



















February

February 2024

White Oaks at Heritage Woods of South Elgin
America/Chicago (CST)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Seated Exercise With Yvette	Seated Exercise With Yvette	
<div>This Month We Are Celebrating All Month Resident Birthdays: February 5th: Barbar T February 7th: Willa E. (Mimi) February 19th: Patricia F</div> <div></div>	<div></div>	<div></div>	<div></div>	<div>10:00am Love Craft, <i>Peach House</i> 10:45am Welcome to February Trivia - February IQ, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Higher or Lower Board Game - Family Feud, <i>Sunroom</i> 2:00pm afternoon workout with me, <i>Sunroom</i> 2:30pm Name that 60's Tune, <i>Garden Room</i> 3:30pm Family Feud - IN2L Games, <i>Garden Room</i> 5:30pm Game of the day with CNA, AB</div>	<div><div>10:00am Groundhog- Will the Groundhog see its shadow? Trivia & History, <i>Garden Room</i> 10:30am Groundhog Hangman, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Afternoon Stretches & Snacks - memory Games/ finish the phrase, <i>Garden Room</i> 2:00pm Sing Along with Lidia & Isai'a's, <i>Blue House</i> 3:00pm Comedy Hour, <i>TV Room</i> 5:30pm Instrumental Music, <i>Garden Room</i></div></div>	<div>10:00am Bingo, <i>Peach House</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm February EZ Random Trivia - Table Talk, <i>Sunroom</i> 2:30pm Laughter Hour Relaxation, <i>Blue House</i> 5:30pm Hangman Game, <i>Blue House</i></div>
4	5	6	7	8	9	10
	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette
<div>10:00am Name that Tune- Sing Along, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm NW Baptist Bible Church Service, <i>Blue House</i> 2:00pm Classic Movie & popcorn, <i>Blue House</i></div>	<div>10:00am Music-Tuning into good morning music - Family Feud, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Walking Club, <i>Sunroom</i> 1:15pm Sing Along - Name that tune-Love Songs, <i>Sunroom</i> 2:30pm Sit & Fit Exercise - Snacks, <i>Garden Room</i> 3:00pm Bingo win & get a price, <i>Peach House</i> 5:30pm Instrumental Music, <i>Garden Room</i></div>	<div>10:00am Heart Picture Frame Craft, <i>Peach House</i> 10:45am Short Story time- Book Reading Club, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Table Games & Coloring, <i>Peach House</i> 2:00pm Fiesta Exercise & Snacks, <i>Garden Room</i> 3:00pm Brain Games & Kickball- Noodle Ball game with Yvette, <i>Blue House</i> 5:30pm Open Activity with Cna's, <i>Blue House</i></div> <div></div>	<div>10:00am Balloon Toss- Kickball, <i>Sunroom</i> 10:30am Higher or Lower Board Game, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Snacks, <i>Sunroom</i> 1:30pm Julia Comfort Dog Visit, <i>Blue House</i> 3:00pm Bingo, <i>Peach House</i> 5:30pm Hangman Game, <i>Blue House</i></div> <div></div>	<div>10:00am Love is in the air- Remembering classic love songs, <i>Sun Room</i> 11:00am Walking Club With Yvette, <i>Blue House</i> 1:00pm February Love Craft, <i>Sun Room</i> 2:00pm afternoon workout with me- Snacks, <i>Sun Room</i> 3:00pm Family Feud - IN2L Games, <i>Garden Room</i></div> <div></div> <div>12:00pm Pizza Party- Lunch, AB 1:00pm Fiesta Exercise & Snacks- Detective Game, <i>Sunroom</i> 2:00pm Sing Along with Lidia & Isai'a's, <i>Blue House</i> 3:00pm Comedy Hour, <i>TV Room</i> 5:30pm Instrumental Music, <i>Garden Room</i></div>	<div>10:00am Valentine Craft, <i>Peach House</i> 10:45am Who/Where/What am I Trivia, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Short Story time- Book Reading Club - Table Talks/ Detective Games, <i>Garden Room</i> 2:30pm Laughter Hour Relaxation, <i>Blue House</i> 5:30pm Open Activity with Cna's, <i>Blue House</i></div>	
