



Happy Mother's Day

MAY 2024

SUNDAY

MONDAY

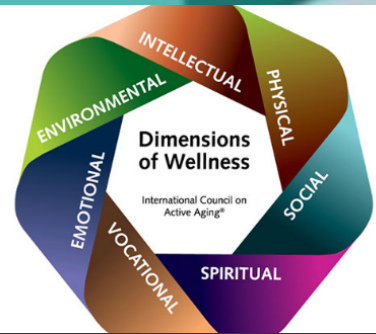
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



May Birthdays:
Jean G.- May 8th

01
9:30 | Trinity Church DIN
1:00 | Communion DIN
1:30 | May Day Around the World UL
6:30 | Walking Warriors Hall

02
9:30 | Bingo DIN
10:00 | Name that Instrument ACT
3:00 | Bringing in the May ACT
6:30 | Game Night ACT

03
9:30 | Chair Exercise-Yoga DOW
10:00 | Fiesta Shopping Game ACT
1:30 | Van Ride VT
6:30 | Movies With Friends ACT

04
10:00 | Activity Puzzle Packets FD
1:30 | Helping Hands UL
6:00 | Games with Friends UL

05
9:30 | Coffee & News DOW
1:00 | Music with Friends UPF

06
10:00 | Cup Holder Craft ACT
1:30 | Pass the Pig Game DIN
3:00 | National Space Day DOW
6:30 | Evening Exercise ACT

07
9:30 | Shuttle Day VT
1:30 | Bingo DIN
3:00 | Happy Hour DOW
6:00 | Evening Revival ACT

08
10:00 | Name That Tune ACT
1:00 | Communion DIN
1:30 | Trivia UL
6:30 | Walking Warriors Hall

09
9:30 | Bingo DIN
1:30 | Facts about Ukraine ACT
3:00 | Grab-and-Go Craft ACT
6:30 | Game Night UL

10
9:30 | Chair Exercise-floor Ball DOW
10:00 | Sunrise Greenhouse Trip VT
1:30 | Name the State ACT
6:30 | Movie Night ACT

11
10:00 | Activity Puzzle Packets FD
1:30 | Helping Hands UL
6:00 | Games with Friends UL

12 Mother's Day
9:30 | Coffee & News DOW
1:00 | Music with Friends UPF

13
10:00 | It's All About Mom ACT
1:30 | Frisbee Tic Tac Oh No BP
3:00 | Ritchie Valens Day DOW
6:30 | Evening Exercise ACT

14
9:30 | Shuttle Day VT
1:30 | Bingo DIN
3:00 | Happy Hour DOW
6:00 | Evening Revival ACT

15
10:00 | Trivia ACT
1:00 | Communion DIN
1:30 | Health Pro ACT
6:30 | Walking Warriors Hall

16
9:30 | Bingo DIN
1:30 | The Purple Heart Flower UL
3:00 | Grab-and-Go Craft ACT
6:30 | Game Night ACT

17
9:30 | Chair Exercise - ti-chi UL
10:00 | Resident Meeting UL
1:30 | Town wide Garage Sales VT
6:30 | Movie Night ACT

18
10:00 | Activity Puzzle Packets FD
1:30 | Helping Hands UL
6:00 | Games with Friends UL

19
9:30 | Coffee & News DOW
1:00 | Music with Friends UPF

20
10:00 | Secret Language of Fans ACT
1:30 | Can You C It ACT
3:00 | Buddy Poppy Day DOW
6:30 | Evening Exercise ACT

21
9:30 | Shuttle Day VT
1:30 | Bingo DIN
3:00 | Happy Hour DOW
6:00 | Evening Revival ACT

22
10:00 | Library Trip VT
1:00 | Communion DIN
1:30 | Food Meeting ACT
6:30 | Walking Warriors Hall

23
9:30 | Bingo DIN
1:30 | Healthy Meals with Mike ACT
3:00 | Grab-and-Go Craft ACT
6:30 | Game Night UL

24
9:30 | Chair Exercise - Dance UL
10:00 | Can You Picture This UL
1:30 | Tour of Ukraine ACT
6:30 | Movies With Friends ACT

25
10:00 | Activity Puzzle Packets FD
1:30 | Helping Hands UL
6:00 | Games with Friends UL

26
9:30 | Coffee & News DOW
1:00 | Music with Friends UPF

27 Memorial Day
1:30 | The Jokers Card Game ACT
3:00 | Memorial Day DOW
6:30 | Evening Exercise ACT

28
9:30 | Shuttle Day VT
1:30 | Bingo DIN
3:00 | Happy Hour DOW
6:00 | Evening Revival ACT

29
10:00 | Alphabet Minute Game ACT
1:00 | Communion DIN
1:30 | Harbor House VT
6:30 | Walking Warriors Hall

30
9:30 | Bingo DIN
1:30 | Snacks From Ukraine ACT
3:00 | Grab-and-Go Craft ACT
6:30 | Game Night ACT

31
9:30 | Chair Exercise-Yoga DOW
10:00 | Jeopardy ACT
1:30 | Resident Birthday Party DIN
6:30 | Movies With Friends ACT



- Dimensions of Wellness
- Physical
 - Emotional
 - Spiritual
 - Environmental
 - Vocational
 - Social
 - Intellectual

- Meeting Places
- DIN** Dining Room
 - UL** Upstairs Lounge
 - Hall** Hallway Walks
 - ACT** Activity Room
 - VT** Van Trip
 - FD** Front Desk
 - DOW** Downstairs Foyer
 - BP** Back Patio

Hello May

* Wellness checks will be completed by CNAs the first week of may

*Be sure to Sign-up for all bus trips. Sign-up sheet will be posted across from the mail boxes.