



VALENTINE'S DAY



FEBRUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



01
8:00 Walking Warriors Exercise
9:45 Coffee Klatch-2AK
1:00 Trivia-3
3:30 Piano with Paige-1
6:00 Wii Bowling-3

02
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
2:00 Balloon Volleyball-1
3:30 Piano with Paige-1

03
8:00 Walking Warriors Exercise
10:00 in2I Trivia and gaming-2
2:00 Bingo -1
6:30 Saturday Movie-2LR

04
6:30 TV Catholic Mass
8:00 Walking Warriors Exercise
9:15 St. Ritas Communion Service-3
10:00 in2I Trivia and gaming-2
6:30 Game Night - 2AK

05
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
2:00 Bingo-1
3:30 Piano with Paige-1

06
8:00 Walking Warriors Exercise
9:45 Coffee Klatch-2AK
2:00 Church Services with Pastor Aaron-1
3:30 Piano with Paige-1

07
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
2:00 Bus Sign Ups / Activity Planning -3
3:30 Piano with Paige-1

08
8:00 Walking Warriors Exercise
9:45 Coffee Klatch-2AK
1:00 Trivia-Lunar New Year_1
2:00 Walmart
3:30 Piano with Paige-1
6:00 Wii Bowling-3

09
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
2:00 Valentine Gnome Craft-3
3:30 Piano with Paige-1

10
8:00 Walking Warriors Exercise
10:00 in2I Trivia and gaming-2
2:00 Bingo -1
6:30 Saturday Movie-2LR

11
6:30 TV Catholic Mass
8:00 Walking Warriors Exercise
9:15 St. Ritas Communion Service-3
10:00 in2I Trivia and gaming-2
5:30 Super Bowl -CBS

12
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
2:00 Bingo-1
3:30 Piano with Paige-1

13
8:00 Walking Warriors Exercise
9:45 Coffee Klatch-2AK
2:00 Church Services with Pastor Aaron-1
3:30 Piano with Paige-1

14 Valentine's Day
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
2:00 Hw Valentines Day Party-1
3:30 Piano with Paige-1

15
8:00 Walking Warriors Exercise
9:45 Coffee Klatch-2AK
11:30 Lunch To Lung Fung
2:00 Dollar Tree
3:30 Piano with Paige-1
6:00 Wii Bowling

16
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
1:30 Kohls ShoppingTrip
3:30 Piano with Paige-1

17
8:00 Walking Warriors Exercise
10:00 in2I Trivia and gaming-2
2:00 Bingo -1
6:30 Saturday Movie-2LR

18
6:30 TV Catholic Mass
8:00 Walking Warriors Exercise
9:15 St. Ritas Communion Service-3
10:00 in2I Trivia and gaming-2
6:30 Game Night - 2AK

19 President's Day
8:00 Baking Buddies
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
2:00 Bingo-1
3:30 Piano with Paige-1

20
8:00 Baking Buddies -2AK
8:00 Walking Warriors Exercise
9:45 Coffee Klatch-
10:30 Mobile Library -1
2:00 Church Services with Pastor Aaron-1
3:30 Piano with Paige-1

21
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
1:00 Baking Buddies Sale-2AK
2:00 Resident Council-1
3:30 Piano with Paige-1

22
8:00 Walking Warriors Exercise
9:45 Coffee Klatch-2AK
1:00 Trivia- Mardi Gras 3
2:00 Walmart
3:30 Piano with Paige-1
6:00 Wii Bowling

23
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
2:00 Birthday Concert -1
3:30 Piano with Paige-1

24
8:00 Walking Warriors Exercise
10:00 in2I Trivia and gaming-2
2:00 Bingo -1
6:30 Saturday Movie-2LR

25
6:30 TV Catholic Mass
8:00 Walking Warriors Exercise
9:15 St. Ritas Communion Service-3
10:00 in2I Trivia and gaming-2
6:30 Game Night - 2AK

26
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
2:00 Bingo-1
3:30 Piano with Paige-1

27
8:00 Walking Warriors Exercise
9:45 Coffee Klatch-2AK
2:00 Church Services with Pastor Aaron-1
3:30 Piano with Paige-1

28
8:00 Walking Warriors Exercise
9:30 Exercise with Carol-3
9:45 Coffee Klatch-2AK
10:00 Country Store Open-2
2:00 Food Committee-1
3:30 Piano with Paige-1

29
8:00 Walking Warriors Exercise
9:45 Coffee Klatch-2AK
1:00 Trivia
2:00 Schnucks
3:30 Piano with Paige-1
6:00 Wii Bowling-3



Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Calendar Times and Events are Subject to Change .If you would like to see an activity/service not reflected on the calendar Please notify your RSC.

** Bus for essential appts. are on Tuesdays, please sign up in advance.

1=1st Floor
2=2nd Floor
2AK= Activity Kitchen
2LR= Living Room
3=3rd Floor