

If you would like an activity/service not reflected on the calendar, please see the RSC/Administrator.

All activities & locations are subject to change:

Monthly wellness checks 1st thru the 7th



JUNE 2023

SUNDAY

MONDAY

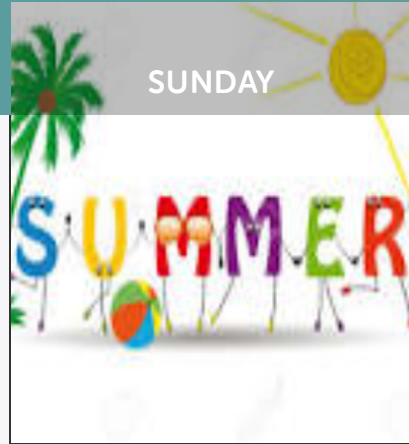
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



<p><u>Open to the public</u> June14-20th CNA's Week</p> <p>June 16th Sweet Dream A La Mode</p> <p>Ice-cream Truck 11p-2p</p> <p>June 17th Father Day Celebration</p> <p>Entertainment 2pm</p>	<p>June21 Longest Day of the Year</p> <p>Benefit Bingo 6pm</p> <p>June 22 Food Truck</p> <p>Chino Taco-11p-2p</p>		<p>01</p> <p>10:00 Church Services with Jim Vessel ACT</p> <p>2:00 Puzzles ,word searches with friends ACT</p> <p>3:00 Senior Steppers (Independent walking) OS</p> <p>5:30 "Sing-along with Friends" Choir Group ACT</p>	<p>02</p> <p>8:30 Coffee & Donuts with Friends ACT</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo ACT</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>03</p> <p>10:00 Adult Coloring ,Word Searches with Friends ACT</p> <p>12:30 Prayer Warriors AR</p> <p>2:00 "Bold Witness" Gospel Music ACT</p> <p>5:30 "Singing with Friends" Choir Group ACT</p> <p>5:30 Resident Choice " Movie"(3rd Friends)</p>
<p>04</p> <p>7:00 Catholic Mass/TV CH 3 RTR</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>2:30 Bible Study with Friends ACT</p> <p>4:00 Car Show O</p>	<p>05</p> <p>10:00 Check out a Book (Library 2nd Floor) LB</p> <p>1:30 Silent Auction All proceeds benefit Alzheimer's ACT</p> <p>3:30 Senior Steppers OS</p> <p>6:30 Wheel of Fortune /TV L</p>	<p>06</p> <p>10:00 Bible Study ACT</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise Dr</p> <p>2:00 Bingo Dr</p> <p>3:30 Winner of the Silent Action will be picked AR</p>	<p>07</p> <p>10:30 Otters Game Baseball O</p> <p>2:30 Senior Steppers (Independent walking) OS</p> <p>5:30 Singing with Allan Gee ACT</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>08</p> <p>All Day Doctor's Appointments</p> <p>10:00 Church Services with Jim Vessel ACT</p> <p>2:00 Puzzles ,word searches with friends ACT</p> <p>3:00 Senior Steppers (Independent walking) OS</p> <p>5:30 "Sing-along with Friends" Choir Group ACT</p>	<p>09</p> <p>9:45 Walmart (Sign up) O</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo ACT</p> <p>3:15 Country Store S</p> <p>6:30 Wheel of Fortune(Tv) L</p>
<p>11</p> <p>7:00 Catholic Mass/TV CH 3 RTR</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>2:30 Bible Study with Friends ACT</p> <p>3:00 Senior Steppers with Friends L</p> <p>4:00 Mystery Trip O</p>	<p>12</p> <p>10:00 Check out a Book (Library 2nd Floor) LB</p> <p>2:00 Fresh Fruit Snacks ACT</p> <p>3:00 Senior Steppers (Independent walking) OS</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>13</p> <p>10:00 Bible Study ACT</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo Dr</p> <p>6:30 Wheel of Fortune (TV) L</p>	<p>14</p> <p>9:45 Baking Buddies ACT</p> <p>2:00 June Birthday Bash ACT</p> <p>3:00 Senior Steppers (Independent walking) OS</p> <p>4:00 Let's go Fishing O</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>15</p> <p>All Day Doctor's Appointments</p> <p>10:00 Church Services with Jim Vessel ACT</p> <p>2:00 Puzzles ,word searches with friends ACT</p> <p>3:00 Senior Steppers (Independent walking) OS</p> <p>5:30 "Sing-along with Friends" Choir Group ACT</p>	<p>16</p> <p>9:30 Health Pro -Heritage Walker/Scooter Clinic ACT</p> <p>10:30 Country Store S</p> <p>11:00 Sweet Dreams A La Mode- Ice-Cream Truck OS</p> <p>2:30 Bingo ACT</p> <p>6:30 Wheel of Fortune/TV L</p>
<p>18 Father's Day</p> <p>7:00 Catholic Mass/TV CH 3 RTR</p> <p>1:30 Sing Along with Dawn ACT</p> <p>2:30 Bible Study with Friends ACT</p> <p>3:00 Senior Steppers with Friends L</p>	<p>19</p> <p>10:00 Senior Steppers (Independent walking) OS</p> <p>2:00 4 Girls and a Song ACT</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>20</p> <p>10:00 Bible Study ACT</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo ACT</p>	<p>21</p> <p>11:45 Chedders O</p> <p>6:00 Bingo Night All proceeds will benefit Alzheimer's Dr</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>22</p> <p>10:00 Church Services with Jim Vessel ACT</p> <p>11:00 Chino Taco Food Truck OS</p> <p>2:00 Puzzles ,word searches with friends ACT</p> <p>5:30 "Sing-along with Friends" Choir Group ACT</p>	<p>23</p> <p>10:00 Country Store S</p> <p>1:15 Senior Steppers (Independent walking) ACT</p> <p>2:00 Bingo with Amber ACT</p> <p>3:15 Singing with Earl ACT</p> <p>6:30 Wheel of Fortune/TV L</p>
<p>25</p> <p>7:00 Catholic Mass/TV CH 3 RTR</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>2:30 Bible Study with Friends ACT</p> <p>3:00 Senior Steppers with Friends L</p>	<p>26</p> <p>10:00 Crafts ACT</p> <p>1:30 Let's Play Trash ACT</p> <p>4:00 Bubba's 33 Restaurant O</p>	<p>27</p> <p>10:00 Bible Study ACT</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo Dr</p>	<p>28</p> <p>11:45 Azzip Pizza O</p> <p>2:30 Keno ACT</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>29</p> <p>All Day Doctor's Appointments</p> <p>10:00 Church Services with Jim Vessel ACT</p> <p>2:00 Puzzles ,word searches with friends ACT</p> <p>3:00 Senior Steppers (Independent walking) OS</p> <p>5:30 "Sing-along with Friends" Choir Group ACT</p>	<p>30</p> <p>9:45 Walmart (Sign up) O</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo ACT</p> <p>3:15 Country Store S</p> <p>6:30 Wheel of Fortune/TV L</p> 

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- OS Outside
- Dr Dining Room
- ACT Activity Room
- S Store
- L Lobby
- AR Art Room (2nd Floor)
- 3rd Heritage Woods Theater 3rd Floor
- RTR Room to Room
- O Outing
- LB Library
- AR Art Room

