

All activities & locations are subject to change:

If you would like an activity/service not reflected on the calendar, please see the RSC/Administra

Monthly wellness checks 1st thru the 7th

| Patri   | ck's Day                           |   |  |  |   |  |  |                       |
|---|------------------------------------|---|--|--|---|--|--|-----------------------|
| - м A<br>MARCH 2024   | RCH 17-<br>SUNDAY                  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |                       |
| Dimensions of Wellness  Physical Emotional Spiritual Environmental Vocational Social  | Ch 11                              | AR<br>ACT<br>AR   | Open to the Public:  March 1 Coffee & Donuts 8:30a  March 15,  Find the Lucky Coins and win the Prize.  March 30 Easter Egg Hunt 2pm |  |   | 8:30   Coffee & Donuts with Friends 10:15   Catholic Services 1:15   Sittercise 2:00   Bingo 3:00   Country Store                | ACT 8:30 Men's Breakfast 1:00 Popcorn (Bristol) 2:00 Bold Witness (Music) 3:00 Senior Steppers (Independent walking) 5:30 Resident Choice Movie"(Friends)  | ACT<br>B<br>ACT<br>AC |
| Meeting Places  ACT Activity Room L Lobby AR Art Room S Store B Bistrol AC Around the Community 3rd Heritage Woods Theater 3rd  | 11:00 Church Services /TV<br>Ch 11 | walking) 2:00 Games with Friends AC (Independent) 3:00 Senior Steppers AC | 10:00 Country Store S 1:15 Sittercise ACT 2:00 Bingo ACT 5:30 Singing with Friends ACT   | 06 10:45 Archie & Clyde's 2:00 Music with Barb 4:00 Walmart (Sign up) 6:30 Wheel of Fortune/TV | O7  All Day Doctor's     Appointments 2:00 Puzzles ,word searches with friends 5:30 "Sing-along with     Friends" Choir Group | 10:15 Catholic Services 1:15 Sittercise 2:00 Bingo 3:00 Country Store  | AR ACT ACT S  2:00 Bible Study with Friends 3:00 Senior Steppers (Independent walking) 5:30 Resident Choice " Movie"(Friends)  | ACT<br>AC<br>3rd      |
| AR Art Room (2nd Floor) O Outing 3rd Heritage Woods Theater  Heritage Woods Store:  Tuesday 10a-11a   | 11:00 Church Services /TV<br>Ch 11 |   | 2:00 Bingo ACT<br>5:30 Singing with Friends ACT  | 13 10:00   March Jeopardy ACT 2:00   March Birthday Bash ACT 6:30   Wheel of Fortune/TV L      | 14 All Day Doctor's   | 9:30   Health Pro -Heritage 10:15 Catholic Services 1:15   Sittercise 2:00 St, Patrick Day Bingo (Wear Green) 3:15 Country Store | ACT AR ACT ACT ACT ACT S:00   Bible Study with Friends S:00   Senior Steppers (Independent walking) S:30   Resident Choice "Movie"(Friends)  | ACT<br>AC<br>3rd      |
| Friday 3:00p-4:00p  See Activities if the Store is closed and you need something  | Ch 11                              | AR 10:00 Walmart (Sign up) O ACT 2:00 4 Girls and a Song AC               | 19 10:00 Bible Study AR 10:00 Country Store S 12:00 Bingo ACT 5:30 Singing with Friends ACT Choir Group                              | 20 10:15 Let's Play Hangman ACT 2:00 Easter Crafts ACT 6:30 Wheel of Fortune/TV                | 21  All Day Doctor's  | 10:00 Chase away the Ace (Game) 10:15 Catholic Services 1:15 Sittercise 2:00 Bingo 3:00 Country Store                            | ACT 2:00 Bible Study with Friends  AR ACT ACT ACT S  S Bible Study with Friends  Senior Steppers (Independent walking)  S:30 Resident Choice Movie" (Friends)  | ACT<br>AC<br>3rd      |
| Dimensions of Wellness  Washington of Wellness  STRIPTION  STRIPTION  LIVES HERE  AND ADMINISTRATION  AND | Ch 11                              | ACT 11:30   Fazoli's Restaurant   O                                       |  | Where Trivia   | All Day Doctor's Appointments 2:00 Puzzles ,word searches with friends 5:30 "Sing-along with Friends" Choir Group             | 10:15 Catholic Services 10:30 Coloring Easter Eggs 1:15 Sittercise 2:00 Bingo 3:00 Country Store                                 | AR ACT ACT ACT S  ACT ACT S  ACT ACT S  ACT ACT ACT ACT ACT ACT ACT ACT ACT AC | AC<br>AC<br>3rd       |





Friends