



# saint patrick's



If you would like an activity/service not reflected on the calendar, please see the RSC/Administrator.

All activities & locations are subject to change:

Monthly wellness checks 1st thru the 7th

MARCH 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Open to the Public  
 Mach 1 Mardi Gra- 2pm  
 March 12 Trivia Night- 6:30p  
 March 17 St. Patrick Day 9am  
 March 25 Sock Hop-4p-6p

**01**  
 10:15 Country Store S  
 01:00 Sittercise ACT  
 02:00 AseraCare Hospice ACT  
 Bingo  
 02:00 Mardi Gra Dr  
 06:30 Wheel of Fortune/TV L

**02**  
 09:00 Milk and Bread Delivery ACT  
 (sign up)  
 10:00 Spring Crafts ACT  
 01:30 Smoothie Bar with Dr  
 Karen  
 03:00 Computer/Tablet Class CA  
 06:30 Wheel of Fortune/TV L

**03**  
 All Day Doctor's Appointments  
 01:30 Menu Chat ACT  
 02:00 Let's Play Cards with ACT  
 Friends  
 03:00 Bible Study with Friends ACT  
 06:30 Wheel of Fortune/TV L

**04**  
 08:30 Coffee & Donuts with ACT  
 Friends  
 10:15 Country Store S  
 01:00 Sittercise ACT  
 02:00 Bingo ACT  
 06:30 Wheel of Fortune/TV L

**05**  
 09:00 Heritage Woods ACT  
 Weekend Puzzle  
 Packets  
 02:00 Resident Choice " 3rd  
 Movie"  
 03:00 Senior Steppers /Stay 6 L  
 feet apart

**06**  
 07:00 Catholic Mass/TV CH 3 RTR  
 11:00 Church Services /TV Ch ACT  
 11  
 02:00 Church Services with ACT  
 Paul

**07**  
 10:00 Lets Buzzwords 2 ACT  
 01:00 Target (Sign up) L  
 06:30 Wheel of Fortune/TV L

**08**  
 10:15 Country Store S  
 01:00 Sittercise ACT  
 02:00 Horizons Home Health ACT  
 Bingo  
 06:30 Wheel of Fortune/TV L

**09**  
 10:00 Lets Play Keno ACT  
 02:00 March Birthday Party ACT  
 (Everyone invited)  
 06:30 Wheel of Fortune/TV L

**10**  
 All Day Doctor's Appointments  
 10:00 Bible Study with ACT  
 Nasayra  
 02:00 Let's Play Cards with ACT  
 Friends  
 06:30 Wheel of Fortune/TV L

**11**  
 10:15 Country Store S  
 01:00 Sittercise ACT  
 02:00 Bingo ACT  
 06:30 Wheel of Fortune/TV L

**12**  
 09:00 Heritage Woods ACT  
 Weekend Puzzle  
 Packets  
 02:00 Resident Choice " 3rd  
 Movie"  
 03:00 Senior Steppers /Stay 6 OS  
 feet apart

**13**  
 07:00 Catholic Mass/TV CH 3 RTR  
 11:00 Church Services /TV Ch ACT  
 11  
 02:00 Church Services with ACT  
 Paul

**14**  
 10:00 Walmart (Sign up) L  
 02:00 Resident Council ACT  
 03:00 Senior Steppers /Stay 6 L  
 feet apart

**15**  
 10:15 Country Store S  
 12:00 Bingo ACT  
 01:00 Sittercise ACT  
 06:30 Wheel of Fortune/TV L

**16 Night of Purim**  
 09:00 Bread & Milk Delivery ACT  
 (Sign up)  
 11:00 Cracker Barrel L  
 02:30 Left ,Right, Center Game ACT  
 06:30 Wheel of Fortune/TV L

**17 St. Patrick's Day / Purim**  
 All Day Doctor's Appointments  
 09:00 Look for the Pot of Gold AC  
 02:00 Southern Care Hospice ACT  
 Sittercise  
 03:00 Bible Study with Friends ACT  
 06:30 Wheel of Fortune/TV L

