

If there is an activity/service you would like to see added to the calendar, please see the RSC or Administrator.

Get Active!



# HAPPY NEW YEAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	JANUARY 2020
<p>Please join us for this open to the public event.</p> <p>1/17 Friday, 2:00 multi-purpose room</p> <p>Health Pro Presentation with lead therapist Anju.</p> <p>This month's topic is healthy eating.</p>		<p>Wellness checks by CNAs are done during the first week of the month.</p> <p>Heritage Woods of Plainfield wishes all our families and friends a very happy and healthy New Year!</p>	<p><b>01</b> New Year's Day</p> <p>09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 03:00 Walking Group (AC) 07:00 Evening Movie (MPR)</p>	<p><b>02</b></p> <p>09:00 Morning Reflection (AC) 09:30 Shuttle to Doctor Appointments (FLL) 10:00 Dakota Therapy Dog (FLL) 10:30 Music In Motion (MPR) 01:00 Country Store Open (CS) 02:00 Prize Bingo (MPR)</p>	<p><b>03</b></p> <p>08:30 Hurley Therapy Dog (FLL) 09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 02:00 DJ Ed Spins his Records (AC) 03:00 Walking Group (AC) 07:00 Movie Night (MPR)</p>	<p><b>04</b></p> <p>09:00 Weekend Puzzle Packet (FLL) 10:00 Music N' Motion (MPR) 02:00 Bingo (MPR)</p>	<p><i>Heritage Woods of Plainfield</i> An Affordable Assisted Lifestyle Community for the Older Adult</p>
<p><b>05</b></p> <p>10:00 Eucharistic Service (MPR) 10:30 Rosary (MPR) 02:00 Worship Service with Pastor Bill (MPR) 07:00 Movie Night (MPR)</p>	<p><b>06</b></p> <p>09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 02:00 Bunco (AC) 03:00 Walking Group (AC)</p>	<p><b>07</b></p> <p>09:00 Morning Reflection (AC) 09:30 Candy Bingo (MPR) 01:00 Shopping trip to Walmart (FLL) 01:00 Country Store Open (CS) 02:00 Music In Motion (MPR) 03:00 Wii Bowling (MPR)</p>	<p><b>08</b></p> <p>09:00 Busey Bank (2FL) 09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 11:15 Catholic Mass (MPR) 01:00 Country Store Open (CS) 01:00 Plainfield Library (FLL) 03:00 Walking Group (AC)</p>	<p><b>09</b></p> <p>09:00 Morning Reflection (AC) 09:30 Shuttle to Doctor Appointments (FLL) 10:00 Dakota Therapy Dog (FLL) 10:30 Music In Motion (MPR) 01:00 Country Store Open (CS) 02:00 Prize Bingo (MPR)</p>	<p><b>10</b></p> <p>08:30 Hurley Therapy Dog (FLL) 09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 03:00 Walking Group (AC) 07:00 Movie Night (MPR)</p>	<p><b>11</b></p> <p>09:00 Weekend Puzzle Packet (FLL) 10:00 Music N' Motion (MPR) 02:00 Bingo (MPR)</p>	<p>Physical</p> <p>Spiritual</p> <p>Social</p> <p>Intellectual</p> <p>Nutritional</p> <p>Purposeful</p>
<p><b>12</b></p> <p>10:00 Eucharistic Service (MPR) 10:30 Rosary (MPR) 02:00 Worship Service with Pastor Bill (MPR) 07:00 Movie Night (MPR)</p>	<p><b>13</b></p> <p>09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 02:00 Bunco (AC) 03:00 Walking Group (AC)</p>	<p><b>14</b></p> <p>09:00 Morning Reflection (AC) 09:30 Candy Bingo (MPR) 01:00 Shopping Trip to Dollar Tree (FLL) 01:00 Country Store Open (CS) 02:00 Music In Motion (MPR) 03:00 Wii Bowling (MPR)</p>	<p><b>15</b></p> <p>09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 01:00 Plainfield Library (FLL) 03:00 Walking Group (AC)</p>	<p><b>16</b></p> <p>09:00 Morning Reflection (AC) 09:30 Shuttle to Doctor Appointments (FLL) 10:00 Dakota Therapy Dog (FLL) 10:30 Music In