

Activities subject to change.



# HAPPY HALLOWEEN

OCTOBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Dimensions of Wellness**

- Physical
- Spiritual
- Social
- Intellectual
- Nutritional
- Purposeful

**Meeting Places**

- MP-2** Second Floor Living Room
- DR-1** Dining Room First Floor
- MP-3** Third Floor Multi-Purpose Room
- 2nd** Second Floor
- FL** First Floor
- TO** To Be Determined
- TO** To Be Determined
- PRI** Private Dining Room first floor
- LOB** Lobby
- FD** Front Desk
- PRI** Private Dining Room first floor
- PDR** Private Dining Room

If you would like an activity/service not reflected on the calendar, please see RSC/Administrator.

Monthly wellness checks conducted 10/4 through 10/8.

Bus for essential physician appts. are on Tuesdays, please sign up in advance.

Halloween Oct 31													
06:30 TV Catholic Mass TO 08:30 City First Church on TV WIFR Channel 5 TO 09:30 Walking Warriors Exercise MP-3 10:00 City First Church on TV WIFR Channel 5 TO 02:00 Ted at 2 DR-1													
<b>03</b> 06:30 TV Catholic Mass TO 08:30 City First Church on TV WIFR Channel 5 TO 09:30 Walking Warriors Exercise MP-3 10:00 City First Church on TV WIFR Channel 5 TO 02:00 Ted at 2 DR-1	<b>04</b> 09:30 Exercise with Mabel MP-3 09:30 Walking Warriors Exercise MP-3 10:00 Country Store Open 2nd FL 02:00 Bingo DR-1 03:30 Piano with Paige DR-1	<b>05</b> 09:30 Walking Warriors Exercise MP-3 02:00 Church Service and Bible Study with Pastor Karl DR-1 03:30 Piano with Paige DR-1 06:00 Wii Bowling MP-3	<b>06</b> 09:30 Exercise with Mabel MP-3 10:00 Country Store Open 2nd FL 02:00 Sign Up for Bus Outings MP-3 03:30 Piano with Paige DR-1 06:00 Scrabble PRI	<b>07</b> 09:30 Walking Warriors Exercise MP-3 01:00 Walgreens LOB 03:30 Piano with Paige DR-1 07:00 Bingo with Ron DR-1	<b>08</b> 09:30 Exercise with Mabel MP-3 09:30 Walking Warriors Exercise MP-3 10:00 Country Store Open 2nd FL 02:00 Crafts with Crystal MP-3 03:30 Piano with Paige DR-1	<b>09</b> 09:30 Walking Warriors Exercise MP-3 02:00 Bingo with Steve DR-1 06:00 Saturday Movie - Turner & Hooch MP-2	<b>10</b> 06:30 TV Catholic Mass TO 08:30 City First Church on TV WIFR Channel 5 TO 09:30 Walking Warriors Exercise MP-3 10:00 City First Church on TV WIFR Channel 5 TO 02:00 Ted at 2 DR-1	<b>11</b> Columbus Day 09:30 Exercise with Mabel MP-3 09:30 Walking Warriors Exercise MP-3 10:00 Country Store Open 2nd FL 02:00 Bingo DR-1 03:30 Piano with Paige DR-1	<b>12</b> 09:30 Walking Warriors Exercise MP-3 02:00 Church Service and Bible Study with Pastor Karl DR-1 03:30 Piano with Paige DR-1 06:00 Wii Bowling w/Glenna MP-3	<b>13</b> 09:30 Exercise with Mabel MP-3 10:00 Country Store Open 2nd FL 11:00 Gerry's Pizza FD 03:30 Piano with Paige DR-1 06:00 Scrabble PRI	<b>14</b> 09:30 Walking Warriors Exercise MP-3 01:00 Walmart LOB 03:30 Piano with Paige DR-1 07:00 Bingo with Ron DR-1	<b>15</b> 09:30 Exercise with Mabel MP-3 09:30 Walking Warriors Exercise MP-3 10:00 Country Store Open 2nd FL 02:00 Pie and Cider Social DR-1 03:30 Piano with Paige DR-1	<b>16</b> 09:30 Walking Warriors Exercise MP-3 02:00 Bingo with Steve DR-1 06:00 Saturday Movie -The Notebook MP-2
<b>17</b> 06:30 TV Catholic Mass TO 08:30 City First Church on TV WIFR Channel 5 TO 09:30 Walking Warriors Exercise MP-3 10:00 City First Church on TV WIFR Channel 5 TO 02:00 Ted at 2 DR-1	<b>18</b> 09:30 Exercise with Mabel MP-3 09:30 Walking Warriors Exercise MP-3 10:00 Country Store Open 2nd FL 02:00 Bingo DR-1 03:30 Piano with Paige DR-1	<b>19</b> 09:30 Walking Warriors Exercise MP-3 10:00 Mobile Book Library LOB 02:00 Wellness Discovery Series-Living w/Diabetes-3 MP-3 03:30 Piano w/Paige DR-1 06:00 Wii Bowling w/Glenna MP-3	<b>20</b> 09:30 Exercise with Mabel MP-3 10:00 Country Store Open 2nd FL 02:00 Resident Council DR-1 03:30 Piano with Paige DR-1 06:00 Scrabble PRI	<b>21</b> 09:30 Walking Warriors Exercise MP-3 01:00 Dollar Tree LOB 02:00 Church Service and Bible Study with Pastor Karl PDR 03:30 Piano with Paige DR-1 07:00 Bingo with Ron DR-1	<b>22</b> 09:30 Exercise with Mabel MP-3 10:00 Country Store Open 2nd FL 02:00 Activity Planning Meeting DR-1 03:30 Piano with Paige DR-1	<b>23</b> 09:30 Walking Warriors Exercise MP-3 02:00 Bingo with Steve DR-1 06:00 Saturday Movie - Moonstruck MP-2							
<b>24</b> 06:30 TV Catholic Mass TO 08:30 City First Church on TV WIFR Channel 5 TO 09:30 Walking Warriors Exercise MP-3 10:00 City First Church on TV WIFR Channel 5 TO 02:00 Ted at 2 DR-1	<b>25</b> 09:30 Exercise with Mabel MP-3 10:00 Country Store Open 2nd FL 02:00 Bingo DR-1 03:30 Piano with Paige DR-1	<b>26</b> 09:30 Walking Warriors Exercise MP-3 02:00 Church Service and Bible Study with Pastor Karl DR-1 02:00 Food Committee TO 03:30 Piano with Paige DR-1	<b>27</b> 09:30 Exercise with Mabel MP-3 10:00 Country Store Open 2nd FL 02:00 Food Committee PDR 03:30 Piano with Paige DR-1 06:00 Scrabble PRI	<b>28</b> 09:30 Walking Warriors Exercise MP-3 01:00 Walmart LOB 03:30 Piano with Paige DR-1 07:00 Bingo with Ron DR-1	<b>29</b> 09:30 Exercise with Mabel MP-3 09:30 Walking Warriors Exercise MP-3 10:00 Country Store Open 2nd FL 02:00 Birthday Celebration DR-1 03:30 Piano with Paige DR-1	<b>30</b> 09:30 Walking Warriors Exercise MP-3 02:00 Bingo with Steve DR-1 06:00 Saturday Movie - Monster House MP-2							