

HELLO March

MARCH 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- DOW** Downstairs Foyer
- UL** Upstairs Lounge
- ACT** Activity Room
- VT** Van Trip
- DIN** Dining Room
- Hall** Hallway Walks
- BP** Back Patio

Hello March

Mar 16th- Easter Egg Hunt- public event.

Mar 17th- St. Patty's Day

Mar 18th- St Patty's Lunch

Mar 31st- Easter Sunday

Mar 31	01	02
Mar 31 9:30 Coffee & News DOW 1:00 Music with Friends UPF	01 9:30 Chair Exercise - Dance UL 10:00 World On Fire ACT 1:30 World Music Therapy Day ACT 6:30 Helping Hands ACT	02 10:00 Activity Puzzle Packets FD 1:30 Games with Friends UL
03 9:30 Coffee & News DOW 1:00 Music with Friends UPF	04 10:00 Facts About Poland ACT 1:30 Pass The Pig DIN 3:00 National Pound Cake Day ACT 6:30 Evening Exercise ACT	05 9:30 Shuttle Day VT 1:30 St. Patty's Day Activity Packet ACT 6:00 Evening Revival ACT
06 9:30 Trinity Church DIN 1:00 Communion DIN 1:30 Fill Easter Eggs ACT 6:30 Walking Warriors Hall	07 9:30 Bingo DIN 1:30 Trivia UL 3:00 All Sevens Puzzle DOW 6:30 Game Night ACT	08 9:30 Chair Exercise- Yoga DOW 10:00 Women's History UL 1:30 Can You Picture This UL 6:30 Helping Hands ACT
09 9:30 Coffee & News DOW 1:00 Music with Friends UPF	10 10:00 St. Patty's Day Craft ACT 1:30 Irish Short Skits ACT 3:00 Johnny Appleseed Day DOW 6:30 Evening Exercise ACT	11 9:30 Shuttle Day VT 1:30 Bingo DIN 3:00 Shamrock Shakes DOW 6:00 Evening Revival ACT
12 10:00 Coffee Hour ACT 1:00 Communion DIN 1:30 Fun With Limericks ACT 6:30 Walking Warriors Hall	13 9:30 Bingo DIN 1:30 Punny Math Humor ACT 3:00 March Madness Brackets DOW 6:30 Game Night UL	14 9:30 Chair Exercise- floor Ball DOW 10:00 Resident Meeting UL 1:30 Bowling DOW 6:30 Helping Hands ACT
15 9:30 Coffee & News DOW 1:00 Music with Friends UPF	16 10:00 Tour Of Poland ACT 1:30 Lucky Numbers Game ACT 3:00 National Awkward Moments Day DOW 6:30 Evening Exercise ACT	17 9:30 Shuttle Day VT 1:30 Bingo DIN 3:00 Spring Slushies DOW 6:00 Evening Revival ACT
18 10:00 Coffee Hour ACT 1:00 Communion DIN 1:30 Health Pro ACT 6:30 Walking Warriors Hall	19 9:30 Bingo DIN 1:30 Trivia UL 3:00 Improve Your Memory DOW 6:30 Game Night ACT	20 9:30 Chair Exercise - ti-chi UL 10:00 Pondering Prompts ACT 1:30 Health Cooking DIN 6:30 Helping Hands ACT
19 9:30 Shuttle Day VT 1:30 Bingo DIN 3:00 Spring Slushies DOW 6:00 Evening Revival ACT	20 10:00 Coffee Hour ACT 1:00 Communion DIN 1:30 Health Pro ACT 6:30 Walking Warriors Hall	21 9:30 Bingo DIN 1:30 Trivia UL 3:00 Improve Your Memory DOW 6:30 Game Night ACT
20 10:00 Coffee Hour ACT 1:00 Communion DIN 1:30 Health Pro ACT 6:30 Walking Warriors Hall	21 9:30 Bingo DIN 1:30 Trivia UL 3:00 Improve Your Memory DOW 6:30 Game Night ACT	22 9:30 Chair Exercise - Dance UL 10:00 Swirly Spiral Egg Craft ACT 1:30 March Birthday Party DIN 6:30 Helping Hands ACT
21 9:30 Shuttle Day VT 1:30 Bingo DIN 3:00 Spring Slushies DOW 6:00 Evening Revival ACT	22 10:00 Coffee Hour ACT 1:00 Communion DIN 1:30 Health Pro ACT 6:30 Walking Warriors Hall	23 9:30 Bingo DIN 1:30 Trivia UL 3:00 Improve Your Memory DOW 6:30 Game Night ACT
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23 9:30 Shuttle Day VT 1:30 Bingo DIN 3:00 Spring Slushies DOW 6:00 Evening Revival ACT	24 10:00 Coffee Hour ACT 1:00 Communion DIN 1:30 Health Pro ACT 6:30 Walking Warriors Hall	25 9:30 Bingo DIN 1:30 Trivia UL 3:00 Improve Your Memory DOW 6:30 Game Night ACT
24 10:00 Coffee Hour ACT 1:00 Communion DIN 1:30 Health Pro ACT 6:30 Walking Warriors Hall	25 9:30 Bingo DIN 1:30 Trivia UL 3:00 Improve Your Memory DOW 6:30 Game Night ACT	26 9:30 Chair Exercise - Dance UL 10:00 Swirly Spiral Egg Craft ACT 1:30 March Birthday Party DIN 6:30 Helping Hands ACT
25 9:30 Shuttle Day VT 1:30 Bingo DIN 3:00 Spring Slushies DOW 6:00 Evening Revival ACT	26 10:00 Coffee Hour ACT 1:00 Communion DIN 1:30 Health Pro ACT 6:30 Walking Warriors Hall	27 9:30 Bingo DIN 1:30 Trivia UL 3:00 Improve Your Memory DOW 6:30 Game Night ACT
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27 9:30 Shuttle Day VT 1:30 Bingo DIN 3:00 Spring Slushies DOW 6:00 Evening Revival ACT	28 10:00 Coffee Hour ACT 1:00 Communion DIN 1:30 Health Pro ACT 6:30 Walking Warriors Hall	29 9:30 Bingo DIN 1:30 Trivia UL 3:00 Improve Your Memory DOW 6:30 Game Night ACT
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