11	12	13	14	15	16	17
	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise
<div><div>10:00am Super Bowl Sunday, AB 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm NW Baptist Bible Church Service, <i>Blue House</i> 1:00pm Nail Time, <i>Blue House</i> 2:00pm Classic Movie & popcorn, <i>Blue House</i></div></div>	<div>10:00am Valentine Craft, <i>Peach House</i> 10:30am February hangman game, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Fiesta Exercise & Snacks- IN2L Brain Games, <i>Sunroom</i> 2:00pm Higher or Lower Board Game- February Random Trivia, <i>Sunroom</i> 3:00pm Bingo win & get a price, <i>Peach House</i> 5:30pm Instrumental Music, <i>Garden Room</i></div>	<div><div>10:00am Mardi Grass- True or False Trivia, <i>Sunroom</i> 10:30am Mardi Grass- What a mess- History, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Mardi Grass- Happy Hour- Green River Floats, <i>Peach House</i> 2:00pm Fiesta Exercise, <i>Garden Room</i> 2:30pm Drum Circle Class with Chris, <i>Blue House</i> 3:20pm Brain Games & IN2L with Yvette, <i>Garden Room</i> 5:30pm Open Activity with Cna's, <i>Blue House</i></div></div>	<div>10:00am Valentine Day Craft- Button Frame Craft, <i>Sunroom</i> 10:45am Valentine Day Trivia & History, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:30pm Valentine Happy Hour, <i>Peach House</i> 3:00pm Valentines- Bingo, <i>Peach House</i> 5:30pm Table Games & Coloring, <i>Blue House</i></div> <div></div>	<div><div>10:00am Tea Party, <i>Peach House</i> 10:45am Random Trivia - Finish the phrase, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:30pm Name that 80's Tune -Sing Along, <i>Sunroom</i> 2:30pm afternoon workout with me, <i>Sunroom</i> 3:00pm February Detective Game- Can you picture this? - Finish the phrase, <i>Sunroom</i> 5:30pm- Puzzles & Coloring- <i>Peach House</i></div></div> <div><div>10:00am Flag Day Craft, <i>Peach House</i> 10:30am Flag Day Trivia - History, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Remembering Playing in the snow- Fiesta Workout & Snacks, <i>Sunroom</i> 2:00pm Sing Along with Lidia & Isai'a's, <i>Blue House</i> 3:00pm Comedy Hour, <i>Sunroom</i> 5:30pm Instrumental Music, <i>Garden Room</i></div></div>	<div><div>10:00am Early Bird Bingo, <i>Peach House</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Fiesta Exercise & Snacks- IN2L Highlights Games, <i>Sunroom</i> 2:30pm Laughter Hour Relaxation, <i>Blue House</i> 5:30pm Open Activity with Cna's, <i>Blue House</i></div></div>	
18	19	20	21	22	23	24
	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise with Yvette	B-Fit exercise
<div>10:00am- Balloon Toss- <i>Sunroom</i> 10:30am- Hangman - <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm NW Baptist Bible Church Service, <i>Blue House</i> 1:00pm Nail Time, <i>Blue House</i> 2:00pm Classic Movie & popcorn, <i>Blue House</i></div>	<div><div>10:00am Presidents Day Trivia & History, <i>Sunroom</i> 10:30am Presidents Names Hangman, <i>Sunroom</i> 1:00pm Higher or Lower Board Game - Family Feud, <i>Sunroom</i> 2:00pm Fiesta Exercise & Snacks, <i>Sunroom</i> 3:00pm Bingo win & get a price, <i>Peach House</i> 5:30pm Instrumental Music, <i>Garden Room</i></div></div>	<div>10:00am "Spring is in the air" - Spring Craft, <i>Peach House</i> 10:45am Kickball - Noodles, <i>Garden