



HAPPY NEW YEAR



JANUARY 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Spiritual
- Social
- Intellectual
- Nutritional
- Purposeful

Resident's Birthday:

Claudia, B 1/2

George, K 1/4

Cheryl, C 1/12

Frances, R 1/26

Patricia, O 1/26

Open to the Public Events:

January 7th Beecher Bingo Bash from 12-3 at Beecher Center

January 31st Hot Chocolate Hoedown drive thru from 1-2pm
RSVP to 630-882-6302

Jan 30	Jan 31						
<p>Jan 30</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:00 Cross Lutheran Bus Pickup 10:15 Catholic Service/Rosary 11:00 Joel Olsteen (CH7) 02:30 Nail Manicure 	<p>Jan 31</p> <ul style="list-style-type: none"> All Day National Hot Chocolate Day 08:00 Daily Chronicle 09:30 Sit & Stretch 09:30 Trip to: Walmart 11:00 Penny Press Puzzles 01:00 Bean Bag Baseball Practice 02:30 Bingo 03:00 Isolation Room Service 06:00 Board Games 		<p>01</p> <p>New Year's Day</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Weekend Brain Teaser Packet 01:00 New Year's Movie (The Queen) 06:00 Independent Scrabble 				
<p>02</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:00 Cross Lutheran Bus Pickup 10:15 Catholic Service/Rosary 11:00 Joel Olsteen (CH7) 02:30 Nail Manicure 	<p>03</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:30 Sit & Stretch 11:00 Penny Press Puzzles 01:00 Bean Bag Baseball Practice 02:30 Bingo 03:00 Isolation Room Service 06:00 Board Games 	<p>04</p> <ul style="list-style-type: none"> All Day National Trivia Day All Day Walking the Woods 08:00 Daily Chronicle 11:00 Penny Press Puzzles 02:00 Kings in the Corner 03:00 Country Store 04:00 Color Creation 06:30 Group Activities with Evie 	<p>05</p> <p>Martin Luther King Jr. 1929 - 1968</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:30 Sit & Stretch 10:00 Shuttle Bus 10:00 Independent Activities 11:00 Penny Press Puzzles 01:00 Fox Valley Pet Therapy 02:00 Domino's 02:30 Soup Kitchen 06:00 Board Games 	<p>06</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Bingo 11:00 Penny Press Puzzles 02:30 Resident Council 06:15 Independent Poker Cards 	<p>07</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:30 Sit & Stretch 10:00 Trivia 11:00 Penny Press Puzzles 11:30 Beecher Bingo 01:00 Glee Club 06:00 Board Games 	<p>08</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Weekend Brain Teaser Packet 06:00 Independent Scrabble 06:15 Country Store 	
<p>09</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:00 Cross Lutheran Bus Pickup 10:15 Catholic Service/Rosary 11:00 Joel Olsteen (CH7) 02:30 Nail Manicure 	<p>10</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:30 Sit & Stretch 09:30 Trip to: Walmart 11:00 Penny Press Puzzles 01:00 Bean Bag Baseball Practice 02:30 Bingo with Briana with Willowcrest 03:00 Isolation Room Service 06:00 Board Games 	<p>11</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Color Creation 11:00 Penny Press Puzzles 02:00 Kings in the Corner 03:00 Country Store 06:30 Group Activities with Evie 	<p>12</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:30 Sit & Stretch 10:00 Shuttle Bus 10:00 Independent Activities 11:00 Penny Press Puzzles 02:00 Domino's 06:00 Board Games 	<p>13</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Cross Lutheran Meditation 11:00 Penny Press Puzzles 02:00 Cover All 03:00 Country Store 06:15 Independent Poker Cards 	<p>14</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:30 Sit & Stretch 10:00 Coffee & Tea Chat 11:00 Penny Press Puzzles 01:00 Casino Day 06:00 Board Games 	<p>15</p> <ul style="list-style-type: none"> All Day National Hat Day All Day Walking the Woods 08:00 Daily Chronicle 10:00 Weekend Brain Teaser Packet 06:00 Independent Scrabble 06:15 Country Store 	
<p>16</p> <p>Night of Tu B'Shevat</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:00 Cross Lutheran Bus Pickup 10:15 Catholic Service/Rosary 11:00 Joel Olsteen (CH7) 02:30 Nail Manicure 	<p>17</p> <p>Tu B'Shevat</p> <ul style="list-style-type: none"> All Day Martin Luther King Day 08:00 Daily Chronicle 09:30 Sit & Stretch 11:00 Penny Press Puzzles 01:00 Bean Bag Baseball Practice 02:30 Bingo 03:00 Isolation Room Service 06:00 Board Games 	<p>18</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Color Creation 11:00 Penny Press Puzzles 02:00 Kings in the Corner 02:30 Food Committee 03:00 Country Store 06:30 Group Activities with Evie 	<p>19</p> <p>National Popcorn Day</p> <ul style="list-style-type: none"> All Day National Popcorn Day 08:00 Daily Chronicle 09:30 Sit & Stretch 10:00 Shuttle Bus 10:00 Independent Activities 11:00 Penny Press Puzzles 02:00 Domino's 06:00 Board Games 	<p>20</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Bingo 11:00 Penny Press Puzzles 02:00 Yahtzee 03:00 Country Store 06:15 Independent Poker Cards 	<p>21</p> <p>National Hug Day</p> <ul style="list-style-type: none"> All Day National Hug Day 08:00 Daily Chronicle 09:30 Sit & Stretch 10:00 Trivia 11:00 Penny Press Puzzles 02:00 Welcome New Residents 06:00 Board Games 	<p>22</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Weekend Brain Teaser Packet 06:00 Independent Scrabble 06:15 Country Store 	
<p>23</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:00 Cross Lutheran Bus Pickup 10:15 Catholic Service/Rosary 11:00 Joel Olsteen (CH7) 02:30 Nail Manicure 	<p>24</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:00 Breakfast at Southern Bell 09:30 Sit & Stretch 11:00 Penny Press Puzzles 01:00 Bean Bag Baseball Practice 02:30 Bingo with Resilience Home Health 03:00 Isolation Room Service 06:00 Board Games 	<p>25</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Color Creation 11:00 Penny Press Puzzles 02:00 Kings in the Corner 03:00 Country Store 06:30 Group Activities with Evie 	<p>26</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:30 Sit & Stretch 10:00 Shuttle Bus 10:00 Independent Activities 11:00 Penny Press Puzzles 02:00 Domino's 02:30 Soup Kitchen 06:00 Board Games 	<p>27</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Bingo 11:00 Penny Press Puzzles 02:00 Family Fuid 03:00 Country Store 06:15 Independent Poker Cards 	<p>28</p> <ul style="list-style-type: none"> 08:00 Daily Chronicle 09:30 Sit & Stretch 10:00 Coffee & Tea Chat 11:00 Penny Press Puzzles 02:00 Monthly Birthday Bash/Happy Hour Cart 06:00 Board Games 	<p>29</p> <ul style="list-style-type: none"> All Day Walking the Woods 08:00 Daily Chronicle 10:00 Weekend Brain Teaser Packet 06:00 Independent Scrabble 06:15 Country Store 	