



March 2024

White Oaks at Heritage Woods of South Elgin
America/Chicago (CST)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
<p>This Month We Are Celebrating All Month Resident Birthday:</p> <p>March 31st Dolores M</p> 		<p>Tree of the Month: Ash</p> <p>Flower of the Month: Daffodil</p> <p>Birthstone of the Month: Aquamarine</p> 		<p>What's Lucky in March? Lucky Color: Green Lucky Animal: Lamb Lucky Letters: C & R Lucky Day: Thursday Lucky Plant: Shamrock</p>	 <p>10:00am Welcome to March Trivia- IQ, Sunroom 10:30am Balloon Toss- Kickball, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Fiesta Exercise & Snacks- IN2L Brain Games, Garden Room 2:00pm Sing Along with Lidia & Isala's, Blue House 5:30pm Instrumental Music, Garden Room</p>	<p>10:00am Book reading club - Short Story, Sunroom 10:30am Hangman Board Game, Sunroom 11:00am Morning Walking Club, AB 1:00pm Fiesta Exercise & Snacks- IN2L Brain Games, Sunroom 2:30pm Laughter Hour Relaxation, Blue House 5:30pm Open Activity with Cna's, Blue House</p>
3	4	5	6	7	8	9
	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette
<p>10:00am- Sunday Fun Day Bingo- Peach House 11:00am Walking Club with Yvette, Blue House 12:30pm Music and Relaxation hour, Blue House 1:00pm NW Baptist Bible Church Service, Blue House 1:00pm Nail Time, Blue House 2:00pm Classic Movie & popcorn, Blue House</p>	<p>10:00am Fourth day of March- Four Letters Hangman Game, Garden Room 10:30am E2 Music Madness Name that tune, Garden Room 11:00am Walking Club with Yvette, Blue House 1:00pm Bingo- Peach House 2:30pm Sing Along with Lidia & Isala's, Blue House 5:30pm Instrumental Music, Garden Room</p>	<p>10:00am Traveling Tuesday- New Jersey Trivia & History, Sunroom 10:30am Detective Game & Can you picture this? Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Bean Bag Toss, Blue House 2:00pm Fiesta Exercise- Brain Games & Trivia / Snacks, Garden Room 3:00pm EX Music Sing and Spin Name that tune, Garden Room 5:30pm Open Activity with Cna's, Blue House</p>	 <p>10:00am National Oreo Cookie Day- Oreo Cookies and Milk, Sunroom 10:30am Oreo Trivia & History- Family Feud, Garden Room 11:00am Walking Club with Yvette, Blue House 1:00pm Snacks, Blue House 1:30pm Julia Comfort Dog Visit, Blue House 3:00pm Bingo, Peach House 5:30pm Game of the day with CNA, AB</p>	 <p>10:00am Tea Party, Peach House 10:45am Lucky Seven Day- Why is the number seven lucky? Trivia/ History, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Name the 7- Family Feud- Facts About Number Seven? Sun Room 2:00pm Sit & Fit Exercise - Snacks, Garden Room 3:00pm Family Feud - IN2L Games - Balloon Toss, Sun Room 5:30pm Puzzle & Table Games, Sun Room</p>	<p>10:00am Bingo, Peach House 11:00am Walking Club with Yvette, Blue House 1:00pm Work-Out with Me & Snacks- Tickle your funny bone- Jokes, Sunroom 2:00pm Sing Along with Lidia & Isala's, Blue House 3:00pm Comedy Hour, 1:00 5:30pm Instrumental Music, Garden Room</p>	<p>10:00am Table Games & Coloring- Nails, Peach House 11:00am Walking Club with Yvette, Blue House 12:30pm Music and Relaxation hour, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 2:30pm Laughter Hour Relaxation, Blue House 5:30pm Open Activity with Cna's, Blue House 6:30pm Hangman Game, Blue House</p>
10	11	12	13	14	15	16
	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	
 <p>10:00am What am I Trivia? - Who am I Trivia, Garden Room 10:30am Amazing Daylight-Saving Hangman Game, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm NW Baptist Bible Church Service, Blue House 1:00pm Nail Time, Blue House 2:00pm Classic Movie & popcorn, Blue House</p>	 <p>10:00am Clover Day- Craft, Peach House 10:45am Clover Trivia & History, Garden Room 11:00am Walking Club with Yvette, Blue House 1:00pm Bingo- Peach House 2:30pm Sing Along with Lidia & Isala's - Blue House 5:30pm Instrumental Music, Garden Room</p>	<p>10:00am Chinese Culture Day- Snacks & Desserts- Trivia & History, Sunroom 10:30am Noodle Ball Game with Yvette, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Plant a Flower Day/ Paint a Flower, Peach House 2:00pm Fiesta Exercise, Garden Room 2:30pm Drum Circle Class with Chris, Blue House 3:00pm Brain Games & IN2L with Yvette, Blue House 5:30pm Open Activity with Cna's, Blue House</p>	<p>10:00am Name that instrument & remembering the library -, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Higher or Lower Board Game - Family Feud, Sunroom 2:00pm Fiesta Exercise & Snacks- March Who-What am I Trivia? Garden Room 3:00pm Bingo, Peach House 5:30pm Hangman Game, Blue House</p>	 <p>10:00am Pi-Day History/ Mixed-Up Mathematics Game, Sunroom 10:30am Higher or Lower Board Game, Garden Room 11:00am Walking Club with Yvette, Blue House 1:00pm Pi-Day- Pie & Punch, Peach House 2:00pm afternoon workout with me, Sunroom 3:00pm Higher or Lower Board Game - Family Feud- March Trivia, Sunroom 5:30pm Game of the day with CNA, AB</p>	<p>10:00am Early Bird Bingo, Peach House 11:00am Walking Club with Yvette, Blue House 1:00pm Math & Einstein Trivia, Sunroom 1:30pm Sit & Fit Exercise - Snacks, Garden Room 2:00pm Sing Along with Lidia & Isala's, Blue House 3:00pm Comedy Hour, TV Room 5:30pm Instrumental Music, Garden Room</p>	 <p>10:00am National Panda Day- History & Trivia, Garden Room 11:00am Walking Club with Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 2:30pm Laughter Hour Relaxation, Blue House 5:30pm Open Activity with Cna's, Blue House</p>
