

# 4TH OF JULY

If you would like an activity/service not reflected on the calendar, please see the RSC/Administrator.

All activities & locations are subject to change.

Monthly wellness checks 1st thru the 7th

## INDEPENDENCE DAY

JULY 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

### Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

### Meeting Places

- ACT** Activity Room
- S** Store
- L** Lobby
- AR** Art Room (2nd Floor)
- 3rd** Heritage Woods Theater 3rd Floor
- RTR** Room to Room
- O** Outing
- OS** Outside
- LB** Library



Jul 30	Jul 31						01
7:00 Catholic Mass/TV CH 3 11:00 Church Services /TV Ch 11 3:00 Senior Steppers with Friends	10:00 Individual Singing (Everyone Welcome) 2:00 Joann Fabric/Shoe Carnival 6:30 Wheel of Fortune/TV(Lobby)		Open to the Public July 4 <sup>th</sup> 4 <sup>th</sup> of July Bingo July 7 <sup>th</sup> Coffee & Donuts July 21 Health Pro Heritage – Hydration	Ice-Cream Truck July 25 Lolly's Pop Bar Tours for ice-cream			10:00 Adult Coloring ,Word Searches with Friends 12:30 Prayer Warriors 2:00 "Singing with Friends" Choir Group 3:00 Bible Study with Friends 5:30 Resident Choice " Movie"( 3rd Friends)
02 7:00 Catholic Mass/TV CH 3 11:00 Church Services /TV Ch 11 3:00 Senior Steppers with Friends	03 10:00 Lets Play Trash 2:00 Adult Coloring with Friends 3:00 Fishing Trip (Sign up ) 6:30 Wheel of Fortune /TV	04 Independence Day 10:00 Bible Study 1:15 Senior Steppers (Independent walking) 2:00 4th of July Bingo 3:00 Country Store 6:30 Wheel of Fortune/TV	05 10:45 The Tin Fish 2:30 Let's Play Keno 4:30 Senior Steppers (Independent walking) 6:30 Wheel of Fortune/TV	06 All Day Doctor's Appointments 10:00 Church Services with Jim Vessel 2:00 Puzzles ,word searches with friends 3:00 Senior Steppers (Independent walking) 5:30 "Sing-along with Friends" Choir Group	07 8:30 Coffee & Donuts with Friends 10:00 Country Store 1:15 Senior Steppers (Independent walking) 2:00 Mystery Party 6:30 Wheel of Fortune/TV	08 10:00 Adult Coloring ,Word Searches with Friends 12:30 Prayer Warriors 2:00 "Singing with Friends" Choir Group 3:00 Bible Study with Friends 5:30 Resident Choice " Movie"( 3rd Friends)	
09 7:00 Catholic Mass/TV CH 3 11:00 Church Services /TV Ch 11 2:00 Walmart (Sign up) 3:00 Senior Steppers with Friends	10 10:00 Check out a Book (Library 2nd Floor) 2:00 Games with Friends (Independent) 5:30 Senior Steppers (Independent walking) 6:30 Wheel of Fortune/TV	11 10:00 Bible Study 10:00 Country Store 1:15 Sittercise 2:00 Bingo 3:15 Baking Buddies 6:30 Wheel of Fortune(Tv)	12 9:45 Mayse Farm Market 2:15 July Birthday Bash 5:30 Senior Steppers (Independent walking) 6:30 Wheel of Fortune/TV	13 All Day Doctor's Appointments 10:00 Church Services with Jim Vessel 2:00 Puzzles ,word searches with friends 3:00 Senior Steppers (Independent walking) 5:30 "Sing-along with Friends" Choir Group	14 9:45 Southwestern Indiana Master Garden Tour 1:15 Sittercise 2:00 Bingo 3:00 Country Store 6:30 Wheel of Fortune/TV	15 10:00 Adult Coloring ,Word Searches with Friends 12:30 Prayer Warriors 2:00 "Singing with Friends" Choir Group 3:00 Bible Study with Friends 5:30 Resident Choice " Movie"( 3rd Friends)	
16 7:00 Catholic Mass/TV CH 3 11:00 Church Services /TV Ch 11 3:00 Senior Steppers with Friends	17 10:45 Friendship Diner 2:00 4 Girls and a Song 5:30 Resident Council 6:30 Wheel of Fortune/TV	18 10:00 Bible Study 10:00 Country Store 1:15 Sittercise 2:00 Bingo 6:30 Wheel of Fortune/TV	19 9:45 Crafts with Dawn 1:30 Mother Teresa Treasures 6:30 Wheel of Fortune/TV	20 All Day Doctor's Appointments 10:00 Church Services with Jim Vessel 2:00 Puzzles ,word searches with friends 3:00 Senior Steppers (Independent walking) 5:30 "Sing-along with Friends" Choir Group	21 9:30 Health Pro -Heritage Hydration 10:00 Country Store 1:15 Sittercise 2:00 Bingo 6:30 Wheel of Fortune/TV	22 10:00 Adult Coloring ,Word Searches with Friends 12:30 Prayer Warriors 2:00 "Singing with Friends" Choir Group 3:00 Bible Study with Friends 5:30 Resident Choice " Movie"( 3rd Friends)	
23 7:00 Catholic Mass/TV CH 3 11:00 Church Services /TV Ch 11 2:00 Walmart (Sign up) 3:00 Senior Steppers with Friends	24 10:00 Patio(Visiting with Friends) 2:00 Games with Friends (Independent) 3:00 Check out a Book (Library 2nd Floor) 6:30 Wheel of Fortune/TV	25 10:00 Bible Study 10:00 Country Store 1:00 Lolly's Pop Bar 3:00 Bingo 5:30 Senior Steppers (Independent walking)	26 10:00 Trivia Games 12:45 Olive Garden Restaurant 6:30 Wheel of Fortune/TV	27 All Day Doctor's Appointments 10:00 Church Services with Jim Vessel 2:00 Puzzles ,word searches with friends 3:00 Senior Steppers (Independent walking) 5:30 "Sing-along with Friends" Choir Group	28 10:00 Country Store 1:15 Senior Steppers (Independent walking) 2:00 Bingo with Amber 6:30 Wheel of Fortune/TV	29 10:00 Adult Coloring ,Word Searches with Friends 12:30 Prayer Warriors 2:00 "Singing with Friends" Choir Group 3:00 Bible Study with Friends 5:30 Resident Choice " Movie"( 3rd Friends)	