Room</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Random Craft, <i>Sunroom</i> 2:30pm Fiesta Exercise, <i>Garden Room</i> 3:00pm Spring Hangman- Spring IN2L Highlights, <i>Sunroom</i> 5:30pm Open Activity with Cna's, <i>Blue House</i></div> <div></div>	<div>10:00am Breakfast Trivia, <i>Sunroom</i> 10:30am Breakfast Hangman, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Random Craft, <i>Sunroom</i> 2:00pm Sit & Fit Exercise - Snacks, <i>Sunroom</i> 3:00pm Bingo, <i>Peach House</i> 5:30pm Hangman Game, <i>Blue House</i></div>	<div>10:00am Art & Craft with Ale & Yvette, <i>Peach House</i> 10:45am Kickball, <i>Garden Room</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:30pm Margarita Day- Happy Hour Virgin Margaritas, <i>Peach House</i> 2:00pm afternoon workout with me, <i>Sunroom</i> 3:00pm Musical Scavenger Hunt- Love Music, <i>Sunroom</i> 5:30pm Game of the day with CNA, AB</div> <div></div>	<div>10:00am Bingo, <i>Peach House</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Adult Coloring Artistry & Table Games, <i>Cream House</i> 2:00pm Sing Along with Lidia & Isai'a's, <i>Blue House</i> 3:00pm Comedy Hour, 1:00 5:30pm Instrumental Music, <i>Garden Room</i></div>	<div>10:00am- Name that 60's Tune- <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Adult Coloring Artistry & Table Games, <i>Cream House</i> 2:30pm Laughter Hour Relaxation, <i>Blue House</i> 5:30pm Open Activity With Cna's, <i>Blue House</i> 6:30pm Hangman Game, <i>Blue House</i></div>
25	26	27	28	29	<div>Happy Valentine's Day!</div>	
	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette	Seated Exercise With Yvette		
<div>10:00am Sunday Fun-Day Bingo, <i>Peach House</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm NW Baptist Bible Church Service, <i>Blue House</i> 1:00pm Nail Time, <i>Blue House</i> 2:00pm Classic Movie & popcorn, <i>Blue House</i></div>	<div>10:00am Flight Trivia Game, <i>Sunroom</i> 10:30am Higher or Lower Board Game - Family Feud, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:30pm Its Bingo Time, <i>Peach House</i> 2:30pm Afternoon Stretches & Snacks, <i>Sunroom</i> 3:00pm EZ Music- Name that tune, <i>Sunroom</i> 5:30pm Instrumental Music, <i>Garden Room</i></div>	<div>10:00am February Love Craft, <i>Peach House</i> 10:45am Kickball - Noodles, <i>Garden Room</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Book reading club - Trivia - IN2L, <i>Garden Room</i> 2:00pm Fiesta Exercise & Snacks, <i>Garden Room</i> 2:30pm Hickory knolls nature presentation, <i>Blue House</i> 3:00pm Brain Games & Kickball- Noodle Ball game with Yvette, <i>Blue House</i> 5:30pm Open Activity with Cna's, <i>Blue House</i></div>	<div>10:00am Balloon Toss- Kickball, <i>Garden Room</i> 10:30am February hangman Game, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:00pm Adult Coloring Artistry & Table Games, <i>Cream House</i> 3:00pm Bingo, <i>Peach House</i> 5:30pm Hangman Game, <i>Blue House</i></div>	<div><div>10:00am Leap Day- Ladies Day- Tea Party & Trivia, <i>Peach House</i> 10:45am Leap Day- Trivia & History, <i>Sunroom</i> 11:00am Walking Club with Yvette, <i>Blue House</i> 1:15pm Crafty Corner</div></div> <div>with Ale & Yvette, <i>Peach House</i> 2:30pm afternoon workout with me- Snacks, <i>Sunroom</i> 3:00pm February EZ Random Trivia - Kickball, <i>Sunroom</i></div>		

* If you would like to request an activity/service not reflected on the calendar, please notify the RSC or Administrator

*Activities Subject to change upon resident preferences.