 – 3:00p Country Store CS	**06** 10:00 – 11:00a Easter Egg DYI AR 1:00 – 2:00p Spa Day AR 3:30 – 4:30p Ladies Club AR	**07** 10:00 – 11:00a Let's Get Fit Friday AR 1:00 – 2:00p Good Friday Bingo AR 1:00 – 3:00p Open House Event: Easter Event LOB 2:00 – 3:00p Country Store CS	**08** 9:00 – 11:00a Independent Activities of Your Choice RR 1:00 – 2:00p Bingo AR 2:00 – 3:00p iN2L Mobile Activity Cart AR
09 9:00 – 11:00a Independent Activities of Your Choice RR 10:00 – 11:00a iN2L Worship Services Broadcast RR 1:00 – 3:00p Mobile Activity Cart AR	**10** 10:00 – 11:00a Chair Fitness & Name That Tune AR 1:00 – 2:00p Colorful Cake Pops Making AR 2:00 – 3:00p Country Store CS	**11** 10:00 – 11:00a Crafty Corner: Spring Showers Door Decor AR 1:00 – 2:00p Karakoe Night AR 3:30 – 4:30p Men Club AR	**12** 10:00 – 11:00a Ambulatory Fitness Day AR 1:00 – 3:00p New Release Wednesday AR 2:00 – 3:00p Country Store CS	**13** 10:00 – 12:00p Outing: Shopping Day OT 1:00 – 2:00p Spa Day AR 3:30 – 4:30p Ladies Club AR	**14** 10:00 – 11:00a Let's Get Fit Friday AR 1:00 – 2:00p Easter Bingo AR 2:00 – 3:00p Country Store CS	**15** 9:00 – 11:00a Independent Activities of Your Choice RR 1:00 – 2:00p Bingo AR 2:00 – 3:00p iN2L Mobile Activity Cart AR
16 9:00 – 11:00a Independent Activities of Your Choice RR 10:00 – 11:00a iN2L Worship Services Broadcast RR 1:00 – 3:00p Mobile Activity Cart AR	**17** 10:00 – 11:00a Chair Fitness & Name That Tune AR 1:00 – 2:00p Honey Lime Rainbow Fruit Salad AR 2:00 – 3:00p Country Store CS	**18** 10:00 – 11:00a Crafty Corner: Tie Dye T-Shirt Making AR 1:00 – 2:00p Health -N- Wellness Presentation AR 3:30 – 4:30p Men Club AR	**19** 10:00 – 11:00a Ambulatory Fitness Day AR 1:00 – 3:00p New Release Wednesday AR 2:00 – 3:00p Country Store CS	**20** 1:00 – 3:00p Open House: Spring Tea Party DR 3:30 – 4:30p Ladies Club AR	**21** 10:00 – 11:00a Let's Get Fit Friday AR 1:00 – 2:00p Spring Bingo AR 2:00 – 3:00p Country Store CS	**22** 9:00 – 11:00a Independent Activities of Your Choice RR 1:00 – 2:00p Bingo AR 2:00 – 3:00p iN2L Mobile Activity Cart AR
23 9:00 – 11:00a Independent Activities of Your Choice RR 10:00 – 11:00a iN2L Worship Services Broadcast RR 1:00 – 3:00p Mobile Activity Cart AR	**24** 10:00 – 11:00a Chair Fitness & Name That Tune AR 1:00 – 2:00p Resident Council/Food Committee Meeting AR 2:00 – 3:00p Country Store CS	**25** 10:00 – 11:00a Crafty Corner: Spring Chick Planters AR 1:00 – 2:00p Monthly Birthday Party AR 3:30 – 4:30p Men Club AR	**26** 10:00 – 11:00a Ambulatory Fitness Day AR 1:00 – 3:00p New Release Wednesday AR 2:00 – 3:00p Country Store CS	**27** 10:00 – 12:00p Outing: Shopping Day OT 1:00 – 2:00p Spa Day AR 3:30 – 4:30p Ladies Club AR	**28** 10:00 – 11:00a Let's Get Fit Friday AR 1:00 – 2:00p Spring Bingo AR 2:00 – 3:00p Country Store CS	**29** 9:00 – 11:00a Independent Activities of Your Choice RR 1:00 – 2:00p Bingo AR 2:00 – 3:00p iN2L Mobile Activity Cart AR