

# 4TH OF JULY

## INDEPENDENCE DAY

JULY 2022      SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY

- Dimensions of Wellness
- Physical
  - Emotional
  - Spiritual
  - Environmental
  - Vocational
  - Social
  - Intellectual

Moments: are 1:1 activities between residents and others such as music, reading, etc. Please encourage these activities when you can.

"I regard music therapy as a tool of great power in many neurological disorders- Parkinson's and Alzheimer's- because of its unique capacity to organize or reorganize cerebral function when it has been damaged."

- Oliver Sacks-

	<b>Jul 31</b> 08:30   Good Morning! 09:30   Move to Music 10:30   Group Games 03:00   Staff Choice 04:00   Moments	July Birthday:  Wayne B. July 12 <sup>th</sup>  Bob S. July 13 <sup>th</sup>	Meal Times:  Breakfast 7:30 am  Lunch 12:30 pm  Supper 5:00 pm			<b>01</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   Canada Day 01:00   Van Ride 03:00   Can you Picture 04:00   Moments	<b>02</b> 08:30   Good Morning! 09:30   Move to Music 10:30   Staff Choice 01:30   Coloring Pages 04:00   Moments
	<b>03</b> 08:30   Good Morning! 09:30   Move to Music 10:30   Group Games 03:00   Staff Choice 04:00   Moments	<b>04</b> Independence Day 08:30   Good Morning! 09:30   Balloon Swat 10:30   Patriotic Trivia 01:30   Patriotic Cocktails 03:00   Who Am I? 04:00   Moments	<b>05</b> 08:30   Good Morning! 09:30   Youtube Yoga 10:30   Anna Hedgeman 01:30   Picture Bingo 03:00   Garden Walk 04:00   Moments	<b>06</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   Music in the Garden 01:00   Communion 02:00   Hello July 04:00   Moments	<b>07</b> 08:30   Good Morning! 09:30   Floor Ball 10:30   Moon Garden 01:30   Pair up Game 03:00   Garden Walk 04:00   Moments	<b>08</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   Dice 01:30   Baking with Britney 03:00   Star of the Month 04:00   Moments	<b>09</b> 08:30   Good Morning! 09:30   Move to Music 10:30   Staff Choice 01:30   Coloring Pages 04:00   Moments
	<b>10</b> 08:30   Good Morning! 09:30   Move to Music 10:30   Group Games 03:00   Staff Choice 04:00   Moments	<b>11</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   Lets Make Music 01:30   Natural light Show 03:00   Blackjack 04:00   Moments	<b>12</b> 08:30   Good Morning! 09:30   Youtube Yoga 10:30   Camping Detective 01:30   Trivia 03:00   Garden Walk 04:00   Moments	<b>13</b> 12:00   What Am I? 08:30   Good Morning! 09:30   Balloon Swat 10:30   Catching Game 01:00   Communion 04:00   Moments	<b>14</b> 08:30   Good Morning! 09:30   Floor Ball 10:30   Ingmar Bergman 01:30   Travel Brief 03:00   Garden Walk 04:00   Moments	<b>15</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   I Remember That 01:00   Van Ride 03:00   Uno 04:00   Moments	<b>16</b> 08:30   Good Morning! 09:30   Move to Music 10:30   Staff Choice 01:30   Coloring Pages 04:00   Moments
	<b>17</b> 08:30   Good Morning! 09:30   Move to Music 10:30   Group Games 03:00   Staff Choice 04:00   Moments	<b>18</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   Nelson Mandela 01:30   Catching Game 03:00   Travelogue 04:00   Moments	<b>19</b> 08:30   Good Morning! 09:30   Youtube Yoga 10:30   Shadow Play 01:30   Picture Bingo 03:00   Garden Walk 04:00   Moments	<b>20</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   July Trivia 01:00   Communion 02:00   Lets Make Music 04:00   Moments	<b>21</b> 08:30   Good Morning! 09:30   Floor Ball 10:30   Who Am I? 01:30   Over or Under 50 03:00   Garden Walk 04:00   Moments	<b>22</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   Humor 01:30   July Birthday Party 03:00   Dice 04:00   Moments	<b>23</b> 08:30   Good Morning! 09:30   Move to Music 10:30   Staff Choice 01:30   Coloring Pages 04:00   Moments
	<b>24</b> 08:30   Good Morning! 09:30   Move to Music 10:30   Group Games 03:00   Staff Choice 04:00   Moments	<b>25</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   Musician 01:30   Uno 03:00   I Remember That 04:00   Moments	<b>26</b> 08:30   Good Morning! 09:30   Youtube Yoga 10:30   What Am I? 01:30   You be the Umpire 03:00   Garden Walk 04:00   Moments	<b>27</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   Leo Durocher 01:00   Communion 02:00   Pair up Game 04:00   Moments	<b>28</b> 08:30   Good Morning! 09:30   Floor Ball 10:30   Art & Music 01:30   Trivia 03:00   Garden Walk 04:00   Moments	<b>29</b> 08:30   Good Morning! 09:30   Balloon Swat 10:30   Blackjack 01:00   Van Ride 03:00   Crab Boil Detective 04:00   Moments	<b>30</b> 08:30   Good Morning! 09:30   Move to Music 10:30   Staff Choice 01:30   Coloring Pages 04:00   Moments