



































# April 2024

White Oaks at Heritage Woods of South Elgin  
America/Chicago (CDT)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	
<p><b>This Month We Are Celebrating All Month Resident Birthday:</b></p> <p>April 3<sup>rd</sup> Zenaida "Zeny", E</p> <p>April 12<sup>th</sup> Mary, R</p> 	<p>10:00am Welcome to April Trivia-10, Sunroom</p> <p>10:30am April Fool's Day- History &amp; Jokes- April hangman, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Walking Club, Sunroom</p> <p>1:30pm Bingo, Peach House</p> <p>2:30pm Sing Along with Lidia &amp; Isaia's, Blue House</p> <p>5:30pm Instrumental Music, Garden Room</p>  	<p>10:00am Scottish History Day- Trivia, Sunroom</p> <p>10:30am Higher or Lower Board Game, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm National Peanut Butter &amp; Jelly Day, Peach House</p> <p>2:00pm Fiesta Exercise, Garden Room</p> <p>3:00pm Brain Games &amp; Kickball- Noodle Ball game with Yvette, Blue House</p> <p>5:30pm Open Activity with Cna's, Blue House</p> 	<p>10:00am Find a Rainbow Day- Rainbow Craft, Peach House</p> <p>10:30am Rainbow Facts History &amp; Trivia, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Snacks &amp; Water, Sunroom</p> <p>1:30pm Julia Comfort Dog Visit, Blue House</p> <p>3:00pm Bingo, Peach House</p> <p>6:30pm Hangman Game, Blue House</p> 	<p>10:00am Parachute Game &amp; Name the 5, Blue House</p> <p>10:30am Family Feud &amp; Can you picture this? Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Bus Outing Drive in the Country, Bus for Outing</p> <p>2:30pm afternoon workout with me, Sunroom</p> <p>3:00pm Short Story Time- Book Reading Club, Sunroom</p> 	<p>10:00am Bingo, Peach House</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm National Caramel Popcorn Day- Popcorn &amp; Punch, Peach House</p> <p>1:30pm Sing Along with Lidia &amp; Isaia's, Blue House</p> <p>3:00pm Comedy Hour, TV Room</p> <p>5:30pm Instrumental Music, Garden Room</p> 	<p>10:00am Table Games &amp; Coloring, Peach House</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Adult Coloring Artistry &amp; Table Games, Cream House</p> <p>2:30pm Laughter Hour Relaxation, Blue House</p> <p>5:30pm Open Activity with Cna's, Blue House</p> <p>6:30pm Hangman Game, Blue House</p>
7	8	9	10	11	12	13
	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	
<p>10:00am Trivia Pursuit Day- Family Feud - Hangman, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm NW Baptist Bible Church Service, Blue House</p> <p>1:00pm Nail Time, Blue House</p> <p>2:00pm Classic Movie &amp; popcorn, Blue House</p> 	<p>10:00am What am I Trivia? - Who am I Trivia - April Table Talks, Sunroom</p> <p>10:30am Say What? April Humor &amp; Short Story, Garden Room</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:15pm Bingo win &amp; get a price, Peach House</p> <p>2:30pm Sing Along with Lidia &amp; Isaia's, Blue House</p> <p>5:30pm Instrumental Music, Garden Room</p> 	<p>10:00am Balloon Toss- Kickball, Sunroom</p> <p>10:30am Higher or Lower Board Game, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>2:30pm Drum Circle Class with Chris, Blue House</p> <p>3:30pm Brain Games with Yvette, Sunroom</p> <p>5:30pm Open Activity with Cna's, Blue House</p> 	<p>10:00am Bingo, Peach House</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:30pm Imagine- Dementia Friendly Film- Batavia, Bus for Outing</p> <p>3:00pm April Modern Trivia, Sunroom</p> <p>5:30pm Hangman Game, Blue House</p> 	<p>10:00am Tea Party, Peach House</p> <p>10:45am April Random Trivia - Detective, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Bus Outing Drive in the Country, Bus for Outing</p> <p>3:00pm afternoon workout with me, Sunroom</p> <p>5:30pm Higher or Lower Board Game, Garden Room</p> <p>5:30pm Puzzle &amp; Table Games, Blue House</p> 	<p>10:00am Rosemary Bible Study Service, Peach House</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Sit &amp; Fit Exercise - Snacks- IN2L Travel Trivia, Sunroom</p> <p>2:00pm Sing Along with Lidia &amp; Isaia's, Blue House</p> <p>3:00pm Comedy Hour, 1:00</p> <p>5:30pm Instrumental Music, Garden Room</p> 	<p>10:00am Bingo, Peach House</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Adult Coloring Artistry &amp; Table Games, Cream House</p> <p>2:30pm Laughter Hour Relaxation, Blue House</p> <p>5:30pm Open Activity with Cna's, Blue House</p> <p>6:30pm Hangman Game, Blue House</p>
14	15	16	17	18	19	20
	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	