**18**  
 09:30 Health Pro -Heritage ACT  
 10:15 Country Store S  
 01:00 Sittercise ACT  
 02:00 Bingo ACT  
 06:30 Wheel of Fortune/TV L

**19**  
 09:00 Heritage Woods ACT  
 Weekend Puzzle  
 Packets  
 02:00 Resident Choice " 3rd  
 Movie"  
 03:00 Senior Steppers /Stay 6 OS  
 feet apart  
 06:30 Family Trivia Night Dr

**20**  
 07:00 Catholic Mass/TV CH 3 RTR  
 11:00 Church Services /TV Ch ACT  
 11  
 02:00 Church Services with ACT  
 Paul

**21**  
 10:00 Kohls (Sign up in FL  
 advance)  
 02:30 Let's Play Face Down L  
 06:30 Wheel of Fortune/TV FL

**22**  
 10:15 Country Store S  
 01:00 Sittercise ACT  
 02:00 Bingo ACT  
 06:30 Wheel of Fortune/TV L

**23**  
 10:00 Check out a Book LB  
 (Library 2nd Floor)  
 02:30 Log Inn Family L  
 Restaurant  
 06:30 Wheel of Fortune/TV L

**24**  
 All Day Doctor's Appointments  
 02:00 Let's Play Cards with ACT  
 Friends  
 03:00 Bible Study with Friends ACT  
 06:30 Wheel of Fortune/TV L

**25**  
 10:15 Country Store S  
 04:00 Sock Hop Music & ACT  
 Dancing  
 06:30 Wheel of Fortune/TV L

**26**  
 09:00 Heritage Woods ACT  
 Weekend Puzzle  
 Packets  
 02:00 Resident Choice " 3rd  
 Movie"  
 03:00 Senior Steppers /Stay 6 OS  
 feet apart

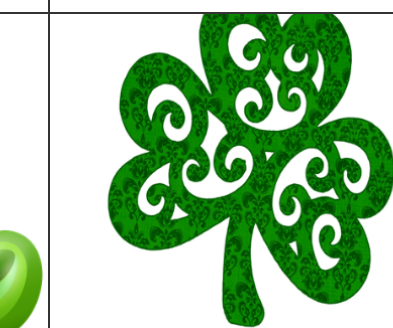
**27**  
 07:00 Catholic Mass/TV CH 3 RTR  
 11:00 Church Services /TV Ch ACT  
 11  
 02:00 Church Services with ACT  
 Paul

**28**  
 10:00 Cooking Demo with Dr  
 Dawn  
 01:30 Walmart (Sign up) L  
 06:30 Wheel of Fortune/TV L

**29**  
 10:15 Country Store S  
 01:00 Sittercise ACT  
 02:00 Bingo ACT  
 06:30 Wheel of Fortune/TV L

**30**  
 09:00 Milk and Bread Delivery ACT  
 (sign up for delivery)  
 10:00 Penny Auction ACT  
 02:30 Log Inn Family ACT  
 Restaurant  
 06:30 Wheel of Fortune/TV L

**31**  
 All Day Doctor's Appointments  
 02:00 Let's Play Cards with ACT  
 Friends  
 03:00 Bible Study with Friends ACT  
 06:30 Wheel of Fortune/TV L



- Dimensions of Wellness**
- Physical
  - Emotional
  - Spiritual
  - Environmental
  - Vocational
  - Social
  - Intellectual

- Meeting Places**
- L Lobby
  - S Store
  - ACT Activity Room
  - Dr Dining Room
  - CA Computer Area
  - 3rd Heritage Woods Theater 3rd Floor
  - RTR Room to Room
  - OS Outside
  - AC Around the Community
  - FL Front Lobby
  - LB Library

*Please wear your mask whenever you are out of your apartment.*

*Thank you for your patience at this time!*