

If you would like an activity/service not reflected on the calendar, please see the RSC/Administrator.

All activities & locations are subject to change:

Monthly wellness checks 1st thru the 7th

HAPPY Easter

APRIL 2023

SUNDAY

MONDAY

TUESDAY








WEDNESDAY

THURSDAY

FRIDAY



SATURDAY

Dimensions of Wellness

-  Physical
-  Emotional
-  Spiritual
-  Environmental
-  Vocational
-  Social
-  Intellectual

Meeting Places

- AR** Art Room
- ACT** Activity Room
- OS** Outside
- 3rd** Heritage Woods Theater 3rd Floor
- RTR** Room to Room
- L** Lobby
- S** Store
- O** Outing
- L1** Location 1

APR 30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Apr 30</p> <p>7:00 Catholic Mass/TV CH 3 RTR ACT</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>3:00 Senior Steppers with Friends L</p>		<p><u>Open to the Public</u></p> <p>April 1 Easter Egg Hunt 2pm</p> <p>April 13 National Peach Cobbler Tours 12p-2p</p> <p>April 22 Earth Day Celebration 11a</p>				<p>01</p> <p>9:00 iN2L Bible Study with Friends AR</p> <p>10:00 Heriitage Woods Weekend Puzzle Packets ACT</p> <p>2:00 Community Easter Egg Hunt OS</p> <p>5:30 Resident Choice " Movie" 3rd</p>
<p>02</p> <p>7:00 Catholic Mass/TV CH 3 RTR ACT</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>3:00 Senior Steppers with Friends L</p>	<p>03</p> <p>10:00 Rolling Zip Codes ACT</p> <p>12:45 Walmart ACT</p> <p>5:15 Ice-Cream Treats ACT</p>	<p>04</p> <p>10:00 Country Store S</p> <p>10:15 Adult Coloring ACT</p> <p>1:15 Sittercise ACT</p> <p>1:30 Bingo AR</p> <p>3:30 Showplace East (Champions) L</p>	<p>05</p> <p>10:45 Libby & Mom Cafe O</p> <p>2:00 Let'Play Scrambled Eggs ACT</p> <p>5:00 A Visit with a Furry Friend ACT</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>06</p> <p>All Day Doctor's Appointments</p> <p>10:00 Church Services with Jim Vessel ACT</p> <p>2:00 Puzzles ,word searches with friends ACT</p> <p>3:00 Senior Steppers with Frieids OS</p> <p>5:30 Music with Larry ACT</p>	<p>07</p> <p>8:30 Coffee & Donuts with Friends ACT</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo ACT</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>08</p> <p>9:00 iN2L Bible Study with Friends AR</p> <p>10:00 Heriitage Woods Weekend Puzzle Packets ACT</p> <p>2:00 Concert with Singing with Friends ACT</p> <p>5:30 Resident Choice " Movie" 3rd</p>
<p>09</p> <p>7:00 Catholic Mass/TV CH 3 RTR ACT</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>3:00 Senior Steppers with Friends L</p>	<p>10</p> <p>10:00 Resident Council ACT</p> <p>12:15 Eastland Mall O</p> <p>6:30 Wheel of Fortune (TV) L</p>	<p>11</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo ACT</p> <p>6:30 Wheel of Fortune (TV) L</p>	<p>12</p> <p>10:45 Red Robin O</p> <p>2:00 April Birthday Bash ACT</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>13</p> <p>All Day Doctor's Appointments</p> <p>10:00 Church Services with Jim Vessel ACT</p> <p>2:00 Puzzles ,word searches with friends ACT</p> <p>3:00 Senior Steppers with Frieids OS</p> <p>6:00 Sing-along with Friends ACT</p>	<p>14</p> <p>10:00 Country Store S</p> <p>10:00 Word Puzzle's with Friends ACT</p> <p>2:00 Independent Games with Friends ACT</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>15</p> <p>9:00 iN2L Bible Study with Friends AR</p> <p>10:00 Baking Buddies ACT</p> <p>1:30 Bingo ACT</p> <p>5:30 Resident Choice " Movie" 3rd</p>
<p>16</p> <p>7:00 Catholic Mass/TV CH 3 RTR ACT</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>3:00 Senior Steppers with Friends L</p>	<p>17</p> <p>9:50 Walmart O</p> <p>2:00 4 Girls and a Song ACT</p> <p>3:10 April Hangman ACT</p> <p>6:30 Wheel of Fortune (TV) L</p>	<p>18</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo ACT</p> <p>6:30 Wheel of Fortune(TV) L</p>	<p>19</p> <p>10:00 Let's Play Jeopardy ACT</p> <p>12:45 Hobby Lobby O</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>20</p> <p>All Day Doctor's Appointments</p> <p>10:00 Church Services with Jim Vessel ACT</p> <p>2:00 Puzzles ,word searches with friends ACT</p> <p>3:00 Senior Steppers with Frieids OS</p> <p>6:00 Sing-along with Friends ACT</p>	<p>21</p> <p>9:30 Health Pro -Heritage ACT</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo ACT</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>22</p> <p>9:00 iN2L Bible Study with Friends AR</p> <p>10:00 Heriitage Woods Weekend Puzzle Packets ACT</p> <p>12:30 singing with Friends ACT</p> <p>5:30 Resident Choice " Movie" 3rd</p>
<p>23</p> <p>7:00 Catholic Mass/TV CH 3 RTR ACT</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>3:00 Senior Steppers with Friends L</p>	<p>24</p> <p>10:00 Baking Buddies AR</p> <p>12:30 Bally's Casino O</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>25</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo ACT</p> <p>6:30 Wheel of Fortune/TV ACT</p>	<p>26</p> <p>10:00 Crafts ACT</p> <p>12:45 Hacienda (Mexican) L1</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>27</p> <p>All Day Doctor's Appointments</p> <p>10:00 Church Services with Jim Vessel ACT</p> <p>2:00 Puzzles ,word searches with friends ACT</p> <p>3:00 Senior Steppers with Frieids OS</p> <p>6:00 Sing-along with Friends ACT</p>	<p>28</p> <p>10:00 Country Store S</p> <p>1:15 Sittercise ACT</p> <p>2:00 Bingo ACT</p> <p>6:30 Wheel of Fortune/TV L</p>	<p>29</p> <p>9:00 iN2L Bible Study with Friends AR</p> <p>10:00 Heriitage Woods Weekend Puzzle Packets ACT</p> <p>12:30 singing with Friends ACT</p> <p>5:30 Resident Choice " Movie" 3rd</p>