<p>10:00am Name that Tune- Sing Along, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm NW Baptist Bible Church Service, Blue House</p> <p>1:00pm Nail Time, Blue House</p> <p>2:00pm Classic Movie &amp; popcorn, Blue House</p> 	<p>10:00am April Hangman, Sunroom</p> <p>10:30am April Coloring &amp; Word Searches, Peach House</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Walking Club, Sunroom</p> <p>1:15pm Bingo, Peach House</p> <p>2:30pm Sing Along with Lidia &amp; Isaia's, Blue House</p> <p>5:30pm Instrumental Music, Garden Room</p> 	<p>10:00am Traveling Tuesday- Travel Destination Scottish Highland, Garden Room</p> <p>10:30am April Hangman, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:30pm Bus Outing, Bus for Outing</p> <p>2:30pm Fiesta Exercise, Garden Room</p> <p>3:00pm Brain Games &amp; Kickball- Noodle Ball game with Yvette, Blue House</p> <p>5:30pm Open Activity with Cna's, Blue House</p> 	<p>10:00am- April EZ Does it trivia- Can you picture this? Highland, Garden Room</p> <p>10:30am- Balloon Toss &amp; Kickball - Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Adult Coloring Artistry &amp; Table Games, Cream House</p> <p>3:00pm Bingo, Peach House</p> <p>6:30pm Hangman Game, Blue House</p> 	<p>10:00am Parachute Game &amp; Name the 5, Blue House</p> <p>10:30am What am I Trivia? - Who am I Trivia - Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Bus Outing Drive in the Country, Bus for Outing</p> <p>2:00pm afternoon workout with me, Sunroom</p> 	<p>10:00am Bingo, Peach House</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Sit &amp; Fit Exercise - Snacks- IN2L Travel Trivia, Sunroom</p> <p>2:00pm Sing Along with Lidia &amp; Isaia's, Blue House</p> <p>5:30pm Instrumental Music, Garden Room</p> 	<p>10:00am Sing Along - Name that tune, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>2:30pm Laughter Hour Relaxation, Blue House</p> <p>5:30pm Open Activity with Cna's, Blue House</p> <p>6:30pm Hangman Game, Blue House</p>
21	22	23	24	25	26	27
	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	
<p>12:00am Sunday Fun-day Bingo, Peach House</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Music and Relaxation hour, Blue House</p> <p>1:00pm NW Baptist Bible Church Service, Blue House</p> <p>1:00pm Nail Time, Blue House</p> <p>2:00pm Classic Movie &amp; popcorn, Blue House</p> 	<p>10:00am Earth Day- History &amp; Trivia, Sunroom</p> <p>10:30am Earth Day - Hangman, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:15pm Its Bingo Time, Peach House</p> <p>2:30pm Sing Along with Lidia &amp; Isaia's, Blue House</p> <p>5:30pm Instrumental Music, Garden Room</p> 	<p>10:00am Traveling Tunes Tuesday- Name that Scottish Song, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Adult Coloring Artistry &amp; Table Games, Cream House</p> <p>2:30pm Hickory Knolls Nature Presentation- Peach House</p> <p>3:00pm Fiesta Exercise, Garden Room</p> <p>5:30pm Open Activity with Cna's, Blue House</p> <p>6:30pm Hangman Game, Blue House</p> 	<p>10:00am Ladies Tea Party, Peach House</p> <p>10:45am IN2L Highlights &amp; Family Feud, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Adult Coloring Artistry &amp; Table Games, Cream House</p> <p>3:00pm Bingo, Peach House</p> <p>6:30pm Hangman Game, Blue House</p> 	<p>10:00am Balloon Noodles Toss, Sunroom</p> <p>10:30am Hangman &amp; Family Feud IN2L, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:30pm Bus Outing Drive in the Country, Bus for Outing</p> <p>3:15pm Afternoon sit &amp; fit / Higher or Lower Board Game, Sunroom</p> 	<p>10:00am Rosemary Bible Study Service, Peach House</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Fiesta Exercise &amp; Snacks</p> <p>IN2L Brain Games, Sunroom</p> <p>2:00pm Sing Along with Lidia &amp; Isaia's, Blue House</p> <p>5:30pm Instrumental Music, Garden Room</p> 	<p>10:00am Bingo, Peach House</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Adult Coloring Artistry &amp; Table Games, Cream House</p> <p>2:30pm Laughter Hour Relaxation, Blue House</p> <p>5:30pm Open Activity with Cna's, Blue House</p> <p>6:30pm Hangman Game, Blue House</p>
28	29	30				
	B-Fit exercise with Yvette	B-Fit exercise with Yvette				
<p>10:00am Higher or Lower Board Game - Balloon Toss, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>12:30pm Music and Relaxation hour, Blue House</p> <p>1:00pm NW Baptist Bible Church Service, Blue House</p> <p>1:00pm Nail Time, Blue House</p> <p>2:00pm Classic Movie &amp; popcorn, Blue House</p> 	<p>10:00am April Jeopardy Trivia, Sunroom</p> <p>10:30am Finish the phrase &amp; Who am I? - Story Time, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:00pm Walking Club, Sunroom</p> <p>1:30pm Bingo win &amp; get a price, Peach House</p> <p>2:30pm Sing Along with Lidia &amp; Isaia's, Blue House</p> <p>5:30pm Game of the day with CNA, Garden Room</p> 	<p>10:00am Tune Tuesday- Name that tune, Sunroom</p> <p>11:00am Walking Club with Yvette, Blue House</p> <p>1:30pm Bus Outing, Bus for Outing</p> <p>3:00pm Fiesta Exercise, Garden Room</p> <p>3:30pm Brain Games &amp; IN2L with Yvette, Garden Room</p> <p>5:30pm Hangman Game, Blue House</p> 	<p><b>Tree of the Month:</b> Walnut</p> <p><b>Flower of the Month:</b> Daisy</p> <p><b>Birthstone of the Month:</b> Diamond</p>   	<p><b>What's Lucky in April?</b></p> <p><b>Lucky Color:</b> Yellow</p> <p><b>Lucky Animal:</b> Goat</p> <p><b>Lucky Letter:</b> H</p> <p><b>Lucky Day:</b> Thursday</p> <p><b>Lucky Plant:</b> Tulip</p> 	<p>What's Lucky in April?</p> 	

\* If you would like to request an activity/service not reflected on the calendar, please notify the RSC or Administrator

\* Activities Subject to change upon resident preferences.