Motion (MPR) 01:00 Country Store Open (CS) 02:00 Prize Bingo (MPR) 05:30 American Legion BINGO (FLL)</p>	<p><b>17</b></p> <p>09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 02:00 Health Pro Presentation, Healthy Eating (MPR) 03:00 Walking Group (AC) 07:00 Movie Night (MPR)</p>	<p><b>18</b></p> <p>09:00 Weekend Puzzle Packet (FLL) 10:00 Music N' Motion (MPR) 02:00 Bingo (MPR)</p>	<p>Meeting Places</p> <p>(MDR) Main Dining Room</p> <p>(AC) Activity Center</p> <p>(MPR) Multi-Purpose Room</p> <p>(FLL) Front Lobby</p> <p>(CS) Country Store - 3rd Floor</p> <p>2FL 2nd Floor TV Lounge</p>
<p><b>19</b></p> <p>10:00 Eucharistic Service (MPR) 10:30 Rosary (MPR) 02:00 Worship Service with Pastor Bill (MPR) 07:00 Movie Night (MPR)</p>	<p><b>20</b> Birthday of Martin Luther King, Jr.</p> <p>09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 02:00 Bunco (AC) 03:00 Walking Group (AC)</p>	<p><b>21</b></p> <p>09:00 Morning Reflection (AC) 09:30 Candy Bingo (MPR) 01:00 Shopping Trip to Meijer (FLL) 01:00 Country Store Open (CS) 02:00 Music In Motion (MPR) 03:00 Wii Bowling (MPR)</p>	<p><b>22</b></p> <p>09:00 Busey Bank (2FL) 09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 11:00 Lunch Trip (FLL) 01:00 Country Store Open (CS) 01:00 Plainfield Library (FLL) 03:00 Walking Group (AC)</p>	<p><b>23</b></p> <p>09:00 Morning Reflection (AC) 09:30 Shuttle to Doctor Appointments (FLL) 10:00 Dakota Therapy Dog (FLL) 10:30 Music In Motion (MPR) 01:00 Country Store Open (CS) 02:00 Prize Bingo (MPR)</p>	<p><b>24</b></p> <p>08:30 Hurley Therapy Dog (FLL) 09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 02:00 Monthly Birthday Party (MDR) 03:00 Walking Group (AC) 07:00 Movie Night (MPR)</p>	<p><b>25</b></p> <p>09:00 Weekend Puzzle Packet (FLL) 09:30 Pillar of Faith Hymn Sing (MDR) 10:00 Music N' Motion (MPR) 02:00 Bingo (MPR)</p>	<p>Happy Birthday to all those celebrating in January!</p>
<p><b>26</b></p> <p>10:00 Eucharistic Service (MPR) 10:30 Rosary (MPR) 02:00 Worship Service with Pastor Bill (MPR) 07:00 Movie Night (MPR)</p>	<p><b>27</b></p> <p>09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 02:00 Bunco (AC) 03:00 Walking Group (AC)</p>	<p><b>28</b></p> <p>09:00 Morning Reflection (AC) 09:30 Candy Bingo (MPR) 01:00 Country Store Open (CS) 01:00 Shopping Trip - Good Will (FLL) 02:00 Music In Motion (MPR) 03:00 Wii Bowling (MPR)</p>	<p><b>29</b></p> <p>09:00 Morning Reflection (AC) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 01:00 Plainfield Library (FLL) 03:00 Walking Group (AC)</p>	<p><b>30</b></p> <p>09:00 Morning Reflection (AC) 09:30 Shuttle to Doctor Appointments (FLL) 10:00 Dakota Therapy Dog (FLL) 10:30 Music In Motion (MPR) 01:00 Country Store Open (CS) 02:00 Prize Bingo (MPR)</p>	<p><b>31</b></p> <p>08:30 Hurley Therapy Dog (FLL) 09:00 Morning Reflection (AC) 09:30 Resident Council (MPR) 10:00 Reaching For the Stars Fitness (MPR) 01:00 Country Store Open (CS) 02:00 Happy Karaoke Hour (MPR) 03:00 Walking Group (AC) 07:00 Movie Night (MPR)</p>	<p>Kym Frankovelgia will perform at our monthly birthday party held this month on Friday the 24th at 2:00 in the main dining room. Invite your family and friends to join us for this always energetic performance.</p>	<p>Eleanor K. 1/3</p> <p>Russell G. 1/11</p> <p>David A. 1/17</p> <p>Angeline D. 1/19</p> <p>Lorine E. 1/26</p> <p>Evelyn G. 1/30</p>