

GET ACTIVE!



MARTIN LUTHER KING DAY

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY JANUARY 2022

Jan 30
 All Day Resident's Choice Activity
 10:00 Eucharistic Service (MPR)
 10:30 Rosary with Bryan and Jill (MPR)
 02:00 Board Games (AC)

Jan 31
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 02:00 Bunco (AC)
 05:30 Ice Cream Social (AC)

If there is an activity/service you would like to see added to the calendar please see the RSC or the Administrator.

Wellness checks by the nursing department are done monthly between the 1st and the 10th of the month.

Public events -registration is required for public-Please call for more information.
 Friday 1/21, 2:00pm - Multi-purpose room
 HealthPro, Meditation for the Health of it.

Friday 1/28, 1:00pm - Multi-purpose room
 CapTel presentation, (caption telephone service).

01 New Year's Day
 All Day Weekend Puzzle Pack
 10:00 Music N Motion (MPR)
 02:00 Bingo (MPR)

- Dimensions of Wellness
- Physical
 - Spiritual
 - Social
 - Intellectual
 - Nutritional
 - Purposeful

02
 All Day Resident's Choice Activity
 10:00 Eucharistic Service (MPR)
 10:30 Rosary with Bryan and Jill (MPR)
 02:00 Board Games (AC)

03
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 02:00 Bunco (AC)

04
 09:00 Morning Reflection (MPR)
 10:00 Music N Motion (MPR)
 12:00 Country Store Open (CS)
 01:00 Shopping Trip-Meijer's (FLL)
 02:00 Afternoon Movie (MPR)

05
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 01:00 Bible Study (AC)
 02:00 Bingo (MPR)
 02:00 Library Service Delivery IN

06
 09:00 Doctor Shuttles (FLL)
 09:00 Morning Reflection (MPR)
 10:00 Music N Motion (MPR)
 12:00 Country Store Open (CS)
 02:00 Bunco (AC)

07
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 02:00 Charades (MPR)
 07:00 Friday Evening Movie (MPR)

08
 All Day Weekend Puzzle Pack
 10:00 Music N Motion (MPR)
 02:00 Bingo (MPR)

- Meeting Places
- (MPR) Multi-Purpose Room
 - (AC) Activity Center
 - (CS) Country Store - 3rd Floor
 - (FLL) Front Lobby
 - IN In Room

09
 All Day Resident's Choice Activity
 10:00 Eucharistic Service (MPR)
 10:30 Rosary with Bryan and Jill (MPR)
 02:00 Board Games (AC)

10
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 02:00 Bunco (AC)
 05:30 Ice Cream Social (AC)

11
 09:00 Morning Reflection (MPR)
 10:00 Music N Motion (MPR)
 12:00 Country Store Open (CS)
 01:00 Shopping Trip-Dollar Tree (FLL)
 02:00 Food Committee Meeting (MPR)

12
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 01:00 Bible Study (AC)
 02:00 Bingo (MPR)
 02:00 Library Service Delivery IN

13
 09:00 Doctor Shuttles (FLL)
 09:00 Morning Reflection (MPR)
 10:00 Music N Motion (MPR)
 12:00 Country Store Open (CS)
 02:00 Bunco (AC)
 05:30 Legion Bingo (FLL)

14
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 02:00 Smart Buck Auction (MPR)
 07:00 Friday Evening Movie (MPR)

15
 All Day Weekend Puzzle Pack
 10:00 Music N Motion (MPR)
 02:00 Bingo (MPR)

HAPPY BIRTHDAY!

16 Night of Tu B'Shevav
 All Day Resident's Choice Activity
 10:00 Eucharistic Service (MPR)
 10:30 Rosary with Bryan and Jill (MPR)
 02:00 Board Games (AC)

17 Tu B'Shevav
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 02:00 Bunco (AC)

18
 09:00 Morning Reflection (MPR)
 10:00 Music N Motion (MPR)
 12:00 Country Store Open (CS)
 01:00 Shopping Trip-WalMart (FLL)
 02:00 Afternoon Movie (MPR)

19
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 01:00 Bible Study (AC)
 02:00 Bingo (MPR)
 02:00 Library Service Delivery IN

20
 09:00 Doctor Shuttles (FLL)
 09:00 Morning Reflection (MPR)
 10:00 Music N Motion (MPR)
 12:00 Country Store Open (CS)
 02:00 Bunco (AC)

21
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 02:00 Health Pro Presentation with Anju (MPR)
 07:00 Friday Evening Movie (MPR)

22
 All Day Weekend Puzzle Pack
 10:00 Music N Motion (MPR)
 02:00 Bingo (MPR)

- Larry D. 1/2
- Eleanor K. 1/3
- Doug M. 1/10
- Arthur C. 1/11

23
 All Day Resident's Choice Activity
 10:00 Eucharistic Service (MPR)
 10:30 Rosary with Bryan and Jill (MPR)
 02:00 Board Games (AC)

24
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 11:00 Lunch Trip-Larry's Diner (FLL)
 12:00 Country Store Open (CS)
 02:00 Bunco (AC)
 03:00 Birthday Celebration (MPR)

25
 09:00 Morning Reflection (MPR)
 10:00 Music N Motion (MPR)
 12:00 Country Store Open (CS)
 01:00 Shopping Trip-Caputo's (FLL)
 02:00 Afternoon Movie (MPR)

26
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 01:00 Bible Study (AC)
 02:00 Bingo (MPR)
 02:00 Library Service Delivery IN

27
 09:00 Doctor Shuttles (FLL)
 09:00 Morning Reflection (MPR)
 10:00 Music N Motion (MPR)
 12:00 Country Store Open (CS)
 02:00 Bunco (AC)

28
 09:00 Morning Reflection (MPR)
 10:00 Exercise with Eleanor (MPR)
 12:00 Country Store Open (CS)
 01:00 CapTel Presentation (AC)
 02:00 Resident Council (MPR)
 07:00 Friday Evening Movie (MPR)

29
 All Day Weekend Puzzle Pack
 10:00 Music N Motion (MPR)
 02:00 Bingo (MPR)

- David A. 1/17
- Dorothy E. 1/20