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APRIL 2024	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dimensions of Wellness Physical Emotional Sopiritual Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contention Contentio	<mark>April Birthdays:</mark> Susan A. – Apr 12 th Judith M. – Apr 15 th Cindy S. – Apr 20 th	01 10:00 Spot the Mistakes 1:30 April Fools' Day Guess the Letter 3:00 The Hoax Museum Blog 6:30 Evening Exercise	ACT 3:00 Bingo DIN 3:00 Spring Cocktails DOW 6:00 Evening Revival ACT	03 9:30 Trinity 1:00 Communion 1:30 Quarterly Resident Orientation 6:30 Walking Warriors	DIN 1:30 Yum's - Facts ACT about France 3:00 Scotland Puzzles DOW 6:30 Game Night ACT Hall	9:30 Chair Exercise- DOW Yoga 10:00 The Kilt: A ACT	06 10:00 Activity Puzzle FD Packets 1:30 Helping Hands UL 6:00 Games with UL Friends
	07 9:30 Coffee & News 1:00 Music with Friends	08 DOW 10:00 Name That Tune 1:30 Pass the Pig Game 3:00 National Zoo Lovers Day 6:30 Evening Exercise	e DIN 1:30 Bingo DIN DOW 3:00 Spring Cocktails DOW 6:00 Evening Revival ACT	10 10:00 Can you Picture This 1:00 Communion 1:30 Garden Stake Craft 6:30 Walking Warriors	1:30JeopardyULDIN3:00Scottish MusicDOWACT6:30Game NightULHall	floor Ball 10:00 The Battle For ACT	13 10:00 Activity Puzzle FD Packets 1:30 Helping Hands UL 6:00 Games with UL Friends
	14 9:30 Coffee & News 1:00 Music with Friends	15 DOW 10:00 Kankakee Trip UPF 1:30 Stickman Word Game 3:00 World Art Day 6:30 Evening Exercise	ACT 1:30 Bingo DIN 3:00 Spring Cocktails DOW 6:00 Evening Revival ACT	1:00 Communion 1:30 Health Pro	1:30Healthy MealsACTDINWith MikeACT3:00Scottish FolktalesDOW6:30Game NightACT	chi 10:00 Resident Meeting UL	20 10:00 Activity Puzzle FD Packets 1:30 Helping Hands UL 6:00 Games with UL Friends
Apr 1st - April Fools' Day Apr 17th - Open House 4-7pm Apr 21st - Go Fly a Kite Day	21 9:30 Coffee & News 1:00 Music with Friends	DOW UPF 10:00 Remembering Gardening 1:30 Garden Prep Day 3:00 Jelly Bean Day 6:30 Evening Exercise	1:30BingoDINBP3:00Spring CocktailsDOWDOW6:00Evening RevivalACT	24 10:00 Library Trip 1:00 Communion 1:30 Food Meeting 6:30 Walking Warriors	DIN 1:30 Yum's - Taste of ACT ACT France Hall 3:00 The Mighty DOW Thistle	Dance	Friends
	28 9:30 Coffee & News 1:00 Music with Friends	29 DOW 10:00 Say What? UPF 1:30 Three-Peat Dice Game 3:00 International Dance Day 6:30 Evening Exercise	ACT ACT9:30Shuttle Day UN SingoVT DIN DIN Singo3:00Spring Cocktails Evening RevivalDOW ACTACT		ARPRY EARTH ORI	ENVIRONMENTAL ENVIRONMENTAL Dimensions of Wellness Unternational Council on Active Aging* Spiritual	IVES HERE Ask us about our iN2L technology!

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Activities are subject to change.

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