

THE LACEY BRIEF

AT A GLANCE



MAY 12, 2024



NURSES WEEK
MAY 6 - MAY 12



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FROM THE DESKS OF THE CO-PRESIDENTS: JULIE SIMPKINS & GREG ECHOLS

We are continuing to highlight all of Gardant's teams that help guide our mission into fruition. Another group that plays a vital role in the Gardant organization is the ACT Team. The ACT team provides support to all Executive Directors and their teams.

An Executive Director plays a pivotal role that leads all community operations while providing care and safety to our resident population. Gardant leadership led by Rod Burkett, Chairman, identified a need to reduce Executive Director turnover while increasing retention and satisfaction. This led to the ACT Team that formed in October 2020. In the last three and a half years, the ACT Team and its various sub-committees have met as a group over 100 times. The ACT Team has presented at Executive Director Retreats, Staff Meetings, Holiday Parties, and Orientations.

The ACT Team was challenged to reduce Executive Director turnover by less than 20% each calendar year. In 2023, we nearly met the challenge that has only inspired us to push forward and achieve the optimal outcome continually. We've received a lot of support from Gardant and our peers and know we share in the successes found this far and will continue to see moving forward.

ACT Purpose Statement:

Your ACT Team is a collaborative, interdisciplinary team of leaders who are committed to serving community Executive Directors, alongside all key stakeholders through providing compassionate, intentional, and thoughtful support to ensure high-level outcomes and experiences.

If you wish to learn more about the ACT team you can email them at ACTemail@gardant.com



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IN THE NEWS



ABOUT THE MONTH OF MAY

RICK BANAS, VP OF DEVELOPMENT AND POSITIONING

On May 14, 1796, the smallpox vaccine was developed by Dr. Edward Jenner, using a new procedure of injecting a milder form of the disease into a healthy person to build immunity.

Flornce Nightingale was born on May 12, 1820. She received worldwide acclaim for her devotion to nursing, the development of modern nursing procedures, and emphasizing the dignity of nursing as a profession.

May is Older Americans Month, Get Caught Reading Month, Barbeque Month, Salad Month, and Blood Pressure Month.

On May 21, 1881, the American Red Cross was founded by Clara Barton.



Irving Berlin was born on May 11, 1888. Although he could not read or write musical notation, he became one of our greatest song writers. Among his best known songs are “God Bless America,” “There’s No Business Like Show Business,” “Puttin on the Ritz”, “White Christmas”, and “Oh! How Hate to Get Up in the Morning.”

Frank Capra was born on May 18, 1891. He best known for the films “It’s a Wonderful Life” and “Mr. Smith Goes to Washington.”

On May 5, 1961, Alan Shepard became the first person from the U.S. to be launched into space.



Mother’s Day is May 12. Did you know that West Virginia was the first state to officially adopt the second Sunday of May as Mother’s Day?

Nurses Week is the week of May 6 through May 12. Emergency Medical Services Week is the week of May 19 through May 25.



WELLNESS



NURSES WEEK **CHRISI KARCZ, VP OF CLINICAL SERVICES**

Since 1896 the American Nurses Association (ANA) has promoted the Nursing profession. In 1953, recognition of Nurses Day was requested in the United States.

It was not until 1974 by Proclamation of the White House and President Nixon, National Nurses week was declared. National Nurses Week now begins every year on May 6 and ends on May 12, Florence Nightingale’s birthday. Florence Nightingale is known as the mother of Nursing.

According to Nursing and Midwifery Studies (2015), Florence Nightingale is the founder of modern and professional nursing. In 1854, during the Crimean war, Florence and thirty-eight other nurses went to assist British soldiers. Upon arrival, Florence used her mathematical knowledge to collect data regarding soldier deaths. She then implemented clean environments, clean water, and fruits, significantly decreasing soldier mortality with improved hygiene and reduced spread of disease.

In 1860, Florence established the first nursing school in the world guided by the following principles: Confidentiality, Building trust, Observation and Communication Skills. She wrote many books, the first “Notes on Nursing” in 1860 is the first book written on Nursing education. Nightingale is recognized for changing nursing to a respectable profession. She was known to be a great humanitarian and scientific figure.

Happy birthday, Florence Nightingale!
Please join us in recognizing our Nurses and Nursing staff across all communities who make a difference every day.
Happy national nurses’ week!



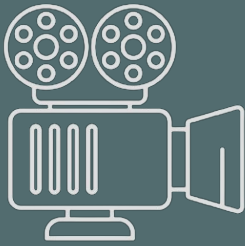
HAPPY BIRTHDAY

- Judy - 5/1**
- Jennie - 5/11**
- Joan - 5/15**
- Linda - 5/19**
- David - 5/23**
- Amy - 5/25**
- Wayne 5/29**
- Victoria - 5/31**

Welcome!

WELCOME NEW RESIDENTS!

Eileen



MAY MOVIES

5/5 The Theory of Everything [2014, PG-13] Stars Eddie Redmayne, Felicity Jones
Stephen Hawking gets unprecedented success in the field of physics despite being diagnosed with motor neuron disease at age 21. He defeats awful odds as his first wife Jane aids him loyally.

5/7 The Time Traveler's Wife [2009, PG-13] Stars Eric Bana, Rachel McAdams
Henry DeTamble, a librarian, possesses a unique gene that lets him involuntarily travel through time. His wife, Claire Abshire, finds it difficult to cope with it.

5/12 The Greatest Show on Earth [1952, Approved] Stars James Stewart, Charlton Heston
The dramatic lives of trapeze artists, a clown, and an elephant trainer are told against a background of circus spectacle.

5/14 Mrs. Doubtfire [1993, PG-13] Stars Robin Williams, Sally Field
After a bitter divorce, an actor disguises himself as a female housekeeper to spend time with his children held in custody by his former wife.

