

If you would like an activity/service not reflected on the calendar, please see the RSC/Administrator.”

saint patrick's

All activities & locations are subject to change:
Monthly wellness checks 1st thru the 7th

MARCH 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual

Meeting Places

- ACT** Activity Room
- L** Lobby
- OS** Outside
- S** Store
- AR** Art Room
- 3rd** Heritage Woods Theater 3rd Floor
- RTR** Room to Room
- O** Outing
- LB** Library

	05	06	07	08	09	10	11					
<p><u>Open to the Public</u></p> <p>March 6, 5:15</p> <p>Ice-Cream Social</p>	<p>Who Can find the Leprechauns?</p> <p>March 17 -All Day</p>	<p>01</p> <p>10:45 Cracker Barrel L</p> <p>02:15 March Hangman ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>02</p> <p>All Day Doctor's Appointments</p> <p>10:00 Puzzles ,word searches with friends ACT</p> <p>03:00 Senior Steppers with Frieas OS</p> <p>06:00 Sing-along with Friends ACT</p>	<p>03</p> <p>08:30 Coffee & Donuts with Friends ACT</p> <p>10:00 Country Store S</p> <p>01:15 Sittercise ACT</p> <p>02:00 Bingo ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>04</p> <p>09:00 iN2L Bible Study with Friends AR</p> <p>10:00 Heritage Woods Weekend Puzzle ACT</p> <p>02:00 Sing Along with Friends ACT</p> <p>05:30 Resident Choice " 3rd</p>	<p>05</p> <p>07:00 Cathoic Mass/TV CH 3 RTR</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>03:00 Senior Steppers with Friends L</p> <p>05:30 Cinco de Marcho Happy Hour ACT</p>	<p>06</p> <p>10:00 Smile Your on Candid Carmera ACT</p> <p>12:45 Walmart O</p> <p>05:15 Ice cream Night ACT</p>	<p>07</p> <p>10:00 Country Store S</p> <p>01:15 Sittercise ACT</p> <p>02:00 Bingo ACT</p> <p>06:30 Wheel of Fortune /TV L</p>	<p>08</p> <p>10:00 Guess the 60s/70s TV Shows ACT</p> <p>02:00 March Birthday Bash ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>09</p> <p>All Day Doctor's Appointments</p> <p>10:00 Puzzles ,word searches with friends ACT</p> <p>03:00 Senior Steppers with Frieas OS</p> <p>06:00 Sing-along with Friends ACT</p>	<p>10</p> <p>10:00 Country Store S</p> <p>01:15 Sittercise ACT</p> <p>02:00 Bingo ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>11</p> <p>09:00 iN2L Bible Study with Friends AR</p> <p>10:00 Heritage Woods Weekend Puzzle ACT</p> <p>02:00 Sing Along with Friends ACT</p> <p>05:30 Resident Choice " 3rd</p>
<p>12</p> <p>07:00 Cathoic Mass/TV CH 3 RTR</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>03:00 Senior Steppers with Friends L</p>	<p>13</p> <p>10:00 March EZ Trivia ACT</p> <p>02:00 Resident Council ACT</p> <p>06:30 Wheel of Fortune /TV L</p>	<p>14</p> <p>10:00 Country Store S</p> <p>01:15 Sittercise ACT</p> <p>02:00 Bingo ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>15</p> <p>10:45 Mexican -Jalisco ACT</p> <p>02:15 Let play Keno ACT</p> <p>05:15 Baking Buddies (MintyShamrock Parfaits) ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>16</p> <p>All Day Doctor's Appointments</p> <p>10:00 Puzzles ,word searches with friends ACT</p> <p>03:00 Senior Steppers with Frieas OS</p> <p>06:00 Sing Along with Friends ACT</p>	<p>17 St. Patrick's Day</p> <p>09:30 Health Pro -Heritage Insight into Low Vision ACT</p> <p>10:00 Country Store S</p> <p>01:15 Sittercise ACT</p> <p>02:00 Bingo ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>18</p> <p>09:00 iN2L Bible Study with Friends AR</p> <p>10:00 Heritage Woods Weekend Puzzle ACT</p> <p>02:00 Sing Along with Friends ACT</p> <p>05:30 Resident Choice " 3rd</p>						
<p>19</p> <p>07:00 Cathoic Mass/TV CH 3 RTR</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>03:00 Senior Steppers with Friends L</p>	<p>20</p> <p>09:45 Walmart L</p> <p>02:00 4 Girls and a Song ACT</p> <p>03:15 Let's play Jenga ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>21</p> <p>10:00 Country Store S</p> <p>01:15 Sittercise ACT</p> <p>02:00 Bingo ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>22</p> <p>10:00 Library (2nd Floor) LB</p> <p>01:30 Let's Play Trash ACT</p> <p>04:00 Roca Bar Pizza L</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>23</p> <p>All Day Doctor's Appointments</p> <p>10:00 Puzzles ,word searches with friends ACT</p> <p>03:00 Senior Steppers with Frieas OS</p> <p>06:00 Sing-along with Friends ACT</p>	<p>24</p> <p>10:00 Country Store S</p> <p>01:15 Sittercise ACT</p> <p>02:00 Bingo ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>25</p> <p>09:00 iN2L Bible Study with Friends AR</p> <p>10:00 Heritage Woods Weekend Puzzle ACT</p> <p>02:00 Sing Along with Friends ACT</p> <p>05:30 Resident Choice " 3rd</p>						
<p>26</p> <p>07:00 Cathoic Mass/TV CH 3 RTR</p> <p>11:00 Church Services /TV Ch 11 ACT</p> <p>03:00 Senior Steppers with Friends L</p>	<p>27</p> <p>10:00 Computer Class ACT</p> <p>01:00 Thrift Shopping L</p> <p>05:30 Game Night ACT</p> <p>06:30 Wheel of Fortune/TV(Lobby) L</p>	<p>28</p> <p>10:00 Country Store S</p> <p>01:15 Sittercise ACT</p> <p>02:00 Bingo ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>29</p> <p>08:15 I Hop (Breakfast) O</p> <p>02:00 Crafts ACT</p> <p>06:30 Wheel of Fortune/TV L</p>	<p>30</p> <p>All Day Doctor's Appointments</p> <p>10:00 Puzzles ,word searches with friends ACT</p> <p>03:00 Senior Steppers with Frieas OS</p> <p>06:00 Sing-along with Friends ACT</p>	<p>31</p> <p>10:00 Country Store S</p> <p>01:15 Sittercise ACT</p> <p>02:00 Bingo ACT</p> <p>06:30 Wheel of Fortune/TV L</p>							

