





July 2021

Heritage Woods of Rockford

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
<p>Open to the Public 7/19 – Summer Sizzle Bingo</p>	<p>1= 1st Floor Dining Room 1(PDR) = 1st Floor Private Dining Room 2= 2nd Floor 2(LR) = 2nd Floor Living Room 3= 3rd Floor Multi-purpose Room</p>	<p style="text-align: center;">Calendar Times and Events are Subject to Change</p> <p style="text-align: center;">If you would like an activity/service not reflected on the calendar, please notify your RSC or administrator</p>		<p>Walking Warriors Exercise 2:15pm Sign-Up for Bus Outings -3 7:00pm Bingo with Ron -1</p>	<p>9:30am Exercise with Mabel -3 Walking Warriors Exercise 10:00am Country Store -2 2:00pm Dollar Tree</p>	<p>Walking Warriors Exercise 10:00am Patriotic Craft at front desk 1:15pm Saturday Movie - The Sandlot – 2(LR)</p>
4	5	6	7	8	9	10
<p>Happy 4th of July 6:30am TV Catholic Mass 8:30am City First Church on TV WIFR Channel 5 9:30am Walking Warriors Exercise 10:00am City First Church on TV WIFR Channel 5</p>	<p>9:30am Exercise with Mabel-3 10:00am Country Store -2 2:00pm Bingo -1 3:30pm Piano with Paige-1</p>	<p>Walking Warriors Exercise 2:00pm Church Service and Bible Study with Pastor Karl-1 3:30pm Piano with Paige-1 Bus Run's for Medical Appointments</p>	<p>9:30am Exercise with Mabel-3 10:00am Country Store-2 1:30pm Activity Planning Meeting-2(LR) 2:00pm Crafts with Crystal-3 6:00pm Wii Bowling-3</p>	<p>Walking Warriors Exercise 1:00pm Walmart 3:30pm Piano with Paige-1 7:00pm Bingo with Ron-1</p>	<p>9:30am Exercise with Mabel-3 9:30am Walking Warriors Exercise 10:00am Country Store -2 3:30pm Piano with Paige -1</p>	<p>Walking Warriors Exercise 1:15pm Saturday Movie – Beaches-2(LR) 2:00pm Bingo with Steve-1</p> 
11	12	13	14	15	16	17
<p>6:30am TV Catholic Mass 8:30am City First Church on TV WIFR Channel 5 9:30am Walking Warriors Exercise 10:00am City First Church on TV WIFR Channel 5</p>	<p>9:30am Exercise with Mabel-3 9:30am Walking Warriors Exercise 10:00am Country Store -2 2:00pm Bingo -1 3:30pm Piano with Paige-1</p>	<p>Walking Warriors Exercise 2:00pm Church Service and Bible Study with Pastor Karl-1 3:30pm Piano with Paige-1 Bus Run's for Medical Appointments</p>	<p>9:30am Exercise with Mabel-3 10:00am Wellness Discovery Series –1 10:30am Lunch at Neds 10:00am Country Store Open-2 3:30pm Piano with Paige -1</p>	<p>1:30pm Walgreens 3:30pm Piano with Paige-1 7:00pm Bingo with Ron -1</p>	<p>9:30am Exercise with Mabel-3 Walking Warriors Exercise 10:00am Country Store -2 3:30pm Piano with Paige -1</p>	<p>Walking Warriors Exercise 1:15pm Saturday Movie - Mrs. Doubtfire – 2(LR) 2:00pm Bingo with Steve-1</p>
18	19	20	21	22	23	24
<p>6:30am TV Catholic Mass 8:30am City First Church on TV WIFR Channel 5 9:30am Walking Warriors Exercise 10:00am City First Church on TV WIFR Channel 5</p>	<p>9:30am Exercise with Mabel -3 Walking Warriors Exercise 10:00am Country Store -2 2:00pm Summer Sizzle Bingo -1 3:30pm Piano with Paige-1</p>	<p>Walking Warriors Exercise 2:00pm Church Service and Bible Study with Pastor Karl-1 3:30pm Piano with Paige-1 Bus Run's for Medical Appointments</p>	<p style="text-align: center;">National Hot Dog Day</p> <p>9:30am Exercise with Mabel -3 10:00am Country Store-2 2:00pm Trivia-3 3:30pm Piano with Paige -1 6:00pm Wii Bowling-3</p> 	<p>1:00pm Meijer's 2:00pm Food Committee 3:30pm Piano with Paige-1 6:00pm Wii Bowling-3 7:00pm Bingo with Ron -1</p>	<p>9:30am Exercise with Mabel-3 10:00am Country Store-2 2:00pm Birthday Celebration with Cake and Ice Cream -1 3:30pm Piano with Paige -1</p> 	<p>Walking Warriors Exercise 1:15pm Saturday Movie - Catch Me if You Can – 2(LR) 2:00pm Bingo with Steve-1</p>
25	26	27	28	29	30	31
<p>6:30am TV Catholic Mass 8:30am City First Church on TV WIFR Channel 5 9:30am Walking Warriors Exercise 10:00am City First Church on TV WIFR Channel 5</p>	<p>9:30am Exercise with Mabel -3 10:00am Country Store -2 3:30pm Piano with Paige-1</p>	<p>Walking Warriors Exercise 2:00pm Church Service and Bible Study with Pastor Karl-1 3:30pm Piano with Paige-1 Bus Run's for Medical Appointments</p>	<p>9:30am Exercise with Mabel -3 Walking Warriors Exercise 10:00am Country Store -2 2:00pm Resident Council-1 3:30pm Piano with Paige -1</p>	<p>Walking Warriors Exercise 1:00pm Walmart 3:30pm Piano with Paige-1 7:00pm Bingo with Ron -1</p>	<p>9:30am Exercise with Mabel -3 Walking Warriors Exercise 10:00am Country Store-2 3:30pm Piano with Paige -1</p>	<p>Walking Warriors Exercise 1:15pm Saturday Movie - Shirley Temple- Everyone's Little Princess – 2(LR) 2:00pm Bingo with Steve-1</p>