

Mar 29 - Apr 4, 2020

Heritage Woods of Plainfield

America/Chicago (CDT)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|--|---|
| 29 | 30 | 31 | 1 | 2 | 3 | 4 |
| <p>8:00-9:00am Worship Service, Apostolic Church of God-TV Channel 26 (Cable), 10 (Broadcast), IN</p> <p>9:30-10:30am Catholic Mass from Mercy Home TV Channel 9, IN</p> <p>1:00-2:00pm Mobile Activity Cart 1st floor, 1F</p> <p>2:00-3:00pm Mobile Activity Cart 2nd floor, 2F</p> <p>3:00-4:00pm Mobile Activity Cart, 3F</p> | <p>9:00-10:00am Exercise First Floor Hallway A, 1A</p> <p>9:45-10:45am Exercise First Floor Hallway B, 1B</p> <p>10:30-11:30am Exercise First Floor Hallway C, 1C</p> <p>1:00-2:00pm Country Store Deliveries First Floor, 1F</p> <p>2:00-3:00pm Country Store Deliveries Second Floor, 2F</p> <p>3:00-4:00pm Country Store Deliveries Third Floor, 3F</p> | <p>9:00-10:00am Bingo First Floor Hallway A, 1A</p> <p>10:30-11:30am Bingo First Floor Hallway B, 1B</p> <p>1:00-2:00pm Bingo First Floor Hallway C, 1C</p> <p>2:30-3:30pm Bingo Second Floor Hallway A, 2A</p> <p>4:00-5:00pm Bingo Second Floor Hallway B, 2B</p> | <p>9:00-10:00am Exercise Second Floor Hallway A, 2A</p> <p>9:45-10:45am Exercise Second Floor Hallway B, 2B</p> <p>10:30-11:30am Exercise Second Floor Hallway C, 2C</p> <p>1:00-2:00pm Country Store Deliveries First Floor, 1F</p> <p>2:00-3:00pm Country Store Deliveries Second Floor, 2F</p> <p>3:00-4:00pm Country Store Deliveries Third Floor, 3F</p> | <p>8:00-9:00am Wellness Checks, IN</p> <p>10:30-11:30am Bingo Second Floor Hallway C, 2C</p> <p>1:00-2:00pm Bingo Third Floor Hallway A, 3A</p> <p>2:30-3:30pm Bingo Third Floor Hallway B, 3B</p> <p>4:00-5:00pm Bingo Third Floor Hallway C, 3C</p> | <p>9:00-10:00am Exercise Third Floor Hallway A, 3A</p> <p>9:45-10:45am Exercise Third Floor Hallway B, 3B</p> <p>10:30-11:30am Exercise Third Floor Hallway C, 3C</p> <p>1:00-2:00pm Country Store Deliveries First Floor, 1F</p> <p>2:00-3:00pm Country Store Deliveries Second Floor, 2F</p> <p>3:00-4:00pm Country Store Deliveries Third Floor, 3F</p> | <p>Independent TV/in room activity of choice.</p> <p>1:00-1:30pm Puzzle Pack First Floor, 1F</p> <p>1:30-2:00pm Puzzle Pack Second Floor, 2F</p> <p>2:00-3:00pm Puzzle Pack Third Floor, 3F</p> |

1B = 1st floor hallway B

2A = 2nd floor hallway A

3A = 3rd floor hallway A

IN = In Room

1F = First Floor

2F = 2nd Floor

3F = 3rd Floor

1A = 1st floor hallway A


1C = 1st floor hallway C

2B = 2nd floor hallway B

2C = 2nd floor hallway C

3B = 3rd floor hallway B


3C = 3rd floor hallway C

 Physical

 Spiritual

 Social

 Intellectual

 Nutritional

 Purposeful