5/19 Romancing the Stone [1984, PG] Stars Michael Douglas, Kathleen Turner, Danny DeVito
A mousy romance novelist sets off for Colombia to ransom her kidnapped sister, and soon finds herself in the middle of a dangerous adventure hunting for treasure with a mercenary rogue.

5/21 Hello, My Name is Doris [2015, R] Stars Sally Field, Max Greenfield
A self-help seminar inspires a sixty-something woman to romantically pursue her younger co-worker.

5/26 Secondhand Lions [2003, PG] Stars Haley Joel Osment, Michael Caine, Robert Duvall
Fourteen-year-old Walter Caldwell's irresponsible mother sends him to live with his bachelor uncles, Hub and Garth, so that she can go on yet another husband-hunting trip.

5/27 My Fellow Americans [1996, PG-13] Stars Jack Lemmon, James Garner, Dan Akroyd
Two former U. S. Presidents, hated rivals, join forces to expose the current, corrupt President at the risk of their lives.

5/28 Pillow Talk [1959, Approved] Stars Rock Hudson, Doris Day
An interior decorator and a playboy songwriter share a telephone party line and size each other up.



LIFESTYLE



H O R O S C O P E

AQAURIUS (1/20 - 2/18)

FOCUS ON EXPERIMENTING, CREATING, AND EXPLORING THIS MONTH AHEAD

PISCES (2/19 - 3/20)

YOUR CONNECTION TO YOUR LOCAL SPACE OFTEN SIGNIFIES WHAT 'HOME' TRULY MEANS TO YOU

ARIES (3/21 - 4/19)

CONTRIBUTE YOUR UNIQUE TALENTS AND ENERGY, AND IN RETURN, RECEIVE THE WARMTH OF MUTUAL CARE AND SUPPORT

TAURUS (4/20 - 5/20)

EXPECT A SURGE OF REFRESHED ENERGY AND ENTHUSIASM TOWARDS EXCITING NEW ADVENTURES

GEMINI (5/21 - 6/20)

NURTURE YOUR SPIRITUAL PRACTICE AND CARVE OUT TIME FOR INTROSPECTION AND HEALING

CANCER (6/21 - 7/22)

STRIKE A BALANCE BETWEEN SOCIALIZING AND INTROSPECTION

LEO (7/23 - 8/22)

CHASE NEW DREAMS AND CARVING OUT YOUR LIFE'S LEGACY

VIRGO (8/23 - 9/22)

THINK ABOUT SHAKING UP THOSE OLD BELIEFS AND EMBARKING ON A JOURNEY TO EXPAND YOUR LIFE'S PRINCIPLES

LIBRA (9/23 - 10/21)

TAKE SOME TIME FOR YOURSELF AND DELVE INTO THE DEPTHS OF YOUR PAST FOR HEALING

SCORPIO (10/22 - 11/21)

LIFE IS ALL ABOUT RELATIONSHIPS—THE CONNECTIONS THAT SHAPE YOUR SENSE OF SELF, PAST AND PRESENT

SAGITTARIUS (11/22-12/21)

YOUR WELL-BEING IS THE TRUE TREASURE TROVE

CAPRICORN (12/22 -1/19)

PURSUE YOUR CHALLENGES WITH PLAY INSTEAD OF SERIOUS DETERMINATION

DO YOU KNOW SOMEONE?

We're currently looking for a volunteer pastor to provide a non-denominational service for residents.

We're also currently looking for a part-time bus driver/activity assistant. They need to be at least 25 years old, have a valid IL driver's license and a good driving record without violations.

Do you know someone who may be interested? If so, please let Lauren know!

SAVE THE DATE!

We're having a Resident and Family Cookout on Saturday June 29th from 11am-2pm.

Please see the invitation for more details. Please RSVP by June 7th, and there is a limit of 2 guests per resident.





THE SCOOP

We have had some great resident suggestions for activities and have added some of them to the May activity calendar. We would like to gauge interest in some of the following activities as well. If you would be interested in any of the following, ***please speak directly with Lauren or Kelly.***

Bus Trip to a Joliet Slammers baseball game. We would have a private air-conditioned suite with outdoor seating as well. July 10th - game at 10:05 am, leaving Lacey Creek at 8:30am - **\$15 per resident.**

Lacey Creek Talent Show – do you have a talent or a hobby that you would you be willing to demonstrate or show off in front of residents and staff members?

Painting Demonstration – our maintenance assistant Travis is an artist. Would you be interested in him doing a painting demonstration where we'd watch him paint a picture and chat about art?

Bus Trip and Lunch at the Illinois Aviation Museum at Clow International Airport in Bolingbrook. Informational museum tour followed by lunch at Charlie's Restaurant, also at the airport. Tour is free, you'd pay for your own lunch.

Bus Trip to Morton Arboretum with an All-Aboard Tour – a tour guide from the Arboretum would join us on the bus and give us a guided tour as we drive through. Date TBD - **\$11 per resident.**

Resident Book Club – would you be interested in joining a resident book club where everyone reads the same book and has discussions about the book?

Bus Trip to "All Shook Up" Musical. June 22nd at 2pm - leaving Lacey Creek about 1:15. **\$15 per resident** – info on the musical below:

Inspired by and featuring the songs of Elvis Presley®

It's 1955, and into a square little town in a square little state rides a guitar-playing young man who changes everything and everyone he meets. Loosely based on Shakespeare's Twelfth Night, this hip-swiveling, lip-curling musical fantasy will have you jumpin' out of your blue suede shoes with such classics as "Heartbreak Hotel," "Hound Dog," "Jailhouse Rock," and "Don't Be Cruel."



PHOTO CORNER





PHOTO CORNER