17	18	19	20	21	22	23
	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	
 <p>10:00am St. Patrick's Trivia & History, Garden Room 10:30am St. Patrick's Hangman Board Game, Sunroom 11:00am Walking Club with Yvette, Blue House 12:30pm Music and Relaxation hour, Blue House 1:00pm NW Baptist Bible Church Service, Blue House 1:00pm Nail Time, Blue House 2:00pm Classic Movie & popcorn, Blue House 5:30pm March/ St. Patrick's Coloring /Word search, Peach House</p>	 <p>10:00am Library Ladies Visit, Peach House 11:00am Walking Club with Yvette, Blue House 1:00pm St. Patrick's Craft, Peach House 2:00pm Fiesta Exercise & Snacks, Garden Room 2:25pm Sing Along with Lidia & Isala's - Blue House 5:30pm Instrumental Music, Garden Room</p>	<p>10:00am Spring Begins Today- Welcome to Spring Trivia/ Spring Poems, Garden Room 11:00am Walking Club with Yvette, Blue House 1:00pm Spring craft, Peach House 2:30pm Fiesta Exercise, Garden Room 3:00pm Remembering Irish Songs- Famous Irish Folks- Who am I? Sunroom 5:30pm Open Activity with Cna's, Blue House</p>	 <p>10:00am Tea Party, Peach House 10:45am Higher or Lower Board Game- Balloon Toss, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 3:00pm Bingo, Peach House 5:30pm Hangman Game, Blue House</p>	<p>10:00am Parachute Game & Name the 5, Blue House 10:30am Stickman Word Game, Sunroom 11:00am Walking Club with Yvette, Blue House 1:30pm Bus Outing Drive in the Country, Bus for Outing 3:00pm afternoon workout with me, Sunroom 4:00pm Family Feud & Trivia-Sunroom 5:30pm-Table Games & Coloring- Peach House</p>	 <p>10:00am Funny Friday- Jokes, Sunroom 10:30am Balloon Toss- Kickball, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Chip & Dip Day Happy Hour, Peach House 2:00pm Sing Along with Lidia & Isala's, Blue House 5:30pm Instrumental Music, Garden Room</p>	<p>10:00am Early Bird Bingo, Peach House 11:00am Walking Club with Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 2:30pm Laughter Hour Relaxation, Blue House 5:30pm Open Activity with Cna's, Blue House</p>
24	25	26	27	28	29	30
	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	
 <p>10:00am- Palm Sunday Service & History- Blue House 11:00am Walking Club with Yvette, Blue House 1:00pm Bingo Time Peach House 2:30pm Sing Along with Lidia & Isala's - Blue House 5:30pm Instrumental Music, Garden Room</p>	<p>10:00am Name that 60's Tune, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm- Bingo Time Peach House 2:30pm Sing Along with Lidia & Isala's - Blue House 5:30pm Instrumental Music, Garden Room</p>	<p>10:00am Easter Bunny wreath craft, Peach House 11:00am Walking Club with Yvette, Blue House 2:00pm Fiesta Exercise, Garden Room 2:30pm Hickory knolls nature presentation, Peach House 3:30pm Brain Games & IN2L with Yvette, Garden Room 5:30pm Open Activity with Cna's, Blue House</p>	<p>10:00am Country Music Day- Name that Country Tune, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Bean Bag Toss, Blue House 2:00pm Fiesta Exercise & Snacks, Sunroom 3:00pm Bingo, Peach House 5:30pm Hangman Game, Blue House</p>	<p>10:00am Easter Craft, Peach House 10:45am The Evolution of Easter Bunny - Trivia & History, Sunroom 11:00am Walking Club with Yvette, Blue House 1:30pm Bus Outing Drive in the Country, Bus for Outing 2:30pm afternoon workout with me, Sunroom 3:00pm Higher or Lower Board Game - Family Feud, Garden Room 5:00pm- Game of the day with CNA- Peach Hoxe</p>	 <p>10:00am Good Friday- Trivia & Traditions, Sunroom 10:00am Bingo, Peach House 11:00am Walking Club with Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 2:30pm Sing Along with Lidia & Isala's, Blue House 5:30pm Instrumental Music, Garden Room</p>	<p>10:00am Jeopardy Day- Jeopardy Trivia -"Final Jeopardy Music", Garden Room 10:30am The evolution if the Easter Bunny - History of White House, Sunroom 11:00am Walking Club with Yvette, Blue House 1:00pm Adult Coloring Artistry & Table Games, Cream House 2:30pm Laughter Hour Relaxation, Blue House 5:30pm Open Activity with Cna's, Blue House</p>
31						
 <p>10:00am Bunny Craft, Peach House 10:30am Easter Egg Word Hunt Board Game, Sunroom 11:00am Walking Club With Yvette, Blue House 1:00pm NW Baptist Bible Church Service, Blue House 1:00pm Nail Time, Blue House 2:00pm Classic Movie & popcorn, Blue House</p>						

* If you would like to request an activity/service not reflected on the calendar, please notify the RSC or Administrator

* Activities Subject to change upon resident preferences.