

If you would like to request an activity/service not reflected on the calendar, please notify the RSC or Administrator. Activities Subject to Change



# SAINT PATRICK'S

MARCH 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



	01	02	03	04
<p>Happy Birthday</p> <p>3/1-John B    3/13-Robin K</p> <p>3/2-Morine B    3/14-James H</p> <p>3/5-Gloria R    3/18-Arthur H</p> <p>3/13-Elizabeth A    3/19-Leslie B</p> <p>3/21-Barbara P</p> <p>3/27-Lovie P</p> <p>3/31-Theotis D</p>	<p>10:00-11:00a Ambulatory Fitness Day AR</p> <p>01:00-03:00p New Release Wednesday AR</p> <p>02:00-03:00p Country Store CS</p>	<p>10:00-12:00p Outing: Shopping Day OT</p> <p>01:00-02:00p Spa Day AR</p> <p>03:30-04:30p Ladies Club AR</p>	<p>10:00-11:00a Let's Get Fit Friday AR</p> <p>01:00-02:00p Winter Bingo AR</p> <p>02:00-03:00p Country Store CS</p>	<p>09:00-11:00a Independent Activities of Your Choice RR</p> <p>11:00-03:00p Montclare Pop-Up Shop Networking Event DR</p>
<p>09:00-11:00a Independent Activities of Your Choice RR</p> <p>10:00-11:00a iN2L Worship Services Broadcast RR</p> <p>01:00-03:00p Mobile Activity Cart AR</p>	<p>10:00-11:00a Chair Fitness &amp; Name That Tune AR</p> <p>01:00-02:00p What's Cooking In March? "Mango Lassi Smoothie" AR</p> <p>02:00-03:00p Country Store CS</p>	<p>10:00-11:00a Ambulatory Fitness Day AR</p> <p>01:00-03:00p New Release Wednesday AR</p> <p>02:00-03:00p Country Store CS</p>	<p>10:00-11:00a Famous March Birthdays AR</p> <p>01:00-02:00p Spa Day AR</p> <p>03:30-04:30p Ladies Club AR</p>	<p>09:00-11:00a Independent Activities of Your Choice RR</p> <p>01:00-02:00p Bingo AR</p> <p>02:00-03:00p iN2L Mobile Activity Cart AR</p>
<p>09:00-11:00a Independent Activities of Your Choice RR</p> <p>10:00-11:00a iN2L Worship Services Broadcast RR</p> <p>01:00-03:00p Mobile Activity Cart AR</p>	<p>10:00-11:00a Chair Fitness &amp; Name That Tune AR</p> <p>01:00-02:00p What's Cooking In March? "Garden Pasta Salad" AR</p> <p>02:00-03:00p Country Store CS</p>	<p>10:00-11:00a Ambulatory Fitness Day AR</p> <p>01:00-03:00p New Release Wednesday AR</p> <p>02:00-03:00p Country Store CS</p>	<p>10:00-12:00p Outing: Shopping Day OT</p> <p>01:00-02:00p Resident Council/Food Committee Meeting AR</p> <p>03:30-04:30p Ladies Club AR</p>	<p>09:00-11:00a Independent Activities of Your Choice RR</p> <p>01:00-02:00p Bingo AR</p> <p>02:00-03:00p iN2L Mobile Activity Cart AR</p>
<p>09:00-11:00a Independent Activities of Your Choice RR</p> <p>10:00-11:00a iN2L Worship Services Broadcast RR</p> <p>01:00-03:00p Mobile Activity Cart AR</p>	<p>10:00-11:00a Chair Fitness &amp; Name That Tune AR</p> <p>01:00-02:00p What's Cooking In March? "Graham Cracker Energy Balls" AR</p> <p>02:00-03:00p Country Store CS</p>	<p>10:00-11:00a Ambulatory Fitness Day AR</p> <p>01:00-03:00p New Release Wednesday AR</p> <p>02:00-03:00p Country Store CS</p>	<p>10:00-01:00p Outing To Cermak Theatre OT</p> <p>01:00-02:00p Spa Day AR</p> <p>03:30-04:30p Ladies Club AR</p>	<p>09:00-11:00a Independent Activities of Your Choice RR</p> <p>01:00-02:00p Bingo AR</p> <p>02:00-03:00p iN2L Mobile Activity Cart AR</p>
<p>09:00-11:00a Independent Activities of Your Choice RR</p> <p>10:00-11:00a iN2L Worship Services Broadcast RR</p> <p>01:00-03:00p Mobile Activity Cart AR</p>	<p>10:00-11:00a Chair Fitness &amp; Name That Tune AR</p> <p>01:00-02:00p Monthly Birthday Party AR</p> <p>02:00-03:00p Country Store CS</p>	<p>10:00-11:00a Ambulatory Fitness Day AR</p> <p>01:00-03:00p New Release Wednesday AR</p> <p>02:00-03:00p Country Store CS</p>	<p>10:00-12:00p Outing: Shopping Day OT</p> <p>01:00-02:00p Baseball Opening Day w/Chicago Style Hotdogs AR</p> <p>03:30-04:30p Ladies Club AR</p>	<p>Open House Events:</p> <p>3/4-11:00am-Montclare Pop Up Shop Networking Event (DR)</p> <p>3/17-12:00pm-St. Patrick's Day Tour Day w/Shamrock Shakes (LOB)</p>

- Dimensions of Wellness**
- Physical
  - Emotional
  - Spiritual
  - Environmental
  - Vocational
  - Social
  - Intellectual

- Meeting Places**
- DR Dining Room
  - AR Activity Room
  - CS Country Store
  - OT Outing
  - RR Residents Room
  - LOB Lobby

Please practice social distancing & wear your mask when outside your apartments

Monthly wellness check conducted the 1st thru 5th

Please call ext.1009 request an activity/service not reflected on the calendar