



Heritage Woods of South Elgin)					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
HINELLECTURE ENVIRONMENTAL Dimensions of Wellness Herrational Council on Active Aging SPIRITURE	10:00-Uno, AR 6:00-Water painting for beginners with Bob, AR ~ Happy New Yeat ~ 2024	 9:00-Country Store, CS 11:00-Manicures, AR 10:00-Trip Sign - Up, MPR 1:15-Exercise class, MPR 2:00-Painting with Colleen, AR 2:00-Resident Council Meeting, MPR 	9:30-Church Service with Father Andrew, <i>MPR</i> 10:00-Hot Cocoa Bar, <i>AR</i> 1:00-Wii Bowling, <i>MPR</i> 2:00-Bingo, <i>DR</i> 3:00-Julia Comfort Dog, <i>LOB</i> 3:30-Rosary prayer, <i>AR</i> 6:00-Water Painting with Bob, <i>AR</i> 7:00-Bible Study, <i>MPR</i>	10:00-Gail Borden Library Outing, LOB 1:00-Yahtzee, AR 1:15-Exercise Class, MPR 2:00-Country Store, CS 2:00-Pinochle, MPR 3:00-Winter Craft Class, AR	10:00-Local Banks Trip, LOB 2:00-Bingo, DR 3:15-Worship with Isaia & Lidia, MPR 3:30-Walking Club, LOB	9:30-Bible Study Group, AR 1:00-Pinochle, MPR 7:00-Saturday Night Movie, TVR
7	8	9	10	11	12	13
1:00-Pinochle, <i>MPR</i> 2:30-Northwest Baptist Church Service, <i>MPR</i>	10:00-Dollar Tree Store Outing, LOB 10:00-Uno, AR 2:00-Bingo, DR 3:30-Bean Bag Toss Exercise, MPR 6:00-Water painting for beginners with Bob, AR	 9:00-Country Store, CS 10:00-Food Committee, DR 11:00-Movie Theater Outing, LOB 1:15-Exercise Class, MPR 2:00-Pinochle, MPR 	21:00-Wii Bowling, MPR	10:00-Ladies Tea Party, AR 1:00-Yahtzee, AR 1:15-Bean Bag Toss Exercise, MPR 2:00-Country Store, CS 2:00-Pinochle, MPR	 10:00-McAlister's Deli Restaurant Outing, LOB 2:00-Bingo, DR 3:15-Worship with Isaia & Lidia, MPR 3:30-Walking Club, LOB 	1:00-Pinochle, <i>MPR</i> [▲] 7:00-Saturday Night Movie, <i>TVR</i>
14	15	16	17	18	19	20
9:30-Mercy Home Catholic Services on TV, <i>Apt</i> 1:00-Pinochle, <i>MPR</i> 2:30-Northwest Baptist Church Service, <i>MPR</i>	6:00-Water painting for beginners with Bob, AR	 10:00-Chilis Restaurant Outing, LOB 9:00-Country Store, CS 11:00-Manicures, AR 1:15-Exercise Class, MPR 2:00-Pinochle, MPR 2:00-Movie & Popcorn, AR 	10:00-Walmart Store Outing, LOB 1:00-Wii Bowling, MPR 2:00-Bingo, DR 3:30-Rosary prayer, AR 6:00-Water Painting with Bob, AR 7:00-Bible Study, MPR	10:00-Aldi Store Outing, LOB 1:00-Yahtzee, AR 1:15-Exercise Class, MPR 2:00-Country Store, CS 2:00-Pinochle, MPR	 10:00-Coffee & Donuts, AR 2:00-Bingo, DR 3:15-Worship with Isaia & Lidia, MPR 3:30-Walking Club, LOB 	² 7:00-Saturday Night Movie,
1:00-Pinochle, <i>MPR</i> 2:30-Northwest Baptist Church Service, <i>MPR</i>	22 9:15-Hot Cocoa w/ A Cop at Senior Services, LOB 10:00-Uno, <i>AR</i> 2:00-Bingo, <i>DR</i> 3:30-Walking Club, <i>LOB</i> 6:00-Water painting for beginners with Bob, <i>AR</i>	23 9:00-Country Store, CS 10:30-Dollar Tree Store Outing, <i>LOB</i> 1:15-Exercise Class w/ health pro! <i>MPR</i> 2:00-Pinochle, <i>MPR</i> 2:00-men's group, <i>AR</i>	24 9:45-Senior Paint Class at Senior Services, LOB 1:00-Wii Bowling, MPR 2:00-Bingo, DR 3:30-Rosary prayer, AR 6:00-Water Painting with Bob, AR 7:00-Bible Study, MPR	25 10:00- Meijer's store outing, LOB 1:00-Yahtzee, AR 1:15-Exercise Class, MPR 2:00-Country Store, CS 2:00-Pinochle, MPR	26 10:00-Olive Garden Restaurant Outing, LOB 2:00-Bingo, <i>DR</i> 3:15-Worship with Isaia & Lidia, <i>MPR</i> 3:30-Walking Club, <i>LOB</i>	27 1:00-Pinochle, <i>MPR</i> 7:00-Saturday Night Movie, <i>TVR</i>
1:00-Pinochle, <i>MPR</i> 2:30-Northwest Baptist Church Service, <i>MPR</i>	Outing, LOB 10:00-Uno, AR 2:00-Bingo, DR 3:30-Walking Club, LOB 6:00-Water painting for	30 9:00-Country Store, CS 11:00-Manicure, AR 1:15-Therapeutic Stretching with Donna, MPR 2:00-Pinochle, MPR 2:00-Resident Birthday Social w/ Entertainer, DR	31 9:30-Communion w/ Father Andrew, AR 10:00-King Of Glory Ladies, MPR 10:30-Winter Bingo At Senior Services, LOB 1:00-Wii Bowling, MPR 2:00-Big Bucks Bingo, DR 3:30-Rosary prayer, AR 6:00-Water Painting with Bob, AR	IVES HERE Ask us about our iN2L technology!	MEETING PLACES AR - Activity Room LOB - Lobby CS - Country Store MPR - Multiple Purpose Room DR - Dining Room TVR - TV Room Apt - Apartment MPR - MPR	DIMENSIONS OF WELLNESS Physical Spiritual Vocational Intellectual

IF YOU WOULD LIKE TO REQUEST AN ACTIVITY/SERVICE NOT REFLECTED ON THE CALANDER, PLEASE NOTIFY THE RSC OR ADMINISTRATOR. (ACTIVITIES ARE SUBJECT TO CHANGE.)